



Study Techniques Learning Pathways

Time Management

Activities									Assessments		
Read/(Books)			Watch/(Videos) Listen/(Audiotapes)			Explore (Internet/Computer Software)			Reflect		
Do	What	How	Do	What	How	Do	What	How	Do	What	How
O	Power Learning Chapter 2	1. Read. 2. Take notes. 3. Explain how what you learned relates to your own life and time management skills.	O	<i>Academic Success Skills: Time Mgt. (V)</i>	1. Watch 2. Take notes	O	Multimedia Study Skills: Time Mgt. (CS)	1. Complete activities on software. 2. Write a short summary of what you learned from the activities that you can apply to your own time management.	O	1. Evaluate your own Time Management practices. Indicate areas that need improving and why. 2. Select one area of your own time management practices that need to improve and make change for one week.	Write a one-page summary of what you have done and evaluate the results of your efforts. What went right? What do you need to change? What will you commit to doing differently in the future?
O	Master Student Chapter 2	1. Read. 2. Take notes. 3. Explain how what you learned relates to your own life and time management skills.	O	<i>How to Study: Preparing to Study (V)</i>	1. Watch 2. Take notes	O	http://www.dartmouth.edu/~acskills/success/time.html	1. Read/Review: Managing your time 2. Look at: View the Time Management Video			

O	On Course Chapter 4	1. Read. 2. Take notes. 3. Explain how what you learned relates to your own life and time management skills.	O	<i>Conquering Procrastination (A)</i>	1. Listen 2. Take notes	O	http://www.alice.org/Randy/timetalk.htm	1. Read/Review three of the time management articles. 2. Write a short summary of what you learned from the activities that you can apply to your own time management.			
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