Helpful Tips for Scheduling Your Physical Exam at the Health Center

1. You must be currently enrolled at Mt. SAC and attending credit classes to be able to have your physical done at the Health Center.

2. Your Mt. SAC ID card is required for all visits.

3. All physical exam appointments are scheduled in person and the fees are collected at that time.

4. Visit the Health Center to schedule your appointments when you can allow ample time to complete paperwork AND have the following items with you:
   - Mt. SAC ID card
   - $115 **CASH ONLY** (your actual fees might be less, might be more)
   - physical exam form
   - any previous TB test results, chest x-ray reports, immunization records for the RN to review (have these available for all your visits)
   - **Note:** Appointments are not scheduled by phone.

5. Expect to complete the physical in 3 to 4 appointments – schedule your appointments as early as possible.

6. You will be charged a $5 fee if you fail to show for your appointment or if you fail to give 24 hours notice for a cancelled appointment.

7. **At your first appointment**, be prepared to provide a urine sample for a urinalysis and drug/alcohol test. Blood will be drawn that day - fasting is **not** required.

8. We may not be able to do a physical if you have certain chronic conditions or take certain medications. In that case, you may be referred to your primary provider to complete your physical.

9. We do not complete partial physical exams that have been started by another provider.

10. We can, however, perform the following items individually: TB tests, titers, immunizations, urine drug/alcohol test.

11. Please contact us if you need further information: (909) 274-4400.