Employee Wellness Committee



MEETING AGENDA

August 5, 2020

Facilitator: K.C. Kranz

Location: Zoom Meeting Time: <u>2:00pm-3:30pm</u>

Committee Members:

Duetta LangevinSandra WeatheriltMelissa AguirreJoanne FrancoMarti WhitfordStacy LeeJoe JennumZaira JimenezLance HeardK.C. KranzLianne GreenleeAndie Solorzano

Alexis Carter Arthur Gonzalez (Notes)

AGENDA ITEMS:

- 1. Welcome/Introduction
- 2. Review agenda
- 3. Review meeting notes from June 3, 2020
- 4. Walker Tracker
- 5. Upcoming Employee Wellness events
- 6. Other resources for employees: coping, Zoom fatigue, working from home
- 7. PAC's recommended revisions for Committee Goals
- 8. Wellness Program Incentive Point System Standing Item

Employee Wellness Committee upcoming meetings:

September 2, 2020

Future Agenda Items:

Employee Wellness Fair Date