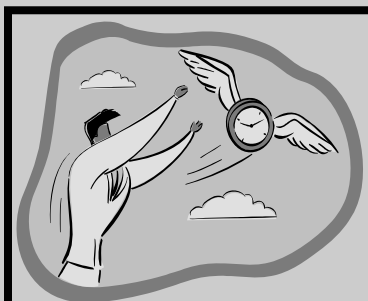


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This is the true joy of life, the being used up for a purpose recognized by yourself as a mighty one.

George Bernard Shaw
Irish Critic, Playwright, & Essayist
1856–1950



Message from the Director

The older I get, the faster time flies. It gets harder and harder to find time for what I love to do most—read! Of course, ESL students like you are reading and learning something new, every day. I admire the time you invest in the noncredit ESL program, despite all the other things that keep your lives so busy. You are investing in your future! Learning English is a form of investment because the reason to learn is more than just the language. It is for a bigger and more personal purpose. Busy lives, however, sometimes keep people from investing the right amount of time. So, how much time is *enough* time?

This summer, we asked ESL students like you to invest 20 minutes of their day to read something interesting or fun such as a book from the ESL Library. It was a program that some of the teachers and staff of the ESL department put together; called “Give Me 20,” designed to improve reading speed and comprehension. Over 248 students signed up, not all of them finished the 6-week program, but many did. Perhaps you were one of them. Here is what we discovered by the end of the program:

- 33% read faster at the end than when they began the 6-week program
- 31% developed their own personal vocabulary log of new words
- 17% improved their understanding of what they were reading
- 87% said they enjoyed reading the books they checked out from our ESL Library

The Give Me 20 project was new and we want to do it again, this winter. We will advertise it again; just look for the flyers if you want to join the program in January, 2011.

I remember when I was a child, new to the United States, and I wanted to learn English as fast as possible. I read so many things—music lyrics, magazines about movie stars, advertisements on bill boards. In one or two years, I was more fluent in English than the 4 or 5 years of English classes I took in my grammar school, back home. My American teachers were amazed!

So, invest some time in reading for pleasure. Go to the ESL Library, your local city library, or online. Find something interesting that does not have a grammar lesson . . . and enjoy 20 minutes of your day!

Liza Becker, Ed.D.
Director, ESL

“An investment in time always pays the best interest.”
~ Benjamin Franklin



CAREER BRIEFS

Make an appointment with one of the members of the ESL Counseling Team and get the Career Briefs of your choice!



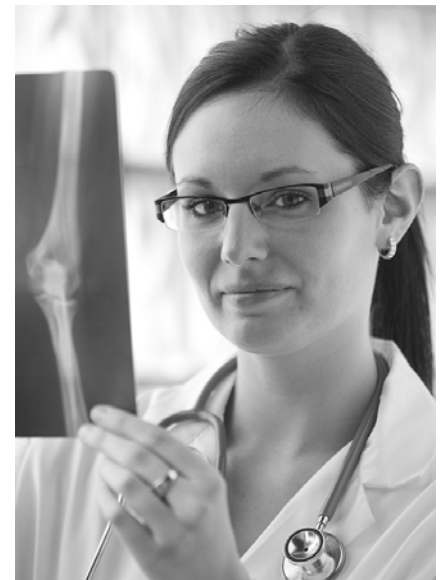
Radiologic Technician

(Also called: Diagnostic Radiologic Technologist, Mammographic Radiologic Technicians, Radiologic Technicians, Therapeutic Radiologic Technologists, X-Ray Technicians, X-Ray Technologists)

Duties and Responsibilities: Radiologic Technologists operate x-ray equipment to help diagnose and treat various health problems. They review the Physician's instructions, then prepare the patient for examination by providing physical assistance, verbal instruction and reassurance. They position patients under the x-ray machine, expose the patient to the prescribed doses of radiation, may administer any drugs necessary to make organs visible in the picture and set and operate controls. They also develop the film, prepare records of services performed, make adjustments and minor repairs on equipment and make arrangements to have more difficult repairs done by professional services. They may specialize in diagnostic technology, therapeutic technology or Mammographic Radiologic technology.

Personal Characteristics:

- Recognize and understand the importance of situations
- Use hands and fingers to work quickly and accurately
- Compile information
- Operate or control machinery or equipment
- Work well with people
- Do precise work accurately
- Make decisions based on facts
- Work according to set standards and procedures
- Visualize objects from pictures and sketches
- See pertinent detail in pictorial material as in determining whether or not an x-ray picture was taken correctly
- See slight differences in objects
- Read and follow instructions
- Write effectively and legibly
- Use basic math skills and algebra
- Relate to patients
- Keep records



Latest Monthly Wage Data (2009) from California Labor Market Information (LMI)		
Entry/Low Pay: \$4,192	Average Pay: \$5,247	Top Pay: \$6,379 & up

**Would you like to learn more about these careers and their requirements?
Make an appointment to see a member of the ESL Counseling Team.
Ask for Michael Ngo, John Pellitteri or Bertha Rodriguez.**

continued on next page

Fire Fighters

Duties and Responsibilities: Fire Fighters protect communities against the loss of life, injury, and destruction of property by fire. They may work at accidents, hazardous material spills and in fire prevention. Fire Fighters work as a team with each person assigned to a special job. They drive fire trucks and operate ladders and other specialized equipment. They respond to fire alarms, decide what action to take, locate the source of the fire and connect hose lines and nozzles. They rescue people from fires and other hazards. They perform regular cleaning and maintenance of fire trucks, fire equipment, medical equipment and fire stations.

Personal Characteristics:

- Maintain excellent health
- Use physical agility, strength, and stamina
- Move often from one task to another using different skills
- Drive and operate equipment
- Use manual dexterity and eye-hand-foot coordination
- Climb high ladders quickly
- Bend, stoop, reach, and twist with your body, arms, and legs
- Hear and understand speech and other noises
- See things at near and far distances
- Lift 50-100 pounds frequently
- Learn and follow procedures
- Speak clearly so that others understand
- Make judgments using knowledge or experience
- Tell when something is wrong or likely to go wrong
- Get along with other workers



Latest Monthly Wage Data (2009) from California Labor Market Information (LMI)		
Entry/Low Pay: \$3,402	Average Pay: \$5,179	Top Pay: \$6,856 & up

Administrative Assistant

(Also called: Administrative Support Workers, Medical Administrative Assistants)

Duties and Responsibilities: Administrative Assistants work with Executives, taking over some of their routine tasks. They may be given any task which the Executive does not want to do. They will usually be given tasks which do not require executive level decisions. They will often be asked to see that a decision is carried out. Their tasks may require clerical duties, including typing, but usually require defining and interpreting policies and procedures. They may train others to follow the procedures or write instructions for others to follow.

Personal Characteristics:

- Speak and write effectively
- Numerical ability
- Analyze and solve problems
- Establish and maintain cooperative working relationships with others
- Think clearly and quickly under pressure
- Perform work with accuracy
- See detail in written and tabular form
- Use good judgment and common sense
- Deal with the public or other business contacts in person or telephone, about sensitive and complex situations



Latest Monthly Wage Data (2009) from California Labor Market Information (LMI)		
Entry/Low Pay: \$3,003	Average Pay: \$3,912	Top Pay: \$4,644 & up

Friend or Enemy?

The Chinese proverb “路遙知馬力、日久見人心” means that over a long distance, you learn about the strength of your horse. In other words, over a long period of time, you get to know what's in a person's heart.



I agree with the saying because it really happened to me. For example, Annie and I met each other on a company business trip to China in 1998. At that time, she worked in Los Angeles and I worked in Taiwan. One day my boss told me that he was going to transfer me to work with Annie in the United States. Annie invited me to stay in her home while I looked for somewhere to live, so I realized that I could trust her to be my good friend in America. I paid \$400.00 per month to Annie.

From the beginning, I ate dinner together with Annie's family. However, I had to clean all the dishes because they left them in the sink and ran away from the kitchen. Annie always had an excuse to do something after dinner. One night, I told her that I might go to take ESL class after work. She was not happy. She said it was dark outside after 6:00pm and no one could help if something happened to me. No matter what she said, I encouraged myself to be strong enough to go to school. A good thing was I met a lot of friends at MT. SAC, so during the weekend we went to the library. I got so much information from my classmates and also from my teachers.

A few months later, I moved out of Annie's house. My classmate Rose had helped me cleaned carpet before we left Annie's room. Then we returned her key and moved out all my items. Annie did not help me. She checked my items when I moved out. I believe that if I were in Taiwan, I would not know how Annie's behavior was.

Because of these experience, I completely agree with the adage that character can be revealed in time. After having a long term relationship with friends, we could understand their behavior and consider them to be either our friends, regular strangers, or enemies.

Christine Saw
Writing C

Let's Sit on a Stone!

The Japanese saying “Three years on the stone” means that one must sit on a stone for a long time before it becomes warm. It also means that we should expect to work at something for three years before we see results. Through my experience, I realized it was true.

After graduating from university, I started to work at a bank. It was my first job, so everything was new for me. I did not know how to do the job smoothly, and I always needed someone's help. I was in the home loan department. Many customers came to my department and had several intentions. Some came for repayments, while the others came for getting loans. It should be understood that they wanted to get a responsible person in charge. Therefore, I needed to gain knowledge and experience. One year later, I got used to the job little by little. I began to control my job, and I understood how to do it. I could work without anyone's help. In the third year, I had my own trainees and I taught them how to do the work. I did my work while helping my them. Above all, I felt that I could gain a customer's trust.

Because of this experience, I completely agree with the proverb “Three years on the stone.” I realized that it takes a long time to accomplish something. We have to put up with some suffering. Sometimes continuance is boring. We may lose interest and get tired. However, continuance is important to get some practice and experience, which helps our improvement.

Masumi Ono
Writing C



Local Customs:A Crucial Role in Our Relationships

There is no denying that we should do as the Romans do when in Rome. This is a cumulative experience we inherit from our forefathers. The old saying tells us vividly



that wherever we are, we should do everything according to local customs. Now it is still widely applied to our daily lives. The proverb has an impact on our interactions with people from other cultures. As far as I am concerned, I have had the experience myself. It was the first time my friends and I went to an American style restaurant. When we came in, American folk music smoothly came around us. A waitress came near us, and she looked young and friendly.

My friend was so excited to speak to a foreigner and tried to be polite. He began with, "You look so beautiful!" which sounds fine, but he continued "And how old are you?" Suddenly, I felt the air was frozen, and the young waitress showed unhappiness on her face. Then I commented, "It is a nice day, isn't it?" The waitress replied, "Not bad," then went away. What a big mistake my friend had made. He forgot it was not polite to ask someone's age in America. What is more, another mistake was when we left, we did not pay the tip because we did not even know to we were supposed to pay for it. We never went to that restaurant again.

The lesson that can be drawn from the above example is obvious. The local customs will pay a crucial role in our relationships with others. More importantly, doing everything as the locals do will help us make more friends and avoid trouble.

Jin Zhao

Writing C

Living Words

The Arabic proverb "If you want to live after death, write something worth reading" means you will remain in people's memory if you write something that touches their lives. For me, this saying is true based on personal experience with three great writers. The first is Nobel Prize winner and well-known Egyptian writer Naguib Mahfouz. When I read his novels, I smell the streets of Cairo and I see the people in their suffering and happiness. I interact with the characters in his stories as if I have known them for a long time. Of course these feelings have an added value when you live outside Egypt.

The second writer is the famous poet Nizar Qabany. Many of his poems were sung by Arabic singers, but I do not think that you need to listen to the songs to enjoy his poems because his words and sentences have its own music. He actually painted amazing pictures and meanings with words that make your heart ache.

Last but not least is the legend Dale Carnegie, who changed many people around the world with his practically applied books. The first book I read by him was *How to Win Friends and Influence People*. I was amazed when I applied his ideas to my daily life. I have learned how to treat people right to gain their respect and friendship. With their inspiring writings, those three icons will remain alive for generations to come.

Raafat Beshai

Writing C



Mt. SAC Writing Center



Many students registered in The ESL Program take advantage of the Language Learning Center (located in Building 6) to practice their English; however not many take advantage of the services provided by the Writing Center located in Building 26B Room 1561. One good reason might be that students don't know that this center is available for all students enrolled at Mt. SAC –yes, that includes ESL Students who want to improve their writing.

TUTORING: Tutors are available to work with students writing for any class offered across the campus and who are at any stage of the writing process.

Students can call (909) 594-5611 X 5325 to make an appointment or they can stop by the front desk located on the first floor of building 26B. Walk-ins are also accepted if the schedule permits.

WORKSHOPS: A variety of free workshops are also offered to help students succeed at Mt. SAC. Some examples of the workshops range from Using Commas Correctly, Developing Your Sentence Style, to Grammar Tips for Non-native Writers of English. For more information on the workshops offered or to sign up call (909) 594-5611 X 5325 or stop by the Writing Center.

There is also a Computer Lab available in the Writing Center which any student who is currently enrolled at Mt. SAC., who needs to work on writing assignments can use. Students must have a valid Mt. SAC Student ID, and register prior to using the Computer Lab.

Writing Center Fall Hours:

Monday/Wednesday: 9:00 a.m. - 9:00 p.m.

Friday/Sunday: 9:00 a.m. - 3:00 p.m.

Saturday: CLOSED

To make an appointment call (909) 594-5611 Ext. 5325



Writing is like the art that painters paint—only that in writing your words turn into the readers own painting according to how they interpret what they read. —Author Unknown

Tips to Improve Studying

Do you have a study routine you follow? Do you have trouble remembering information? Studying for the purpose of learning and remembering information requires necessary steps to ensure that we not only learn something new, but keep it for long term purposes. Below are some free study tips provided for you by Howard Richman, which might be helpful in getting you closer to feeling productive and successful with your studying.

Study in Short, Frequent Sessions

It has been proven that short bursts of concentration repeated frequently are much more effective than one long session. So, even if you only have 10 minutes, DO IT. Take a break. Then study another 10 minutes. This “distributed” learning approach is highly efficient because it honors the way the brain likes to work. The brain needs recovery and recharging time. The rest periods allow your brain to absorb and store your information. This is a powerful tool which many do not acknowledge. To sit and study for hours and hours is not only boring, it creates fatigue, stress, and distraction. You cannot learn if you are fatigued, stressed, and distracted!

Take Guilt-Free days to Rest

This follows the same principle as above, but on a longer, daily time cycle. The reason for resting is to refresh oneself. However, if you feel guilty (“I really should be studying”) then your precious rest period has been used to create more stress. The brain will not absorb new data if it is stressed. On days off from studying, really enjoy yourself and do not feel bad about not studying.

Honor Your Emotional State

Do not study if you are tired, angry, distracted, or in a hurry. When the brain is relaxed, it is like a sponge and it naturally absorbs data without effort. If you are emotionally stressed, your brain literally repels data. Forcing yourself to sit and study when your mind is on other things is a complete waste of time.

Review the Same Day

When you learn something new, try to go over the points the same day. If you wait a few days and then make efforts to review the material, it will seem much less familiar. However, a quick review later in the day will tend to cement the information into your brain so that on the next “official” study session, you will recognize it and it will seem easy.



Use Exaggeration

Why does a baseball batter warm up by swinging two or three bats? Why do runners sometimes strap lead weights to their legs? In both cases, exaggeration during practice makes the final result seem easy. This concept can be applied to studying anything. For example, if you are studying spelling, exaggerate the sound of the letters to help to remember them. So for studying purposes, “navy” would be pronounced “NAY-VE.” By getting used to this exaggerated pronunciation, the correct spelling seems more obvious.

Respect “Brain Fade”

It is normal for the brain to forget things. This does not mean that you are not smart! Instead of getting mad about this fact, you should expect it and deal with it accordingly. See your brain as depositing layers of knowledge. As you place more information on top, the lower levels become older and less available to your immediate recall. The trick here is simply to review. Since we can anticipate the eventual fading of our memory, creating a review aspect to our study session will solve the problem. Once every two or three study sessions, simply review older material that you will be needing to remember. Often, a quick overview is sufficient, but sometimes, a complete detailed study session of the older material is required. “Brain fade” is completely normal. (Unless you are gifted with a photographic memory, which is extremely rare), so don’t let it fluster you.

Set Reasonable Goals

One of the main reasons people do not reach their goals is because they set them too high. If you set goals that are manageable, even if they seem too simple, you get in the habit of accomplishing them and gradually you can set higher goals. Also, recognize the difference between long-term and short-term goals, set your vision on the long-term dream, but your day-to-day activity should be focused exclusively on the short-term, enabling you to take steps which will help you reach them!

Ironically, the faster you want to learn, the more likely you are to become more self-critical. In contrast, the student who is less intense is the one who learns slower, yet is more self-accepting and ends up ultimately learning the material in a shorter period of time. This is because he/she doesn’t waste energy blocking, getting upset, and thinking that they’re not good enough—they simply keep moving forward at a slower (but unblocked) pace! For more study methods, study tips or study skills, go to www.soundfeelings.com

ANNOUNCEMENTS

ESL SCHOLARSHIP

The Mt. San Antonio College ESL Scholarship Committee would like to invite Level 4, 5, 6, and VESL students who are planning on taking credit classes to apply for one of three \$500 scholarships available for the 2010-2011 school year.

We invite applicants who:

- Are currently or have been a Level 4, 5, 6 or VESL student with fewer than 6 units
- Have attended at least two-thirds of a semester and have passed an ESL Level class
- Are planning and are eligible to attend credit classes in Fall of 2011

Requirements include (included in the application packet):

- An essay describing your educational and career goals, potential for success in credit classes and the obstacles you have overcome in becoming a successful student
- Two letters of recommendation (forms included in packet)
- Proof of successfully completing a Level class with good attendance

Interested students should obtain an application packet from the ESL Registration counter in Building 66 for complete details.

Packets are due by Friday, March 25th, 2011

If you need assistance, please contact a member of the ESL Counseling Team: Michael Ngo, John Pellitteri or Bertha Rodriguez. Go to the ESL Registration counter and sign up on a clipboard.

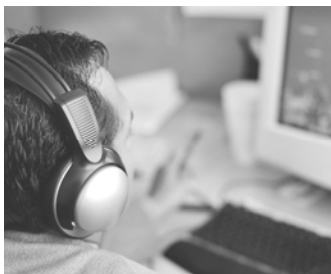
Do you want to practice learning English outside your classroom? Then why not stop by the **Language Learning Center** also known as the LLC, located in the Learning Technology Building (Bldg. 6).

The **Language Learning Center** has a large variety of language learning software, videos, DVD's and recordings to improve listening, speaking, and pronunciation skills.

To find out more you can also visit the website and see the number of audio, video, internet and software resources available for the different levels by clicking in the Resource Link and selecting the LLC Materials/ESL. www.llc.mtsac.edu

To use the **Language Learning Center**, you must register at the ESL Registration Counter in Building 66 and you will also need to have your Mt. SAC Student ID Card.

Hope to see you there!



OCTOBER 2010						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER 2010						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER 2010						
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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30	31	

JANUARY 2011						
SUN	MON	TUE	WED	THU	FRI	SAT
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

LEGEND

Oct 31 - Halloween	<input type="checkbox"/>
Nov. 12 - Holiday (campus closed)	<input checked="" type="checkbox"/>
Nov. 25-28 - Thanksgiving holiday	<input checked="" type="checkbox"/>
Dec. 6-12 - Finals Week	<input type="checkbox"/>
Jan. 1 - New Year's Day	<input checked="" type="checkbox"/>
Jan. 10 - Winter Session Begins	<input checked="" type="checkbox"/>

School is not in session =