

Brain-Based Learning

Projects:

Your team will select one of the areas below to research. You will present your findings in a minimum 10 slide power point presentation. Your team will then be asked to create a project that applies what you learned from your research. Please relate some aspect of your research to your academic life and how it might affect you or students in general.

- 1. Connection between Nourishment and the Brain**
- 2. Effects of Drugs (Alcohol, Caffeine, Aspirin, Nicotine, etc) on the Brain**
- 3. Connection between Sleep and the Brain**
- 4. Connection between Exercise and the Brain**
- 5. Connection between Humor and the Brain**
- 6. Effects of Music on the Brain**
- 7. Effects of Aging on the Brain**
- 8. Connection between Sex, Gender and the Brain**
- 9. Love and Relationships related to the Brain**
- 10. Effects of Stress on the Brain**