

Summary of Natural-Learning Stages

Based on NHLP Research with Approximately 6,000 Children and Adults

STAGE 1: MOTIVATION/Responding to stimulus in the environment: watched, observed, had to, interest, desire, curiosity

STAGE 2: BEGINNING PRACTICE/Doing it: practice, practice, practice, trial and error, ask questions, consult others, basics, make mistakes, lessons, some success

STAGE 3: ADVANCED PRACTICE/Increase of skill and confidence: practice, practice, practice, trial and error, some control, reading, encouragement, experiment, tried new ways, positive attitude, enjoyment, lessons, feedback, confidence, having some success, start sharing

STAGE 4: SKILLFULNESS/Creativity: practice, doing it one's own way, feeling good about yourself, positive reinforcement, sharing knowledge, success, confidence

STAGE 5: REFINEMENT/Further improvement: learning new methods, becoming second nature, continuing to develop, different from anyone else, creativity, independence, validation by others, ownership, habit, teaching

STAGE 6: MASTERY/Broader application: greater challenges, teaching it, continuing improvement or dropping it, feeds into other interests, getting good and better and better, going to higher levels