CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of an assigned supervisor, provide assistance to student athletes in the prevention, evaluation, care, treatment (including First Aid), and rehabilitation of athletic injuries.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:

Provide assistance to students in the prevention of athletic injuries; tape and wrap athletes to prevent injury or re-injury; supply and assist with straps, braces, and other adaptive equipment to assist with protection from injury.

Identify, evaluate, and provide immediate first aid in response to athletic injuries; administer emergency first aid as necessary; refer students and athletes to appropriate advanced medical care as necessary.

Schedule appointments with team physician and medical specialists as appropriate; provide daily status reports to coaches regarding injuries, medical reports, and status of athletes receiving treatment.

Provide follow-up treatment and rehabilitation and reconditioning programs for injured students according to physician’s directions and schedules; assist students with specialized therapeutic exercises; perform demonstrations and assure student understanding of proper exercise techniques and procedures.

Operate a variety of first aid and adaptive equipment; operate a variety of sports-related equipment including whirlpool, ultra-sound, exercise machines, weights, and others as assigned; make recommendations regarding repairs for equipment to appropriate authority; drive a vehicle to various athletic events.

Maintain a variety of records related to student injuries, treatments, progress, and assigned activities; prepare and maintain full medical chart record-keeping system for participating athletes according to HIPAA Law.

Supervise; provide work direction and training to student intern athletic trainers and related medical staff.

Prioritize and administer game, practice and training room tasks and coverage for games.

Cover assigned pre-season physicals, sport game or matches and related events.

Athletic Trainer JD - 2007
Athletic Trainer

Collect and maintain student information pertaining to insurance, consent to treat forms and emergency contact information. Distribute the appropriate information to coaches, doctors, and insurance companies.

OTHER DUTIES:
• Remain up-to-date with current evaluation skills, exercise physiology research and trends, biomechanical research and trends, and nutritional research and trends
• Assist in determining if rehabilitated students are ready for return to athletic abilities
• In conjunction with the coach, fill out necessary forms for an athlete who fits the “Medical Red Shirt” criteria
• Maintain work environment in a clean, safe, and orderly condition
• Work with supervisor on budgets, hiring HATC’s, purchases and inventory
• Perform related duties as assigned
• Attend Department, Conference, and COA Meetings as needed

KNOWLEDGE AND ABILITIES
KNOWLEDGE OF:
• Practices, procedures, and equipment used in the prevention, care, and rehabilitation of athletic injuries
• Safety guidelines and regulations in athletic and therapeutic activities
• Individualized rehabilitation and reconditioning techniques and procedures for injured students
• First Aid and CPR (Professional/Rescuer) techniques
• Oral and written communication skills
• Interpersonal skills using tact, patience, and courtesy
• Record-keeping and report preparation techniques

ABILITY TO:
• Operate an AED (Automated External Defibrillator)
• Provide assistance to students in the prevention of athletic injuries
• Tape and wrap athletes to prevent injury or re-injury
• Implement and administer treatments and rehabilitation programs as directed by physician
• Identify, evaluate, and provide immediate first aid in response to athletic injuries
• Assure students understanding of proper exercise techniques
• Operate first aid and adaptive equipment
• Understand and follow oral and written directions
• Establish and maintain cooperative and effective working relationships with others
• Communicate effectively both orally and in writing
• Operate athletic rehabilitation and weight equipment
• Maintain records and prepare reports
• Work independently with little direction
• Meet schedules and time lines
• Work confidently in crisis or emergency situations
• Empathize with the injured athlete in order to help them deal with the emotional issues involved after a physical injury

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Athletic Trainer

EDUCATION AND EXPERIENCE:

Valid NATA, BOC Certificate
Any combination equivalent to: Bachelor’s Degree in physical education, athletic training or related field and two years of experience involving the care, management, and prevention of athletic injuries.

LICENSES AND OTHER REQUIREMENTS:
Valid First Aid and CPR (Professional/Rescuer) Certificate issued by an authorized agency
Valid California Driver’s License
Valid cart driving certification

WORKING CONDITIONS:

ENVIRONMENT:
Indoor and outdoor work environment
Evening or variable hours
Subject to seasonal heat, cold, or adverse weather conditions

PHYSICAL DEMANDS:
Dexterity of hands and fingers to operate athletic equipment and tape students
Bending at the waist, kneeling or crouching to assist students
Seeing to monitor student activities
Hearing and speaking to exchange information
Reaching overhead, above the shoulders and horizontally
Lifting, carrying, pushing, or pulling heavy objects and injured athletes
Walking or standing for extended periods of time at athletic events

HAZARDS:
Exposure to blood and other bodily fluids
Exposure to projectiles (i.e., baseballs, discuss, javelins)
Exposure to contact with athletes (i.e. sidelines)