

MT. SAN ANTONIO COLLEGE
**COMMUNITY
EDUCATION**
Fee Classes



*Become a certified Water
Technology specialist, see page 6*

2011 FALL SEMESTER
(August – December)

Business and Professional Development



Drivers Education



Children and Teens



Personal Enrichment



Sports and Fitness



Online Learning



WELCOME *back*

Most likely you have taken one or more fee-based community education classes at Mt. SAC. We invite you to explore our exciting **course** offerings in this brochure and enroll now!

Thousands of community residents have enjoyed the **convenience** of our online courses as well as our evening and weekend classes. Some have discovered new careers, upgraded their current skills, and learned new languages. Others have discovered their “creative spirit” and explored new hobbies or taken up a sport.

Whatever your interest is, we’ve got just the right program. So come **back** to **Mt. SAC** . . . and become a better **YOU!**

Register Now . . . **ONLINE** or **IN PERSON!**

◆ **ONLINE:** Go to <http://communityed.mtsac.edu>. Click on “**Sign In,**” then click on “**Create a Student Profile**” and complete your profile. Be sure to note your username and password. If you already created your profile in the past, you don’t have to repeat this step. Continue to use your original username and password. Select your classes, proceed to checkout, and pay your fee online by credit card.

◆ **IN PERSON:** Complete a registration form in person at the Continuing Education Division Registration Office, **now located in Building 40, Room 104** (enter campus on Bonita Avenue off Temple Avenue).

OFFICE HOURS: 8:00 a.m. to 6:00 p.m., Mon. thru Thurs.; and until 4:00 p.m. on Fri.

REGISTRATION FEES: *Fees are due at the time of registration.* You can pay by cash, by credit card (VISA, MasterCard and DISCOVER), or by check/money order, payable to **Mt. San Antonio College** (write course number on memo line). **A \$25 processing fee will be charged for each returned check.**

About Refunds: If you drop a class before the class begins, you may request a refund in writing, addressed to: **Director of Community Education, Mt. San Antonio College, 1100 N. Grand Ave., Walnut, CA 91789.** Requests must be postmarked within three days of the first day of class. Students who attend even the first class session are **not** eligible for a refund. A \$12 processing fee is charged for each class refunded, unless Mt. SAC cancels the class. In that case, a refund will be processed automatically without a service fee charge. No other refunds will be authorized, and no transfers are allowed.



QUESTIONS? call (909) 274-4220

2011 FALL Course Offerings

BUSINESS and *professional development*

CAREER OPPORTUNITIES

Athletic Equipment Management

This class is designed for anyone who is actively engaged in the management and handling of athletic, physical education, and recreational equipment as a volunteer or means of earning a living. Topics to be covered are accountability, management, purchasing, fitting, maintenance and repair, and laundry. Sports to be covered include Football, Basketball, X-Country, Baseball, Softball, Track & Field, Swimming and Water Polo, Soccer, Lacrosse, Field Hockey, Tennis and Wrestling. Each sport will be broken down to its needs from uniforms, accessories and protective gear.

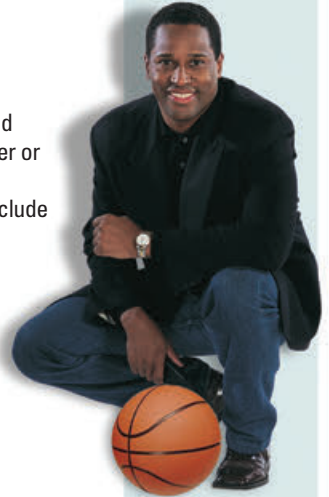
Location: Bldg. 67A, Room 123

Date: Tuesday, 09/06-09/27

Time: 6:30 - 9:00 p.m.

Fee: \$127

Presenter: Pete Aneiro



Bookkeeping Certificate Program

Learn a new career in seven weeks! This certificate program provides a core curriculum in the accounting/bookkeeping field. This hands-on course will teach you about business structures, rules of debit and credit, cash vs. accrual accounting, definition of "employees, processing payroll," payroll tax deposits and reports, W2s, 1099s, and others.

NOTE: Students must provide a ten-key calculator.

Location: Bldg. 7, Room 1114

Date: Saturday, 09/10-10/22

Time: 9:00 a.m - 5:00 p.m.

Fee: \$694

Presenter: Jean Grabrowski

Project Management Basics

The program is specifically designed for project coordinators, team members, construction field staff members, project engineers, project administrators and support staff, quality & testing specialists, procurement specialists, event coordinators, anyone involved directly or indirectly with project management fields or anyone who is interested in learning more about PM. Project management practitioners must successfully lead and execute projects with positive results. With a sound knowledge in project management, you can be more confident at work and more marketable in a competitive global economy.

This program will teach you how to effectively manage all phases of a project. You will learn the project management framework of initiation, planning, execution, control, formal closing and discover what it takes to ensure project success. In this skills building course, you will focus on practical tools and techniques with case studies. Leave class with the knowledge, tools and confidence to immediately get your projects done on time, within budget and to specifications.

Presenter: Chi Kwan Fong

** For locations, dates and times please check our website.*



CPR & FIRST AID

Cardiopulmonary Resuscitation (CPR)

Learn how to effectively and appropriately respond in an emergency situation to heart attack symptoms, breathing emergencies, or an incident of choking or sudden death.

Presenter: CPR & First Aid Training Center

- ACLS Advance Cardiac Life Support \$180
- ACLS Renewal \$125
- BLS Healthcare Provider \$ 65
- BLS Renewal \$ 45
- BLS Instructor Course \$250
- Heartsaver CPR—Adult & Pediatric \$ 50
- Heartsaver CPR First Aid—Adult & Pediatric \$ 65
- Pediatric Advanced Life Support \$180
- Pediatric Advanced Life Support Renewal \$125
- Cardiac Dysrhythmias & Therapeutic Modalities (RN, LVN, RTS) \$130

** For locations, dates and times please check our website.*

FIRE TECHNOLOGY

Firefighter Physical Ability Test

Administration of firefighter physical ability test. Successful completion of this course is required by various fire agencies for employment and students must obtain test packets from website, <http://firepat.mtsac.edu> prior to enrolling. Repeating this course will allow for renewal of certificate and improvement of technique through further instruction and practice. Interested applicants should check our website for more information.

Presenter: Liz Ward

** For locations, fees, dates and times please check our website.*

MAKEUP ARTISTRY

Makeup Artistry Certification (17+)

Do you love makeup and want to pursue a career in making others look and feel more beautiful? Are you already working in the beauty industry and want to improve your confidence and application skills?

Location: Bldg. 7, Room 1114

Date: Sunday, 09/18-10/23

Time: 2:00 - 5:15 p.m.

Fee: \$347

Presenter: Carolyn Simon

** Additional dates and times available. Please see website for further info.*

MEDICAL INSURANCE BILLING

Medical Insurance Billing Specialist Certificate Program

This six-course program is designed for those who are new to the medical field and for those currently working in the field who wish to expand their knowledge in specific areas. The six courses must be taken in the following order:

- MB1: Medical Terminology \$183
- MB2: Coding: ICD-9CM/CPT-4/HCPCS \$183
- MB3: Medical Insurance Billing Principles-Hands On \$183
- MB4: Medical Credit and Collection: Recovery of Unsecured Assests \$124
- MB5: Legal Issues and Risk Management \$ 96
- MB6: Computerized Medical Insurance Billing \$183

Presenter: Joselito Capili & Bal Villanueva

** For locations, dates and times please check our website.*

NOTARY PUBLIC

Become a Notary in 1 Day

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get recommissioned. This intensive one-day seminar is designed to fully equip you to become an effective Notary. You will learn about new legislation as well as how to pass the official Notary exam (must be taken every four years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. The class includes a practice Notary Public exam. Students must be 18 years old and have NO felonies on their record. Cooperative Personnel Services will register you for the exam from 4:15 to 5:00 p.m.

Note: Arrive early. Due to state regulations, no one will be admitted to the classroom after 8:00 a.m. You must be on time when returning to the classroom from a break.

Location: Bldg. 61, Room 2320

Date: Saturday, 10/29

Time: 8:00 a.m. - 6:00 p.m.

Fee: \$101 (+\$30 material fee at the door)

Presenter: Notary Public Seminars

** Additional dates and times available. Please see website for further info.*

Renewing Notaries

As of January 2009, renewing Notaries may take a three-hour approved notary refresher course. We will review all laws and regulations you are required to know to continue as a notary. You must take the exam and be fingerprinted again. A 6 hour approved course must be taken first without a lapse in your commission.

Note: Arrive early. Due to state regulations, no one will be admitted to the classroom after 12:30 p.m. You must be on time when returning to the classroom from a break.

Location: Bldg. 61, Room 2320

Date: Saturday, 10/29

Time: 12:45 - 6:00 p.m.

Fee: \$52 (+\$30 material fee at the door)

Presenter: Notary Public Seminars

** Additional dates and times available. Please see website for further info.*

PHLEBOTOMY

Phlebotomy Technician 1

The Mt. SAC Phlebotomy Technician Program is designed to prepare students to become a California Certified Phlebotomy Technician I.

Location: Bldg. 67A, Room 216

Dates: Tues & Thurs, 09/13-11/03

Time: 5:00 - 9:00 p.m.

Fee: \$1,600.00

Presenter: Geetha Harinath

Externship Phlebotomy

This externship is to be taken in conjunction with the Mt. SAC Phlebotomy Technician 1. The externship is 50 to 100 hours in a clinical laboratory where the student must successfully complete 50 venipunctures and 10 skin punctures.

Location: TBA

Presenter: Geetha Harinath

SKILLED TRADES AND INDUSTRIAL

L.A. City Welding Certification Advanced Lab Instruction - Flux Cored Arc

The purpose of this instruction is to provide certification candidates who have completed Weld 70C or equivalent, or have failed one or both of the Test Plates, additional lab time to pass the Los Angeles City practical FCAW weld test.

Presenter: Jonathan Yount

**For locations, dates and times please check our website.*

L.A. City Welding Certification Advanced Lab Instruction - Shielded Metal Arc Welding

The purpose of this instruction is to provide certification candidates who have completed Weld 70C or equivalent, or have failed one or both of their Test Plates, additional lab time to pass the Los Angeles City hands-on SMAW weld test.

Presenter: Jonathan Yount

**For locations, dates and times please check our website.*

Woodworking-Beginning

Designed for students with little or no woodworking experience. Includes use of hand tools and power woodworking equipment with an emphasis on safety.

Location: Bldg. 1A, Room 6/7

Date: Saturday, 09/10-10/29

Time: 9:00 a.m. - 12:00 p.m.

Fee: \$102

Presenter: Robin Shreve

**Additional dates and times available. Please see website for further info.*



Woodworking-Intermediate and Advanced

Must have taken beginning woodworking or equivalent experience with intermediate woodworking which includes designing, cost analysis, craftsmanship and occupational opportunities in the field. Elementary joinery, adhesives, simple production techniques and wood finishes will be covered.

Location: Bldg. 1A, Room 6/7

Date: Saturday, 09/10-10/29

Time: 12:30 - 3:30 p.m.

Fee: \$102

Presenter: Robin Shreve

**Additional dates and times available. Please see website for further info.*

Cabinetmaking / Woodworking

Students who wish to take this course must have completed a beginning woodworking class. Project proposals are created by students in accordance with their background and interests. Course includes recognition of wood varieties, the basic characteristics and application.

Presenter: Charles Cogger

**For locations, dates and times please check our website.*

Water Technology Program

This program is an intensive education for anyone seeking to enter the field of potable water treatment, water distribution, or cross-connection control. Program courses provide the training required for employment at a municipal water district, private water utility, or city water department. Upon completion of the program, students will have gained the knowledge necessary to successfully pass the CDPH Water Treatment Operator Certification Exams (**T1-T3**), Water Distribution Operator Certification Exams (**D1-D3**), and Cross-Connection Control Certified Specialist and Tester Exams offered by the American Water Works Association (AWWA) and various County Health Departments. The **40-hour** courses offered through this program satisfy the educational requirements of the CDPH for both **specialized training** and **continuing education training**. Program courses include:

- WATR 60 – Introduction to Water Systems
- WATR 61 – Water Treatment
- WATR 62 – Water Distribution
- WATR 63 – Cross Connection Control – Certified Tester
- WATR 64 – Cross Connection Control – Certified Specialist
- WATR 65 – Water Hydraulics and Instrumentation
- WATR 66 – Math for Water Operators

Registration fee per 40-hour course: \$149. An additional \$20 material fee made payable to the instructor is required on the first day of class.

Presenter: Water Technology Faculty

**For locations, dates and times, please check our website.*



DRIVER'S *education*

MOTORCYCLE SAFETY TRAINING

California Motorcycle Training (Basic Course)

This 15-hour course includes 5 hours of lecture time and 10 hours on the range. Students are obligated to comply with all rules and regulations established by Motorcycle Safety Foundation and Mt. San Antonio College.

Location: TBA

Fee: \$250 (Age 21 & over)
\$150 (Under 21 years of age)

Presenter: Arroyo's Motorcycle Training

**For locations, dates and times please check our website.*



Traffic Violator School (8 hours)

Mt. SAC is licensed by the Department of Motor Vehicles to provide this **8-hour** course for adults and juveniles.

Location: Bldg. 7, Room 1201

Fee: \$37 (8 hours)

Instructor: Rudy Hernandez

**For locations, dates and times please check our website.*

CHILDREN *and teens*

ACTING

Commercial Acting for Kids n Teens (Age 6-17)

This two-day seminar will teach you to act like a pro while on location at the famous Zydeco Casting Studio. In these fun, challenging and informative classes, you will learn about commercial acting and auditioning, the right way to enter the industry, professional tools (photos and resumes), optional discounted color headshot. All acting is done on camera, plus you will receive a tape to keep.

Location: Zydeco Casting Studio, 11317 Ventura Blvd., Studio City, CA 91604

Date: Sunday, 09/11-09/18

Time: 4:15 -6:15 p.m.

Fee: \$81 (+\$3 material fee at the door)

Presenter: June Chandler, Inc.

DANCE

Children's Dance Program

Variety of dance classes being offered for children and teen's:

Mommy and Me / Creative Movement / Intro 2 Dance (Age 1-2)

Ballet (Age 3-5)

Tap Dance (Age 3-5)

Ballet (Age 5-10)

Tap Dance (Age 5-10)

Cheerleading / POM / Songleading (Age 5-12)

Jazz Dance/Lyrical/Contemporary (Age 5-10)

Hip Hop Dance (Age 5-12)

Tap Dance (Age 5-12)

Fitness Fun for Kids/Conditioning (Age 5-12)

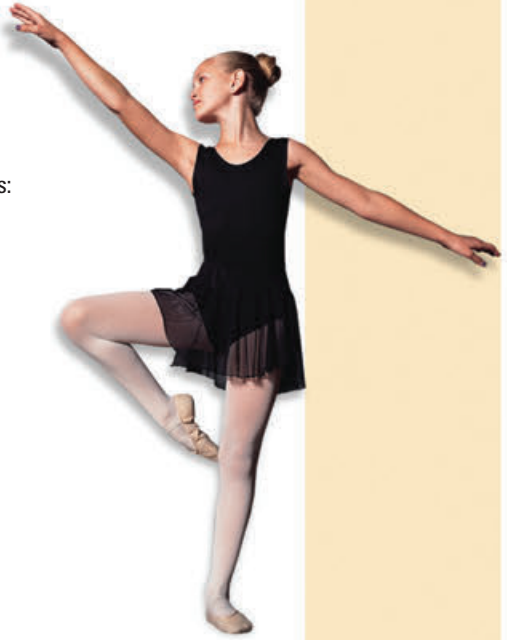
Teen / Adult Ballet (Age 10+)

Teen / Adult Jazz Dance (Age 10+)

Fee: \$130 (15 week program)

Presenter: Llorena Talley & Staff

**For locations, dates and times, please check our website.*



MUSIC

Piano-Beginning Level 1 (Age 6-12)

Learn how to play and read piano (keyboard) music in a keyboard lab. The class is designed for students with no musical background. A piano or keyboard with full-size keys is necessary to enter this course in order to practice between classes. For young students parental assistance at home and in the class is encouraged. Children younger than 6 and older than 12 need to have instructor's permission.

Students need to provide headphones with 1/4 inch jack for the keyboard lab.

Location: Bldg. 2, Room M102

Date: Saturday, 09/10-12/10

Time: 9:00 - 9:45 a.m.

Fee: \$140 (+\$7 material fee at the door)

Instructor: Thomas Strout

Piano-Beginning Level 2 (Age 6-12)

Learn how to play and read piano (keyboard) music in a keyboard lab. This class is designed for a slightly older student that may have some background in music. Students who have as much as 3-6 months of piano should sign up for this class. A piano or keyboard with full-size keys is necessary to enter this course in order to practice between classes. Those younger than 7 or older than 13 may be admitted with the instructor's permission. Students need to provide headphones with 1/4 inch jack for the keyboard lab.

Location: Bldg. 2, Room M102
Date: Saturday, 09/10-12/10
Time: 9:45 -10:30 a.m.
Fee: \$140 (+\$7 material fee at the door)
Instructor: Thomas Strout

Group Suzuki Violin - Beginners (Ages 6-Adult)

The correct size violin is important for success and will be determined by the instructor.

Location: Bldg. 2, Room M104
Date: Saturday, , 09/10-12/10
Time: 1:00 - 1:30 p.m.
Fee: \$197
Instructor: Margy Hymel

Group Suzuki Violin (Book 1)

Students must be able to play in the keys of A and D and know how to play up to "May Song" or the equivalent.

Location: Bldg. 2, Room M104
Date: Saturday, 09/10-12/10
Time: 12:30 - 1:00 p.m.
Fee: \$197
Instructor: Margy Hymel

Group Suzuki Violin (Book 2)

A continuation of Book 1. Students must complete Suzuki Group Violin Book 1 class prior to registration in Book 2. A recital will be conducted on the last day of class.

Location: Bldg. 2, Room M104
Date: Saturday, 09/10-12/10
Time: 12:00 - 12:30 p.m.
Fee: \$197
Instructor: Margy Hymel

Group Suzuki Violin (Books 3-6)

Students must be able to play in the keys of A, D, G, F, B major and G minor, and know how to play the "Martini Gavotte" or the equivalent.

Location: Bldg. 2, Room M104
Date: Saturday, 09/10-12/10
Time: 11:30 a.m. - 12:00 p.m.
Fee: \$197
Instructor: Margy Hymel



PHYSICAL EDUCATION

Children's Tennis - Beginning (Age 8-14)

Students will learn the basic strokes and rules.

Location: Bldg. 27T, Tennis Courts
Date: Saturday, 09/10-12/03
Time: 8:00 - 9:00 a.m.
Fee: \$72 (+\$5 material fee at the door)
Instructor: Andre Marshall

**Additional dates and times available. Please see website for further info.*

Children's Tennis - Intermediate (Age 8-14)

Intermediate students will review the fundamentals and learn the strategy of singles and doubles play and drills.

Location: Bldg. 27T, Tennis Courts
Date: Saturday, 09/10-12/03
Time: 9:00 - 10:00 a.m.
Fee: \$72 (+\$5 material fee at the door)
Instructor: Andre Marshall

**Additional dates and times available. Please see website for further info.*

Children's Tennis - Advanced (Age 8-14)

Advanced skill development for competitive play will be covered.

Location: Bldg. 27T, Tennis Courts
Date: Sunday, 09/11-12/04
Time: 10:00 - 11:00 a.m.
Fee: \$72 (+\$5 material fee at the door)
Instructor: Andre Marshall

**Additional dates and times available. Please see website for further info*



PERSONAL enrichment

ACTING (Adults)

Acting for Film and Television (Ages 18+)

This exciting class has something for everyone; fun, personal development, career enhancement or to jump start an acting career. You'll be working every week on exercises, improvisations and scripts. This class has been a launching pad for many successful careers.

Location: Zydeco Casting Studio, 11317 Ventura Blvd., Studio City, CA 91604
Date: Sunday, 09/25-10/30
Time: 4:00 - 6:45 p.m.
Fee: \$119 (+\$3 material fee at the door)
Presenter: June Chandler

DANCE

Belly Dance - Beginning

Become acquainted with the ancient art of Belly Dance. Stretching exercises, dance specific movements and use of finger cymbals and veil are all taught.

Location: Bldg. 27A, Room 3
Date: Monday, 09/12-10/17
Time: 7:45 - 8:45 p.m.
Fee: \$50 (+\$20 material fee at the door)
Presenter: Catharae Smith

Belly Dance - Intermediate

Intermediate skill levels developed including zill proficiency. More choreography and performance techniques.

Location: Bldg. 21, Room 26
Date: Friday, 09/16-10/21
Time: 6:30 - 7:30 p.m.
Fee: \$50 (+\$20 material fee at the door)
Presenter: Catharae Smith

Salsa Dancing (Basic)

This program is an introduction to the basics of Salsa dancing in an easy and fun way just as they are being taught at dance studios, workshops, and local Salsa clubs in L.A.

Location: Bldg 9C, Student Life Center
Date: Thursday, 09/01-10/06
Time: 8:00 - 9:00 p.m.
Fee: \$55
Presenter: Rudy Ramirez

** Additional dates and times available. Please see website for further info.*

Flamenco & Spanish Dance

An introduction to all elements of flamenco & choreography including its terminology: "llamadas," "marcajes," "remates," etc. Strong focuses on proper arm, hand and footwork technique as well as coordination exercises and turns. Flamenco is known for its emotional intensity, proud carriage, expressive use of the arms and rhythmic footwork and hand clapping. Self expression is the key! Learn Flamenco from an accomplished Performer & Instructor. Award winning dancer, instructor & choreographer Yvette "La Sole" from Andalucia, Spain.

Location: International Performing Arts Academy
20628 E. Arrow Hwy, Suite #3, Covina, CA 91724
Date: Thursday, 09/08-12/01
Time: 7:30 - 8:30 p.m.
Fee: \$110 (+\$20 material fee at the door)
Presenter: Yvette Garcia "La Sole"

FINANCIAL PLANNING AND INVESTING

Investment Boot Camp for Safe and Profitable Investing

The key to successful investing is knowledge. That's why this three-hour, hands-on workshop is a wonderful opportunity.

Location: Bldg. 61, Room 2316
Date: Saturday, 11/19
Time: 9:30 a.m. - 12:30 p.m.
Fee: \$41
Presenter: Jalon O'Connell

Master Your Investments and Retirement

Learn how to invest more intelligently and profitably so that you may secure your financial future. Here is a sampling of what you will learn in this informative class:

- How to evaluate which investments may be suitable for you
- Asset allocation using stocks, bonds and mutual funds
- Create diversification using investments like REIT's, gold and commodities
- Maximize your investment income without unnecessary risk

Location: Bldg. 61, Room 2316
Date: Saturday, 10/08 & 10/15
Time: 9:30 a.m. - 12:00 p.m.
Fee: \$41
Presenter: Jalon O'Connell

Retirement Planning Today

Due to recent and ongoing tax law changes, an uncertain future for Social Security and the shift toward employee directed retirement plans, the need for sound financial strategies has never been greater.

Location: Bldg. 61, Room 2316
Date: Thursday, 10/20-10/27
Time: 6:30 - 9:30 p.m.
Fee: \$61
Presenter: Edward Yoon

** Additional dates and times available. Please see website for further info.*

Purchasing Tax Lien & Tax Deed Properties

There are thousands of houses and empty lots that go on sale every year by county governments to recover taxes on properties where taxes are not being paid. When people pass on, often their heirs do not know their parents own these properties or don't want to pay the taxes and the state puts them up for sale, usually as an auction to cover the taxes owed.

Location: Bldg. 61, Room 2316
Date: Saturday, 11/12
Time: 9:00 a.m. - 3:00 p.m.
Fee: \$49 (+\$25 material fee at the door)
Presenter: Marshall Reddick Realty



Profiting with Foreclosures

The second surge of bank foreclosures is coming next year. Real estate will produce many millionaires in the next few years, says Donald Trump. Discover how you can become part of that explosion by learning the best places to purchase bank-owned foreclosures in California and out of state. This seminar will show you how to find these properties before anyone else so you can then make successful offers. If you have thought about purchasing real estate, now is a great time to buy with low prices and low interest rates.

Location: Bldg. 61, Room 2316

Date: Saturday, 11/12

Time: 9:00 a.m. - 3:00 p.m.

Fee: \$49 (+\$25 material fee at the door)

Presenter: Marshall Reddick Realty

Personal Finance for Individuals and Families

This course covers important aspects of expertly managing, accumulating and investing money. The material presented is comprehensive, yet easy to follow, understand, and implement. Attendees will gain the knowledge needed to significantly improve their financial situation. Upon completion of this course, attendees will have a draft of their personal financial plan.

Location: Bldg. 61, Room 2316

Date: Saturday, 09/17-09/24

Time: 9:00 a.m. - 12:30 p.m.

Fee: \$59 (+\$4 material fee at the door)

Presenter: Tony Raygoza

FOREIGN LANGUAGES

Russian - Beginning Conversational

This is a class for students without prior knowledge of the Russian language. Begin with the alphabet and learn to read, write and speak basic conversational Russian.

Location: Bldg. 7, Room 2114

Date: Saturday, 09/10-10/15

Time: 9:00 - 11:00 a.m.

Fee: \$101(+\$10 material fee at the door)

Presenter: Zoia Sproesser



Russian - Beginning Conversational II

This is a beginner course of the Russian language for students without prior knowledge of Russian. Starting with the Russian alphabet, students will learn how to read and write Russian and gain awareness of the basics of Russian grammar. Students will converse on a basic level using frequently used everyday words and phrases while acquiring insights about Russian culture from a native speaker.

Location: Bldg. 7, Room 2114

Date: Saturday, 10/29-12/10

Time: 9:00 - 11:00 a.m.

Fee: \$101(+\$10 material fee at the door)

Presenter: Zoia Sproesser

Hindi - Beginning

This class introduces you to the Hindi language, beginning with the essentials of the Hindi alphabet, how to read, write and pronounce the various characters.

Location: Bldg. 66, Room 209

Date: Friday, 09/02-09/30

Time: 4:30 - 6:00 p.m.

Fee: \$95 (+\$10 material fee at the door)

Presenter: Srekha Chaplot

** Additional dates and times available. Please see website for further info.*

HEALTH and BEAUTY

Color Analysis with an Emphasis on Makeup Application

Attend this class and learn the phenomenal power of the "color me beautiful principles." With this knowledge, you will make better color choices for yourself and for others. Emphasis will be placed on using the right seasonal colors especially as it relates to makeup applications.

Location: Bldg. 7, Room 1114

Date: Sunday, 9/11

Time: 2:00 - 4:30 p.m.

Fee: \$42

Presenter: Carolyn Simon

SPORTS and *fitness*



Zumba

Zumba class uses Latin music combined with enjoyable dance moves to create an interesting workout experience. Everyone can Zumba, whether you know how to dance or not!

Location: Bldg 21, Room 26

Date: Monday & Thursday, 09/12-10/20

Time: Monday: 7:30 - 8:30 p.m.

Thursday: 6:30 - 7:30 p.m.

Fee: \$77

Presenter: Alejandra Centeno

** Additional dates and times available. Please see website for further info.*

PiYO

Piyo is a non-traditional perfect blend of Pilates, Yoga, sports stretch, dance stretch and athletics that will help you burn calories and build muscle. It's more than just flexibility. It's all about energy, power and rhythm.

From beginner to advanced, each full body workout is designed for all levels. Plus, there are modifications that allow you to keep going when things get tough. Activate your body and stimulate your muscles. Get amazing results and transform your body. This workout is revolutionary and there's no doubt you will get results.

Location: Bldg 21, Room 26

Date: Wednesday, 09/07-10/26

Time: 6:00 - 7:00 p.m.

Fee: \$95

Presenter: Paul Naccachian

Master Swimming

Master swimming provides organized workouts for individuals seeking to improve/maintain their swimming abilities. Programs are open to all adult swimmers (triathlete, competitive, non-competitive) who are dedicated to improving their fitness through swimming. Instructor believes in muscle confusion and designs workouts based on that principle for an always changing, challenging workout. Workouts will range from 3,200 yards to 5,500 yards. Basic swimming technique (freestyle, backstroke) is required for this class.

**5, 10, 20 Session cards also available for purchase.*

Location: Bldg. 27, Marie T. Mills Aquatic Complex

Fee: \$120

Presenter: Louis Boehle

**For dates and times please check our website.*

Open Fitness Swimming

For those interested in:

- Casual lap swimming
- Open water training techniques
- Swim training for the triathlete
- Weight loss through water exercise
- Low impact strength and endurance training

**5, 10, 20 Session cards also available for purchase.*

Location: Bldg. 27, Marie T. Mills Aquatic Complex

Fee: \$110

Presenter: Louis Boehle

**For dates and times please check our website.*

MARTIAL ARTS

Kickboxing

Experience the eclectic blend of several martial art disciplines such as Muy Thai, Chinese Kickboxing and Jun Fan J.K.D. Learn to use your fists, elbows and knees for practical self-defense.

Location: Bldg. 27C, Room-Mat

Date: Saturday, 10/22-12/17

Time: 11:00 a.m. - 12:30 p.m.

Fee: \$52 (+\$15 material fee at the door)

Presenter: Saul Maldonado

** Additional dates and times available. Please see website for further info.*



Filipino Martial Arts

Learn practical self-defense through the Filipino Martial Arts. Basic Doce Pares "original" multi-style system of Eskrima will be taught incorporating the use of double and single rattan sticks as a tool for enhancing hand speed, awareness, proper body motion, positioning and footwork. Also covered will be basic offense/defense, disarms, locks, and empty hand techniques. Learn the art first hand from one of the world's leading Filipino Martial Arts Systems. Rattan training sticks provided.

Location: Bldg. 27A, Room 108

Date: Saturday, 10/22-12/17

Time: 11:00 a.m. - 12:30 p.m.

Fee: \$52 (+\$15 material fee at the door)

Presenter: Rino Balinado

Brazilian Jiu-Jitsu

Brazilian Jiu-jitsu is a martial art and combat sport that focuses on grappling and especially ground fighting. It is a derivative of early 20th century Kodokan Judo, which was itself then a recently-developed system (founded in 1882), based on multiple schools (or Ryu) of Japanese jujutsu.

Location: Bldg. 27C- Matroom

Date: Saturday, 10/22-12/17

Time: 9:30 - 11:00 a.m.

Fee: \$52

Presenter: Saul Maldonado

Mixed Martial Arts

Mixed Martial Arts combines striking (boxing/kickboxing/karate) and ground (judo/ujitsu/wrestling) combat ranges: kick/punch, take downs, submission grappling, basic positions, transitioning strategy, competition, history and philosophy. This course includes basic techniques for offense and defense, cardiovascular endurance and training modes. Students who repeat this course will improve skills through further instruction and practice. Students will provide their own equipment - mouth piece, 4 oz and 16 oz gloves, skin guards and cup.

Location: Bldg. 27C, Matroom

Date: Saturday, 09/10-10/15

Time: 12:30 - 2:00 p.m.

Fee: \$52

Presenter: Saul Maldonado

** Additional dates and times available. Please see website for further info.*

TENNIS

Tennis - Beginning (Adult)

A tennis program for adults. Beginners will learn the basic strokes and rules.

Location: Bldg. 27T, Tennis Courts

Date: Sunday, 09/11-12/11

Time: 8:00 - 9:30 a.m.

Fee: \$72 (+\$5 material fee at the door)

Presenter: Grace Schreuders

** Additional dates and times available. Please see website for further info.*

Tennis - Intermediate (Adult)

A tennis program for adults. Intermediate students will review the fundamentals and learn the strategy of singles and doubles play.

Location: Bldg. 27T, Tennis Courts

Dates: Saturday, 09/10-12/03

Time: 8:00 - 10:00 a.m.

Fee: \$94 (+\$5 material fee at the door)

Presenter: Ervin Saravia

** Additional dates and times available. Please see website for further info.*

Tennis - Advanced (Adult)

A tennis program for adults. Advanced students will review the fundamentals and learn the strategy of singles and doubles play.

Location: Bldg. 27T, Tennis Courts

Date: Saturday, 09/10-12/03

Time: 10:00 a.m. - 12:00 p.m.

Fee: \$94 (+\$5 material fee at the door)

Presenter: Ervin Saravia

** Additional dates and times available. Please see website for further info.*



Exercise Science/Wellness Center

Our Exercise Science/Wellness Center is a dynamic facility, offering a wide range of health and fitness tests as well as fitness programs and exercise equipment for use by Mt. SAC students and employees, and the community-at-large for far less costs than commercial gyms.

Location: Bldg. 27A

Please see website for further info or call (909) 274-4625

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Mt. San Antonio College – Online Learning

Experience online learning . . . Take the classes you would like, when you have the time to take them. If you have an e-mail address, Internet access and Web browsing capability, you can take Mt. SAC Community Education computer classes in the convenience of your own home or office 24/7. Be sure to have Internet access and browsing capability before enrolling.

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- Computer Applications
- Business
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- Graphic Design and Digital Photography

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Gatlin Education Services (GES)

Mt. San Antonio College, in partnership with Gatlin Education Services (GES), offers online open enrollment programs designed to provide the skills necessary to acquire professional level positions for many in-demand occupations. For more information go to: www.gatlineducation.com/mtsac

Mt. San Antonio College

1100 N. Grand Ave., Walnut, California 91789 • 909.274.7500

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- Van Access Services
- Info
- Public Phone
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- Staff Lots
- Pay Lots
- Parking Permit Dispenser
- 30 Minute Parking
- Meter Parking
- Disabled Parking
- Security Escort Service



Campus Security (909) 274-4555

KEY FACILITIES

Art Gallery	1B/C
Auxiliary Services	9A & D
Bookstore (SacBookRac)	9A
Bursar's Office (Permits & fee payments)	9A
Continuing Education Division	40
Community Education Center	30
Exercise & Wellness Center	27A
Food/Beverage	
Campus Café	8
Carl's Jr.	8
Common Grounds	8
Mountie Stop	9A
Express Stop	16A
Mountie Grill	19C
Prime Stop	61
Short Stop	67A
Gymnasium	3
Learning Technology Center	6
Learning Assistance Center	
Library	
Parking Office (Citations only)*	40
Physical Education Office	45
Public Safety	23
Stadium	50TF
Student Health Center	67B
Student Life Center	9C
Student Services Center	9B
Admissions & Registration,	
Assessment, Counseling,	
Disabled Students, Financial Aid	
Writing Center	26B

*Purchase parking permit at Bursar's Office.



Mt. San Antonio College
1100 N. Grand Ave., Walnut, CA 91789



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