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Mt. San Antonio College Parent Institute

Make It Happen!
Friday, April 8, 2022

Find us in
Building 13,
Room 1700



Scan for Evaluation



1100 N. Grand Ave. Walnut, CA 91789, (909) 594 - 5611



**PARENT
INSTITUTE**
MT. SAN ANTONIO COLLEGE

Agenda

9:00 – 9:30 am	Registration and Guest Arrival
9:00 – 10:00 am	Continental Breakfast
9:30 – 9:45 am	Opening Session Dr. Julie Marquez, EOPS/CARE Director Dr. LaTasha Hagler, CalWORKs Director Land and Labor Acknowledgment, Carlos Romero, EOPS Student College Welcome, Dr. Koji Uesugi, Dean of Student Services
	Introduction of Keynote Speaker Maria Hernandez Figueroa, EOPS/ CARE Coordinator
9:45 – 10:30 am	Keynote Speaker, Sade Burrell Overview of the Day Maria Hernandez Figueroa, EOPS/ CARE Coordinator
	Workshop Breakout Sessions Session A 10:35 am - 11:20 am Session B 11:35 am - 12:20 pm
	Workshop 1: Paint Your Mantra Facilitator: Giovanni Rodriguez Location: Building 12 - Room 1020
	Workshop 2: Creating a College Going Environment at Home Facilitator: Natalie Paredes Location: Building 12 - Room 1060
	Workshop 3: Parenting With Love Facilitator: Ana Silvia Turcios Location: Building 12 - Room 1080
12:30 – 1:00 pm	Lunch, DTC 13–1700 Outdoor Walkway
1:00 – 1:50 pm	Alumni Panel Bianca Ponciano, Azusa Pacific University Graduate Student Jazmin Garcia, Ph.D. Student UC Riverside Lucy DeLeon, Executive Assistant to Mt. SAC VP of Student Services Yvonne Chamberlain-Marquez, UC Riverside Women's Resource Center
1:50 – 2:00 pm	Closing Remarks Maria Hernandez Figueroa, EOPS/ CARE Coordinator

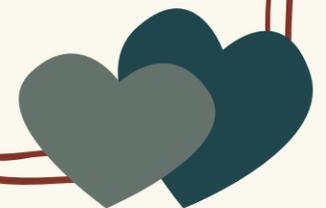
Special Thank You



Thank you for attending the inaugural Mt. San Antonio College Parent Institute - Make It Happen, hosted by CARE and CalWORKs Program. We also would like to acknowledge the support and sponsorship of Associated Students. We hope you enjoyed today's experience. In an effort to create welcoming and supportive environments, we are committed to providing intentional programming for Mt. SAC's parenting students. **YOU BELONG HERE!**

Mt. SAC Parent Institute Planning Committee

Dr. Julie Marquez
Dr. LaTasha Hagler
Maria Hernandez Figueroa
Ana Silvia Turcios
Lorena Villarreal
Yesenia Reyes
Carlos Romero
An Ha
Heather Meltesen



Featured Panelists



Bianca Ponciano



Jazmin Garcia



Lucy DeLeon



Yvonne Marquez



Keynote Speaker

Sade Burrell



Sade Burrell is an Associate Professor at San Diego Mesa College and an author of three books, *What Are You Reaching For?*, *The Opportunity Guide*, and an ebook, *Who's Paying For This?* Sade is a mother of two amazing children and works extremely hard to create generational wealth. Sade has also been recognized throughout the state of California for her efforts to eliminate child abuse. Ms. Burrell has traveled the country impacting lives through her story of resiliency and overcoming obstacles as a person who experienced foster care. Her advocacy work has led to the passing of Senate Bill 1252, a bill that provides foster youth with stable housing until age 25 while enrolled in post-secondary education. As a member of the Child and Family Strengthening Advisory Board, Ms. Burrell focuses on how she can use her personal and professional experiences to change how child welfare services serve children in care. Now, as a doctoral student, Sade provides a unique perspective of the foster care system and how it impacts post-secondary education for students who experienced foster care.

Workshop 1 - Paint Your Mantra
Giovanni Rodriguez (Bldg. 12 - Rm. 1020)

Workshop 2 - Creating a College Going Environment at Home
Natalie Paredes (Bldg. 12 - Rm. 1060)

Workshop 3 - Parenting With Love
Ana Silvia Turcios (Bldg. 12 - Rm. 1080)



Paint Your Mantra

Have you ever stayed up so late to finish an assignment and had trouble finding motivation? Identify what motivates you and use this to create a visual mantra. We will explore color theory, imagery, and words to help you find the right combination. We will then paint and create our own motivational art. Let's leave you feeling inspired!

Creating a College Going Culture at Home

This workshop will offer student parents practical tips and strategies in creating a positive and encouraging college-going environment, at home, for their children of all ages. Participants will be provided with parenting resources, career awareness activities and higher education resources in California, for their growing families.



Parenting With Love

Love is a universal language, however everyone (including children) have their distinct way of expressing their love. The 5 Love Languages of Children by Gary Chapman & Ross Campbell can help you connect with your child by understanding their primary love language. This is especially important when you are struggling with any issues and you find yourself frustrated and helpless. In this workshop, you will explore how you can parent with love!



Giovanni Rodriguez
Coordinator, Student Activities
Student Life/Associated Students

I am an educator, artist, Mestizo-Latinx, first-generation college graduate and professional with a social justice lens who strives to encourage others to amplify their passion by providing the equitable tools and resources of identity development, civic engagement, and advocacy. As an advisor for Associated Students at Mt. SAC, I strive to amplify the student voice and provide a platform for student concerns. When I can, I use my undergraduate degree and experience in art in leadership development workshops and activities. I enjoy using both the creative side and logical side to create inspiration and motivate passion.



Natalie Paredes
Mother and Community Member

Natalie Paredes is a first-generation college student. In high school, she was told by her high school counselor "not to worry about college...focus on graduating high school." However, fate would not have this. Since 1993, Natalie has served students and their families having worked as a TRiO College Advisor/Coordinator, high school Counselor and in more recent years, as an EOPS/CARE Counselor at Mt. San Antonio College and Citrus College, including Transfer Center Director and counseling faculty supervisor to graduate interns. She spent five years as a high school counselor at high schools in La Puente and Anaheim. Natalie brings with her a sincere passion and commitment to all students; to believe in their own abilities, educational/career, and personal goals. Participants will be reminded of their influence and presence in their children's lives, at home. Natalie is a mom to three active boys: Miguel age 26, Ben age 10 and Oscar age 8. Natalie is a graduate of Bishop Amat High School, Cal State Fullerton (Human Services and Ethnic Studies/Chicana/Chicano Studies) and Cal State LA (Master's degree in Counseling and Leadership). She was raised in and still resides in West Covina, CA.



Ana Silvia Turcios
Counseling Professor
Mt. SAC CalWORKs Program

Ana Silvia Turcios, is the full-time CalWORKs Counselor at Mt. San Antonio College. She has over 16 years of experience working with CalWORKs and over 25 years working in higher education. She earned her Bachelor's Degree in Psychology from UC Santa Cruz and Master's in Counseling with an option in Marriage & Family Therapy from CSU Los Angeles. She strives to nurture and empower her student to overcome any obstacles and achieve their academic goals. In her free time, she is involved in her church, she loves to travel, dance and spend time with her family.