



| <b>C. Arts and Humanities (6 units):</b> Two courses (6 units) minimum with at least one course from Arts (C-1) <b>AND</b> one course from Humanities (C-2).    |   |                  |   |                  |   | <b>C</b> | <b>IP</b> | <b>N</b> |
|---|---|------------------|---|------------------|---|----------|-----------|----------|
| <b>C-1: Arts – Select one course (3 units):</b>   |   |                  |   |                  |   |          |           |          |
| AHIS 1  | Understanding the Visual Arts (3)               | AHIS 14          | Rome: The Ancient City (3)                | MUS 7            | Fundamentals of Music (3)                   |          |           |          |
| AHIS 3  | History of Women and Gender in Art (3)          | *AHIS 15         | Culture and Art of Pompeii (3)            | MUS 11A          | Music Literature Survey (3)                 |          |           |          |
| AHIS 3H   | History of Women in Art - H (3)                 | <b>ARCH 250</b>  | <b>World Architecture I (3)</b>           | MUS 11B          | Music Literature Survey (3)                 |          |           |          |
| AHIS 4  | Prehistoric-Gothic Art (3)                      | <b>ARCH 251</b>  | <b>World Architecture II (3)</b>          | MUS 12           | History of Jazz (3)                         |          |           |          |
| AHIS 4H   | Prehistoric-Gothic Art - H (3)                  | ARTB 1           | Understanding the Visual Arts(3)          | MUS 13           | Introduction to Music Appreciation (3)      |          |           |          |
| AHIS 5  | Renaissance to Modern (3)                       | ARTB 14          | Basic Studio Arts (3)                     | MUS 13H          | Introduction to Music Appreciation - H (3)  |          |           |          |
| AHIS 5H   | Renaissance to Modern - H (3)                   | <b>ARTD 15A</b>  | <b>Drawing: Beginning (3)</b>             | MUS 14A          | World Music (3)                             |          |           |          |
| AHIS 6  | History of Modern Art (3)                       | ARTD 20          | Design: Two-Dimensional (3)               | MUS 14B          | American Folk Music (3)                     |          |           |          |
| AHIS 6H   | History of Modern Art - H (3)                   | <b>ARTD 25A</b>  | <b>Beginning Painting I (3)</b>           | MUS 15           | Rock Music History & Appreciation (3)       |          |           |          |
| AHIS 8  | Medieval Art and Architecture (3)               | <b>ARTG 20</b>   | <b>Art, Artists and Society (3)</b>       | MUS 15H          | Rock Music History & Appreciation - H (3)   |          |           |          |
| *AHIS 9   | Asian Art and Architecture (3)                  | ARTS 22          | Design: Three-Dimensional (3)             | PHOT 15          | History of Photography (3)                  |          |           |          |
| <b>AHIS 10</b>  | <b>Greek/Roman Art &amp; Architect (3)</b>      | <b>ARTS 30A</b>  | <b>Ceramics: Beginning I (3)</b>          | <b>SPCH 4</b>    | <b>Performance of Literature (3)</b>        |          |           |          |
| AHIS 11   | African and Native American Art (3)             | <b>ARTS 40A</b>  | <b>Sculpture: Beginning (3)</b>           | <b>THTR 9</b>    | <b>Introduction to Theater Arts (3)</b>     |          |           |          |
| * <b>AHIS 12</b>  | <b>Pre-Columbian Art &amp; Architecture (3)</b> | <b>DN-T 20</b>   | <b>Appreciation of Dance (3)</b>          | THTR 10          | History of Theater Arts (3)                 |          |           |          |
| *AHIS 12H   | Pre-Columbian Art & Architecture - H (3)        | <b>ID 14</b>     | <b>Furniture and Decorative Arts (3)</b>  | <b>THTR 11</b>   | <b>Principles of Acting (3)</b>             |          |           |          |
| <b>C-2: Humanities – Select one course (3 units):</b>   |   |                  |   |                  |   |          |           |          |
| <b>ARAB 1</b>   | <b>Elementary Arabic (4)</b>                    | * HIST 31        | History of the African American (3)       | LIT 36           | Introduction to Mythology (3)               |          |           |          |
| ARAB 2  | Continuing Elementary Arabic (4)                | HIST 35          | History of Africa (3)                     | LIT 40           | Children's Literature (3)                   |          |           |          |
| <b>CHIN 1</b>   | <b>Elementary Chinese (4)</b>                   | * HIST 36        | Women in American History (3)             | LIT 46           | The Bible as Literature: Old Testament (3)  |          |           |          |
| CHIN 2  | Continuing Elementary Chinese (4)               | HIST 39          | California History (3)                    | LIT 47           | The Bible as Literature: New Testament (3)  |          |           |          |
| CHIN 3  | Intermediate Chinese (4)                        | * HIST 40        | History of the Mexican American (3)       | PHIL 5           | Introduction to Philosophy (3)              |          |           |          |
| CHIN 4  | Continuing Intermediate Chinese (4)             | HUMA 1           | The Humanities (3)                        | PHIL 5H          | Introduction to Philosophy - H (3)          |          |           |          |
| ENGL 1B   | English – Intro. to Literary Types (3)          | <b>ITAL 1</b>    | <b>Elementary Italian (4)</b>             | PHIL 12          | Introduction to Ethics (3)                  |          |           |          |
| ENGL 1BH  | English – Intro. to Literary Types - H (3)      | ITAL 2           | Continuing Elementary Italian (4)         | PHIL 12H         | Introduction to Ethics - H (3)              |          |           |          |
| <b>FRCH 1</b>   | <b>Elementary French (4)</b>                    | ITAL 3           | Intermediate Italian (4)                  | PHIL 15          | Major World Religions (3)                   |          |           |          |
| FRCH 2  | Continuing Elementary French (4)                | ITAL 4           | Continuing Intermediate Italian (4)       | PHIL 15H         | Major World Religions - H (3)               |          |           |          |
| FRCH 3  | Intermediate French (4)                         | <b>ITAL 60</b>   | <b>Italian Culture through Cinema (3)</b> | PHIL 20A         | History of Ancient Philosophy (3)           |          |           |          |
| FRCH 4  | Continuing Intermediate French (4)              | <b>JAPN 1</b>    | <b>Elementary Japanese (4)</b>            | PHIL 20AH        | History of Ancient Philosophy - H (3)       |          |           |          |
| <b>FRCH 60</b>  | <b>French Culture Through Cinema (3)</b>        | JAPN 2           | Continuing Elementary Japanese (4)        | PHIL 20B         | History of Modern Philosophy (3)            |          |           |          |
| <b>GERM 1</b>   | <b>Elementary German (4)</b>                    | JAPN 3           | Intermediate Japanese (4)                 | PHIL 20BH        | History of Modern Philosophy - H (3)        |          |           |          |
| GERM 2  | Continuing Elementary German (4)                | JAPN 4           | Continuing Intermediate Japanese (4)      | * POLI 5         | Political Theory I (3)                      |          |           |          |
| GERM 3  | Intermediate German (4)                         | JAPN 5           | Advanced Japanese (4)                     | * POLI 7         | Political Theory II (3)                     |          |           |          |
| * HIST 1  | History of the United States (3)                | <b>LATN 1</b>    | <b>Elementary Latin (4)</b>               | <b>SIGN 101</b>  | <b>American Sign Language 1 (4)</b>         |          |           |          |
| HIST 3  | World History: to 1500 (3)                      | LATN 2           | Continuing Elementary Latin (4)           | SIGN 101H        | American Sign Language 1 - H (4)            |          |           |          |
| HIST 3H   | World History to 1500 - H (3)                   | LIT 1            | Early American Literature (3)             | SIGN 102         | American Sign Language 2 (4)                |          |           |          |
| HIST 4  | World History Since 1500 (3)                    | LIT 2            | Modern American Literature (3)            | SIGN 103         | American Sign Language 3 (4)                |          |           |          |
| HIST 4H   | World History Since 1500 - H (3)                | LIT 3            | Multicultural American Literature (3)     | SIGN 104         | American Sign Language 4 (4)                |          |           |          |
| * HIST 7  | History of the United States to 1877 (3)        | LIT 6A           | Survey of English Literature (3)          | <b>SIGN 202</b>  | <b>American Deaf Culture (3)</b>            |          |           |          |
| * HIST 7H   | History of the US to 1877 - H (3)               | LIT 6B           | Survey of English Literature (3)          | <b>SPAN 1</b>    | <b>Elementary Spanish (4)</b>               |          |           |          |
| * HIST 8  | History of the US from 1865 (3)                 | LIT 10           | Survey of Shakespeare (3)                 | SPAN 2           | Continuing Elementary Spanish (4)           |          |           |          |
| * HIST 8H   | History of the US from 1865 - H (3)             | LIT 11A          | World Literature to 1650 (3)              | SPAN 3           | Intermediate Spanish (4)                    |          |           |          |
| HIST 10   | History of Premodern Asia (3)                   | LIT 11B          | World Literature from 1650 (3)            | SPAN 4           | Continuing Intermediate Spanish (4)         |          |           |          |
| HIST 11   | History of Modern Asia (3)                      | LIT 14           | Introduction to Modern Poetry (3)         | SPAN 1S          | Spanish for the Spanish Speaking (4)        |          |           |          |
| HIST 16   | The Wild West History, 1800-1890 (3)            | LIT 15           | Introduction to Cinema (3)                | SPAN 2S          | Cont. Span. for the Span. Speaking (4)      |          |           |          |
| HIST 19   | History of Mexico (3)                           | LIT 20           | African American Literature (3)           |                  |   |          |           |          |
| * HIST 30   | Hist. of African Amer. 1619-1877 (3)            | LIT 25           | Contemporary Mexican Amer. Lit. (3)       |                  |   |          |           |          |
| <b>D. Social, Political and Economic Institutions (6 units):</b> Two courses (6 units) with at least one course from D1 <b>AND</b> at least one course from D2. |   |                  |   |                  |   | <b>C</b> | <b>IP</b> | <b>N</b> |
| <b>D-1: U.S. History &amp; American Institutions (Select one course):</b>   |   |                  |   |                  |   |          |           |          |
| * HIST 1  | History of the United States (3)                | * HIST 30        | History of African Amer. 1619-1877 (3)    | POLI 1           | Intro. to American Gov't & Politics (3)     |          |           |          |
| * HIST 7  | History of the United States to 1877 (3)        | * HIST 31        | History of the African American (3)       | POLI 1H          | Intro. to American Gov't & Politics - H (3) |          |           |          |
| * HIST 7H   | History of U.S. to 1877 - H (3)                 | * HIST 36        | Women in American History (3)             | POLI 25          | Latino Politics in the United States (3)    |          |           |          |
| * HIST 8  | History of the US from 1865 (3)                 | * HIST 40        | History of the Mexican American (3)       | POLI 35          | African American Politics (3)               |          |           |          |
| * HIST 8H   | History of the US from 1865 - H (3)             |                  |   |                  |   |          |           |          |
| <b>D-2: Elective course (Select one Course):</b>  |   |                  |   |                  |   |          |           |          |
| <b>AGAG 1</b>   | <b>Land Use &amp; Politics--GP (3)</b>          | GEOG 30          | Geography of California (3)               | PSYC 14H         | Developmental Psychology - H (3)            |          |           |          |
| * AHIS 9  | Asian Art & Architecture (3)                    | GEOG 30H         | Geography of California - H (3)           | * PSYC 15        | Introduction to Child Psychology (3)        |          |           |          |
| * <b>AHIS 12</b>  | <b>Pre-Columbian Art (3)</b>                    | * HIST 3         | World History to 1500 (3)                 | PSYC 19          | Abnormal Psychology (3)                     |          |           |          |
| * AHIS 12H  | Pre-Columbian Art H (3)                         | * HIST 3H        | World History to 1500 - H (3)             | * <b>PSYC 25</b> | <b>The Psychology of Women (3)</b>          |          |           |          |
| * AHIS 15   | Culture and Art of Pompeii (3)                  | * HIST 4         | World History since 1500 (3)              | R-TV 01          | Introduction to Electronic Media (3)        |          |           |          |
| ANTH 3  | Archaeology (3)                                 | * HIST 4H        | World History since 1500 - H (3)          | SOC 1            | Sociology (3)                               |          |           |          |
| ANTH 4  | Archaeology (3)                                 | * HIST 10        | History of Premodern Asia (3)             | SOC 1H           | Sociology - H (3)                           |          |           |          |
| <b>ANTH 5</b>   | <b>Cultural Anthropology (3)</b>                | * HIST 11        | History of Modern Asia (3)                | SOC 2            | Contemporary Social Problems (3)            |          |           |          |
| <b>ANTH 22</b>  | <b>General Cultural Anthropology (3)</b>        | * HIST 16        | The Wild West History, 1800-1890 (3)      | SOC 2H           | Contemporary Social Problems - H (3)        |          |           |          |
| ANTH 30   | The Native American (3)                         | * HIST 19        | History of Mexico (3)                     | SOC 4            | Introduction to Gerontology (3)             |          |           |          |
| BUSC 1A   | Principles of Economics/Macro. (3)              | * HIST 35        | History of Africa (3)                     | SOC 5            | Introduction to Criminology (3)             |          |           |          |
| BUSC 1AH  | Principles of Economics/Macro. - H (3)          | * HIST 39        | California History (3)                    | SOC 5H           | Introduction to Criminology - H (3)         |          |           |          |
| BUSC 1B   | Principles of Economics/Micro. (3)              | HIST 44          | History of Native Americans (3)           | SOC 14           | Marriage and the Family (3)                 |          |           |          |
| BUSC 1BH  | Principles of Economics/Micro. - H (3)          | JOUR 100         | Introduction to Mass Media (3)            | SOC 14H          | Marriage and the Family - H (3)             |          |           |          |
| CHLD 1  | Child, Family, and Community (3)                | JOUR 107         | Race, Culture, Sex, and Media (3)         | * SOC 15         | Child Development (3)                       |          |           |          |
| * <b>CHLD 10</b>  | <b>Child Growth &amp; Development (3)</b>       | POLI 2           | Comparative Politics (3)                  | SOC 20           | Sociology of Ethnic Relations (3)           |          |           |          |
| * CHLD 10H  | Child Growth & Development - H (3)              | * POLI 5         | Political Theory I (3)                    | SOC 20H          | Sociology of Ethnic Relations - H (3)       |          |           |          |
| * <b>CHLD 11</b>  | <b>Child &amp; Adolescent Development (3)</b>   | * POLI 7         | Political Theory II (3)                   | <b>SPCH 7</b>    | <b>Intercultural Communication (3)</b>      |          |           |          |
| * <b>FASH 14</b>  | <b>Dress, Culture, and Identity (3)</b>         | POLI 9           | Intro. to International Relations (3)     | SPCH 7H          | Intercultural Communication - H (3)         |          |           |          |
| GEOG 2  | Human Geography (3)                             | <b>POLI 10</b>   | <b>Environmental Politics (3)</b>         | * SPCH 26        | Interpersonal Communication (3)             |          |           |          |
| GEOG 2H   | Human Geography - H (3)                         | PSYC 1A          | Introduction to Psychology (3)            | * SPCH 26H       | Interpersonal Communication - H (3)         |          |           |          |
| GEOG 5  | World Regional Geography (3)                    | PSYC 1AH         | Introduction to Psychology - H (3)        | SPCH 30          | Gateway to Communication Studies (3)        |          |           |          |
| <b>GEOG 8</b>   | <b>The Urban World (3)</b>                      | * <b>PSYC 14</b> | <b>Developmental Psychology (3)</b>       |                  |   |          |           |          |
| <b>E. Lifelong Understanding and Self-Development (3 units):</b> Select one course from the following.  |   |                  |   |                  |   | <b>C</b> | <b>IP</b> | <b>N</b> |
| <b>AD 3</b>   | <b>Chemical Dependency: I (3)</b>               | <b>FCS 41</b>    | <b>Life Management (3)</b>                | PSYC 14H         | Developmental Psychology - H (3)            |          |           |          |
| <b>BIOL 5</b>   | <b>Contemporary Health Issues (3)</b>           | <b>KIN 34</b>    | <b>Fitness for Living (3)</b>             | * PSYC 15        | Introduction to Child Psychology (3)        |          |           |          |
| BIOL 13   | Human Repro., Develop & Aging (3)               | <b>LEAD 55</b>   | <b>Exploring Leadership (3)</b>           | * <b>PSYC 25</b> | <b>The Psychology of Women (3)</b>          |          |           |          |
| BIOL 15   | Human Sexuality (3)                             | NF 10            | Nutrition for Health & Wellness (3)       | PSYC 26          | Psychology of Sexuality (3)                 |          |           |          |
| BIOL 15H  | Human Sexuality - H (3)                         | NF 12            | Sports Nutrition (3)                      | <b>PSYC 33</b>   | <b>Psychology for Effective Living (3)</b>  |          |           |          |
| * <b>CHLD 10</b>  | <b>Child Growth &amp; Development (3)</b>       | NF 25            | Essentials of Nutrition (3)               | PUBH 24          | Introduction to Public Health (3)           |          |           |          |
| * CHLD 10H  | Child Growth & Development - H (3)              | NF 25H           | Essentials of Nutrition - H (3)           | * SOC 15         | Child Development (3)                       |          |           |          |
| * <b>CHLD 11</b>  | <b>Child &amp; Adolescent Development (3)</b>   | NF 28            | Cultural and Ethnic Foods (3)             | * SPCH 26        | Interpersonal Communication (3)             |          |           |          |
| COUN 5  | Career/Life Planning (3)                        | * <b>PSYC 14</b> | <b>Developmental Psychology (3)</b>       | * SPCH 26H       | Interpersonal Communication - H (3)         |          |           |          |

## LEGEND:

\* = Courses may not be double counted to satisfy more than one area  
**Bold** = Courses without prerequisites

H = Honors Courses

Numbers in brackets (3), (4), (5) indicate units per class

C = Completed Course(s); IP = In Progress Course(s); N = Needed Course(s)