Course Outline with Information

CATALOG DESCRIPTION

Training in caring for victims of injuries, sudden illness, and other medical emergencies; includes Community Cardiopulmonary Resuscitation (CPR). Students who successfully pass all requirements, will earn the appropriate American Red Cross First Aid certificate, CPR certificate, or both.

SCHEDULE DESCRIPTION

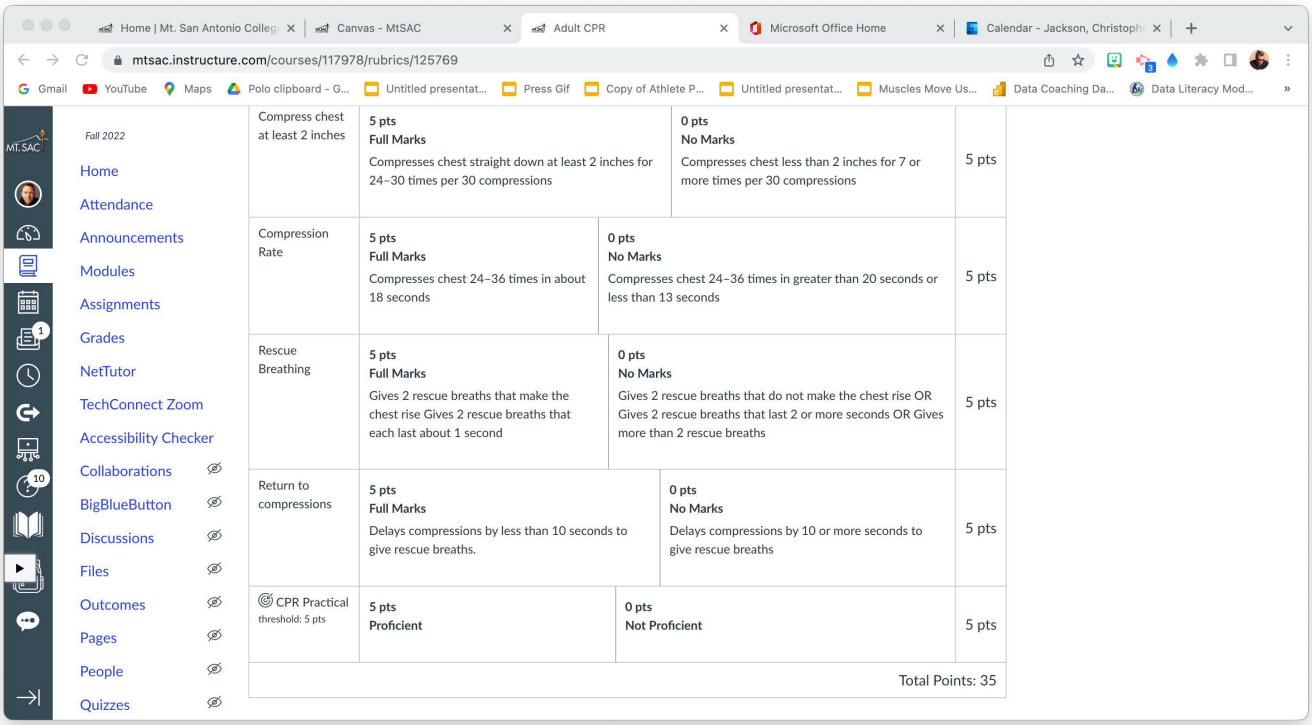
Training in caring for victims of medical emergencies. American Red Cross First Aid and CPR certificates can be earned.

MEASURABLE OBJECTIVES

1. Perform fundamental skills of CPR.
2. Apply techniques of First Aid.
3. Identify modes of disease transmission.
4. Demonstrate rescue moves.
5. Identify and respond to different sudden illnesses.

Example of Measurable Objective

Canvas course rubric from KIN 3 with Objective 1 and skill subsets.



Compress chest at least 2 inches	5 pts **Full Marks** Compresses chest straight down at least 2 inches for 24–30 times per 30 compressions	0 pts **No Marks** Compresses chest less than 2 inches for 7 or more times per 30 compressions	5 pts
Compression Rate	5 pts **Full Marks** Compresses chest 24–36 times in about 18 seconds	0 pts **No Marks** Compresses chest 24–36 times in greater than 20 seconds or less than 13 seconds	5 pts
Rescue Breathing	5 pts **Full Marks** Gives 2 rescue breaths that make the chest rise Gives 2 rescue breaths that each last about 1 second	0 pts **No Marks** Gives 2 rescue breaths that do not make the chest rise OR Gives 2 rescue breaths that last 2 or more seconds OR Gives more than 2 rescue breaths	5 pts
Return to compressions	5 pts **Full Marks** Delays compressions by less than 10 seconds to give rescue breaths.	0 pts **No Marks** Delays compressions by 10 or more seconds to give rescue breaths	5 pts
CPR Practical threshold: 5 pts	5 pts **Proficient**	0 pts **Not Proficient**	5 pts
			Total Points: 35