

WOODWORKING

VOC WOOD01

Woodworking - Beginning

Learn basic design theory and hands-on woodworking skills using hand and power tools. Little or no experience necessary.

Reference # 113442

Instructor: Robin Shreve
 Location: Bldg. 1A, Room 6
 Dates: Saturdays, Mar. 1 - June 21
 Times: 9:00 a.m. - Noon

Reference # 113443

Instructor: Robin Shreve
 Location: Mt. SAC, Bldg. 1A, Room 7
 Dates: Sundays, Mar. 2 - June 22
 Times: 9:00 a.m. - Noon

VOC WOOD02

Intermediate Woodworking

Prerequisite: VOC WOOD 01 or equivalent experience.

Improve woodworking techniques and skills and development of more advanced projects.

Reference # 113444

Instructor: Robin Shreve
 Location: Bldg. 1A, Room 6
 Dates: Saturdays, Mar. 1 - June 21
 Times: 12:30 - 3:30 p.m.

Reference # 113445

Instructor: Robin Shreve
 Location: Bldg. 1A, Room 7
 Dates: Sundays, Mar. 2 - June 22
 Times: 12:30 - 3:30 p.m.

VOC WOOD03

Cabinetmaking/Woodworking

Students who wish to take this course must have completed a beginning woodworking class. Project proposals are created by students in accordance with their background and interests. Includes recognition of wood varieties, their basic characteristics and applications.

Reference # 113446

Instructor: Charles Edward Cogger
 Location: Bldg. 1A, Room 6
 Dates: TTh, Feb. 26 - June 19
 Times: 6:00 - 9:00 p.m.

DISABLED STUDENT PROGRAMS & SERVICES

DSPS LERND1

Clinical Speech Instruction

Individual evaluation/instruction for adults with speech problems as a result of TBI, CVA or hearing loss. Includes stuttering.

Reference # 113565

Instructor: Chris Walker
 Location: Bldg. 9B - DSP&S
 Dates: TF, Feb. 25 - June 13
 Times: Tuesday, 11:30 a.m. - 6:00 p.m. and Friday, 8:30 a.m. - 4:30 p.m.

DSPS LERND2

High Tech Center Tutorial/Assistance Class

Students with verified disabilities and at least three academic units at Mt. SAC learn strategies to facilitate participation and access to information in classes.

Reference # 113566

Instructor: Harold Richardson and staff
 Location: Bldg. 16D
 Dates: MTWThF, Feb. 25 - June 13
 Times: MTWThF, 9:00 a.m. - Noon and MTWTh, 1:00 - 6:00 p.m.

DSPS LERND3

Adaptive Academic Preparation

Prerequisite: Students must see a Brain Injury Specialist in Disabled Student Programs and Services (DSP&S) and have acquired their injury after the age of 12 in order to be evaluated for the Brain Injury Program prior to registration for this class.

Students improve cognitive skills and learn strategies needed to achieve academic and/or vocational goals.

Reference # 113567

Instructor: Christine Tunstall and staff
 Location: Bldg. 16D
 Dates: MTWThF, Feb. 25 - June 13
 Times: MTWThF, 9:00 a.m. - Noon and MTWTh, 1:00 - 6:00 p.m.

ENGLISH AS A SECOND LANGUAGE (ESL)

Language Center

Mt. SAC Campus, Building 66, downstairs
For more information, call ESL Registration at (909) 594-5611, ext. 5235.

Our goal is to help you strengthen your English communication skills, assist you with your future career success, and support you as a member of the local and international community.

Steps to Enrollment (New Students):

- Come in person** to ESL, Building 66, lower level.
- Assessment and Placement** — Take an ESL placement test to assign the correct course level for your English ability.
- Registration** — We will register you immediately after your placement test results. If classes are full, we will add you to a waiting list and contact you when space is available.

Note: New Student enrollment is on Thursdays.

Testing times are:

Morning Classes: 8:30 and 11:00 a.m.
Evening Classes: 4:30 and 7:00 p.m.

Check-in begins 1 hour before each test. Please allow two to three hours for testing, orientation and registration.

There will be no testing on November 27, 2007. Registration (909) 594-5611, ext. 5235.

One of the following levels will be recommended:

Literacy and Pre-level

For students with no experience in English. Learn to recognize and use common English words.

Levels 1 and 2

Develop basic spoken and written English for everyday needs. Speak and write about personal interests and life experiences.

Levels 3 and 4

Build communication skills and monitor the language learning process. Increase conversational fluency, vocabulary development and grammar accuracy.

Levels 5 and 6

Focus language learning toward personal academic and vocational goals. Integrate language skills with lifelong learning strategies necessary for successful transition into college credit programs and/or a vocation.

SAN GABRIEL VALLEY TRAINING CENTER

San Gabriel Valley Training Center (SGVTC) is a rehabilitation facility offering vocational services to individuals with disabilities. Work evaluations, situational assessments, vocational training, work adjustment, counseling, employment preparation and job placement are provided to assist individuals with disabilities in preparing for competitive employment. Specific program offerings are office support, computer operations, janitor/housekeeper, restaurant food services and cashiering. Programs are offered as open-entry/open-exit and registration is done on-site at SGVTC.

SGVTC is located at 400 S. Covina Blvd., La Puente, east of the 605 Freeway.
For further information, please call (626) 968-8479.

Get your workout in *before* your next class... at **Mt. SAC's Wellness Center**

Instead of just waiting around for your next class, get your workout in the Mt. SAC's **Exercise Science & Wellness Center**.

It has *everything* you need to get in shape fast:

- aerobics, yoga, kickboxing, and cardio dance
- treadmills, Stairmasters, stationary bikes and rowing machines
- fitness testing and personal evaluations
- convenient weekday and weekend hours, as early as 5 a.m. until 9 p.m.

**SPRING
semester
student pass
as low as \$40!**

No parking hassles, long lines or expensive start-up fees!

Why weight? Join the Wellness Center today.

Call ext. 4625 or go to <http://wellness.mtsac.edu>



Other class options

Speaking Skills A, B, and C:

Listening, speaking, idioms and pronunciation. For beginning (A), intermediate (B) and advanced (C) students.

Writing Skills A, B, and C:

Reading and writing including basic vocabulary, sentence, paragraph and simple essays. For beginning (A), intermediate (B) and advanced (C) students.

TOEFL: Preparation for the TOEFL Test (computer version) for advanced students.

Citizenship: Intensive preparation and practice for the U.S. Citizenship Interview. For information call 909-594-5611, ext. 5235.

VESL Program (Vocational)

Combines noncredit, advanced-level ESL with credit, vocational classes to help advanced students move into college credit programs at Mt. SAC. Contact the VESL Supervisor at (909) 594-5611, ext. 5241, to arrange for assessment and application to the program.

Classes are offered only in the Fall and Spring semesters.

Language Learning Center (LLC)

The Language Learning Center (LLC) offers a wide variety of language learning software, videos, DVDs and recordings to improve listening, speaking and pronunciation skills.

- American Language
- Chinese
- English as a Second Language
- French
- German
- Italian
- Japanese
- Sign Language
- Spanish

Open enrollment throughout the semester. Open to anyone. Register at the LLC front desk. ESL students may register in ESL registration office.

Location: Learning Technology Center (Building 6). Enter through the south door.
Dates: March 3 to June 7, 2008
Times: MTWTh, 8:00 a.m. - 9:00 p.m.
Fridays, 8:00 a.m. - 2:00 p.m.
Saturdays, 9:00 a.m. - 2:00 p.m.

Get more information on our website at <http://llc.mtsac.edu> or call (909) 594-5611, ext. 4580.

Career Guidance Center (CGC)

Counselors help ESL students explore and plan careers using research materials and computers in the CGC (Building 66). Workshops are also scheduled.

**We accept VISA,
MasterCard & Discover**

FITNESS

HLSF PHYS01

Water Exercise - Phase I

Water exercise program that provides an individual workout; emphasis on strength building, cardiovascular fitness and improvement in flexibility. Individualized assessment and conditioning plan will be developed. Lap swimming lanes are available.

Reference # 113554

Instructors: Marc Ruh and Staff
Location: Bldg. 27P
Dates: MTWThSaSu, Feb. 25 - June 15
Times: MTWTh, 11:30 a.m. - 12:30 p.m. and 4:00 - 7:00 p.m. and SaSu, 8:00 - 11:00 a.m.

HLSF PEWP

Physical Fitness and Conditioning - Water Polo

Water Polo training to improve overall fitness and conditioning.

Reference # 113570

Instructor: Marc Ruh and Staff
Location: Bldg. 27P
Dates: MTWTh, Feb. 25 - June 12
Times: 7:00 - 9:00 p.m.