

SEPT 29

SEPT 30

### D.A.M. Kick Off

Visit our booth to pick up a D.A.M. Calendar, play games, and receive a Disability Awareness Month T-Shirt!

**Kerrs Corner** 10a.m. - 1p.m.

All Month

Disability History Exhibit

Visit this 23-panel exhibit diplaying 3,000 years of seldom-told history of the lives of people with disabilities. Share your feedback for a chance to win a prize!

**ACCESS Center** 9B - 1st Floor **Building Hours:** M-Th 8a.m. - 7p.m. F 8a.m. - 4:30p.m.

All Month OCT 1<sup>st</sup> 31<sup>th</sup>

## D.A.M. GOOSE CHASE

Look for Disability Awareness Signs on Mt. SAC Campus or on our IG Stories to complete the Goose Chase missions and earn points. Each sign displays a famous or fictional individual with a disability Player with the most points wins a prize!

Play on the app for Free on iOS & Android:

### GooseChase

Game Code: **QEIEWG** 

OCT 4

### Deaf Culture Potpourri

Come and be introduced to Deaf culture, meet a panel of Deaf and Hard of Hearing students, and play games! You will learn some signs and ways to communicate with many deaf students at Mt. SAC. Win a prize!

9D - DHH Center

3p.m. - 5p.m.

**OCT 12** 

### Essential Oils Workshop

Join this relaxing outdoor event that will overview the benefits and differences of essential oils.

**Founders Hall** Patio 10:30a.m. - 12p.m.

Free Refreshments & Snacks

**OCT 14** 

# ACCESS Meet & Greet

Attend this informational session to learn about services and programs provided by the ACCESS department followed by an ACCESS Fair where you can meet our team. Free Food and Giveaways!

Bldg. 13-1700

Info Session starts at 1p.m. Fair ends at 3p.m.



### Disability Athletics Faire

Attend this free virtual event provided to you by the Service Center for Independent Life (SCIL) partnered with Mt. SAC. Register at: scil-ilc.org/virtual-daf/



Virtual 9a.m. - 5p.m.

**OCT 20** 

## Get Crafty with ACCESS

Join us for an outdoor Arts and Crafts event. An opportunity to unwind and create. Free Snacks.

9C-Patio 11a.m. - 1p.m.

**OCT 21** 

### Stretch & Meditation Break

5-minute guided stretches and meditation accessible to diverse abilities. Free refreshments and snacks.

**Founders Hall** West Lawn

Free giveaway to participants (while supplies last)

10a.m. - 12p.m.

**OCT 26** 



## Taco Tuesday Movie

Film Screening: Major Payne Free Food Catered by Taco Nazo



9C-Student Life 2p.m. - 4p.m.





@Mt. SAC Access



@mtsacaccess



@mtsac access

