# Employee Wellness Committee



### **MEETING AGENDA**

### November 6, 2019

## Facilitator: K.C. Kranz

Location: Building 4-2320		Time: <u>2:00pm-3:30pm</u>
Committee Members:		
Duetta Langevin Joanne Franco Joe Jennum K.C. Kranz Alexis Carter	Sandra Weatherilt Marti Whitford Zaira Jimenez Lianne Greenlee Arthur Gonzalez	Melissa Aguirre Stacy Lee Carmen Conover – Kaiser Lance Heard -Marion Sandy Cisneros - UHC Andie Solorzano (Notes)
AGENDA ITEMS:		
1. Welcome/Introduction		
2. Agenda Review		
3. Review meeting notes from October 2, 2019		
4. Employee Wellness Fair – Friday, November 8 <sup>th</sup>		
5. Walker Tracker Fall Challenge		
6. Wellness Lectures		
7. Mental Health Hotline		
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Employee Wellness Committee upcoming meetings: December 4, 2019		

#### Future Agenda Items: