

# **2023 Evaluation Results**

Coordinated by: Student Life Sponsored by: Associated Students

Data Analysis: Lizcet Chavez

The Fall Leadership Conference, a three day retreat at the UCLA Lake Arrowhead Lodge, aimed to provide student leaders the opportunity to learn more about leadership skills through workshops and activities.



### Workshops that were MOST helpful:

- True Colors
- Haunted Team Building
- Forest bathing walk
- Wellness Wheel
- Calming jar

#### Workshops that were LEAST helpful:

- Capital [Cultural Strength] workshop
- Dinner Etiquette
- Calming jar

#### Workshops they would like to see offered during the school year:

- Nature walks
- Team Building
- Diversity
- Equity & conflict resolution
- Communication
- Networking

As a result of the workshops and activities, I believe that I learned more about diversity and advocacy.



#### Agreed or Strongly Agreed

"I was able to surround myself with people from different backgrounds and learn about their experiences. It was cool to see people speaking up and expressing themselves, it inspired me to do the same."



As a result of the workshops and activities, I believe that I enhanced my leadership skills.

91.6%

Agreed or Strongly Agreed

"I learned on the importance of listening and taking other people's opinions into account. Leadership is not only about expressing yourself but listening to others' ways of expressing themselves as well."



As a result of the workshops and activities, I believe that I will be more effective in working with others.

## **88.8%** Agreed or Strongly Agreed

"The workshops and activities really helped me learn more about how to interact with other people and use our skills to collectively achieve our goals."





Special Thanks to the following campus leaders who shared their stories with our students

Gary Chow, Board of Trustees Vice President Laura Santos, Board of Trustee Jay Chen, Board of Trustee Melba Castro, Vice President, Student Services Morris Rodrigue, Vice President, Administrative Services Lance Heard, Dean, Technology & Health Division Jazmin Vargas, Coordinator, Veteran's Services

