

STDY 80 COURSE OBJECTIVES

FINAL

1. Identify and develop self-awareness by successfully recognizing personal strengths and weaknesses and personal learning style(s).
2. Identify and use effective academic and personal time management, goal setting, and stress management skills.
3. Identify and use campus resources required for successful completion of academic and personal goals.
4. Apply study techniques skills learned in class to other academic and/or workplace environments.
5. Identify and utilize technological resources necessary for success in academic and/or workplace environments.
6. Apply communication skills necessary for success in academic and/or workplace environments.