

# Employee Wellness Committee



## MEETING AGENDA

April 5, 2023

Facilitator: Lorraine Jones and Duetta Wasson

Location: 720-2210G or Zoom

Time: 2:00pm-3:30pm

### Committee Members:

Duetta Wasson	Sandra Weatherilt	
Lucy De Leon	Seth Meyers/ Chris Failla	Stacy Lee
Joe Jennum	Norma Vizcarra	Andie Solorzano (notes)
Lorraine Jones	Lizette Henderson	
Alexis Carter	Arthur Gonzalez	
Marta Lopez	Misty Kolchakian	

### AGENDA ITEMS:

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from March 1, 2023
4. Walker Tracker Update – Spring Vibes (mind and soul)
5. Upcoming Employee Wellness Classes
6. Employee mental health update – Marta/Seth/Chris
7. Employee Wellness Fair

### Employee Wellness Committee upcoming meetings:

May 3, 2023

### Future Agenda Items:

Wellness Program Incentive Point System  
Employee Wellness Fair