

1 Learning About Yourself

(/careerhub/section1-learning_about_yourself.html)

2 Explore Career Options

(/careerhub/section2-explore-career-options.html)

3 Review Educational Options

(/careerhub/section3-review-educational-options.html)

4 Employability Skills/Workshops

(/careerhub/section4-employability-skills-workshops.html)

5 Market Yourself

(/careerhub/section5-marketing-yourself.html)

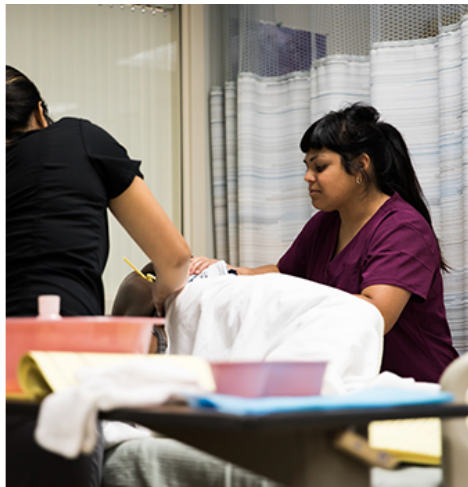
6 Find a Job or Internship

(/careerhub/section6-find-a-job-or-internship.html)

2

Explore Career Options

Learn about possible Careers, what they do, how much they make, how many jobs are available etc. Understanding what options are available and what the job market looks like can help you make decisions about your major and career goals. Here are some websites that can help you explore careers:



Explore Career Programs at Mt. SAC

Career Education (Programs for In-Demand Jobs)

Career Education prepares students for in-demand jobs requiring less than a 4-year degree in diverse industries. Taught by instructors and expert professionals, these programs provide hands-on training while building the comprehensive skill sets needed for success in the jobs of today and well into the future. (<https://www.mtsac.edu/ce/>)

School of Continuing Education/Non-Credit

(<https://www.mtsac.edu/continuinged/>)

Short-Term Vocational Programs

(<https://www.mtsac.edu/vocational/>)



Career Information, Salary Data, and Tools

Mt. SAC Career Coach [↗](#)

This is a website that has an interest inventory career assessments you can do on your own. It also has career information and tools to help you build a resume.
(<https://mtsac.emsicc.com/?radius=100%20miles®ion=Regional>)

CareerOneStop [↗](#)

This is a website includes FREE career assessments you can do on your own. It also has career information and tools to help you build a resume. You do not need to log in to use this website.
(<https://www.careeronestop.org/>)

Road Trip Nation [↗](#)

Road Trip Nation hit the road to get advice from people who'd found fulfilling work. They made video interviews with people from all kinds of industries. Their wisdom taught us there's no "right" way to build a career—that there were actually endless unique paths we could take forward. This website includes those videos and many other great career exploration tools.
(<https://www.roadtripnation.com/edu/mtsac>)

What Can I Do With This Major? [↗](#)

Use your major to help you explore possible career goals.
(<https://whatcanidowiththismajor.com/major/majors/>)

Fergusons: Research Industries [↗](#)

Fergusons: Browse Professions [↗](#)



Career Outlook & Projections

Employment Development Department (EDD) [↗](#)

The Employment Development Department (EDD) provides a comprehensive range of employment and training services in partnership with state and local agencies and organizations.
(<https://edd.ca.gov/jobs.htm>)

Occupational Outlook Handbook (Bureau of Labor Statistics) [↗](#)

A career information search engine developed by the U.S. BUREAU OF LABOR STATISTICS.
(<https://www.bls.gov/ooh/>)

Occupational Outlook Guides [↗](#)

(<https://www.labormarketinfo.edd.ca.gov/OccGuides/>)



Additional Resources

Library Books About Career Exploration

(<https://mtsac.libguides.com/careerpathways/exploringcareers>)

Films on Demand: Career Exploration [↗](#)

(https://fod.infobase.com/p_ViewPlaylist.aspx?AssignmentID=ZVNXLJ)

