# **Employee Wellness Committee**



# **MEETING AGENDA**

March 7, 2018

Facilitator: K.C. Kranz

Location: Building 4, Room 2320 Time: 2:00pm-3:30pm

## **Committee Members:**

Duetta Langevin Sandra Weatherilt Melissa Aguirre Joanne Franco Marti Whitford Stacy Lee

Joe Jennum Zaira Jimenez Carmen Conover – Kaiser K.C. Kranz Lianne Greenlee Meagan Nolan- Marion Mari Ceja David Castro/ Arthur Sandy Cisneros - UHC Gonzalez Andie Solorzano

(Notes)

## **AGENDA ITEMS:**

- 1. Welcome/Introduction
- 2. Agenda Review
- 3. Review meeting notes from February 7, 2018
- 4. Upcoming Employee Wellness Activities
  - Stress Reduction Lecture
  - Healthy Cooking Classes
- 5. Walker Tracker
- 6. Employee Wellness Fair Survey

**Employee Wellness Committee upcoming meetings:** 

April 4, 2018 May 2, 2018 June 6, 2018

## **Future Agenda Items:**