### Wednesday, April 27, 2022

# Spring 2022 EOPS/CARE Program ADVISORY COMMITTEE MEETING

## PURPOSE To assist the college in developing and maintaining effective **EOPS/CARE** Programs.



# AGENDA

I. Welcome & Introduction **II. CARE Program III. Peer Navigator Program IV. EOPS/ CARE Mutual Responsibility Agreement (MRA) V. Committee Announcements VI. Closing Remarks** 

## 58

## Continuing **CARE** Students

## CARE PROGRAM UPDATES

## 16

**New CARE** 

### students

### 12 Exited from program. • 4 No cash aid 2 non-compliant with EOPS 6 not enrolled •

### **Completed Goals**



### CARE WORKSHOP Maximizing Your Budget Through Couponing

Come to this workshop to learn the basics of couponing at local stores. This is designed to show you how to coupon household items such as toilet paper, laundry care products, cleaning products and personal care items such as shampoo, oral care products, and lotions. All you need is your phone.

QTY	ITEM	PRICE
01	Session 1: Maximizing Your Budget Through Couponing	FREE
	Thursday, March 3, 2022 11:00 am - 12:30 pm Mt. SAC 9C-Stage	
02	Session 2: Maximizing Your Budget Through Couponing	FREE
	Friday, March 4, 2022 11:00 am - 12:30 pm Mt. SAC 9C Stage	
03	Follow Up Reflections & Questions	FREE
	Wednesday, March 9, 2022 11:00 am - 12:30 pm Zoom	
	REGISTER:	SCAN TO REGISTER
nttp	s://bit.ly/CARECoupons	
reaso	ore information or to request nable disability related nmodations, contact:	
mher	nandezfigueroa@mtsac.edu	

# STUDENT LED

# WORKSHOPS











### Irene's Couponing Journey

### Proud Couponers & Presenters

IRENE BAHENA, EOPS/CARE STUDENT

MARIA HERNANDEZ FIGUEROA, EOPS/CARE





# STUDENT LED WORKSHOPS







kachele Pitre-Tate

Rachele Pitre-Tate is currently in her 4th semester at Mt. SAC. It has been an amazing experience for her. She is a CARE student and has two children, a 21 and 11 year old. Her major is Sociology with a minor in Art Therapy. She is passionate about art and its ability to heal the whole person. She dreams of having her own Art Studio in the future. One of her favorite artists is Bob Ross, and one of his quotes that she lives by is, "We don't make mistakes. We just have happy accidents."

Join Rachele at this workshop to paint with other student parents. Let's get to know each other while we explore painting skills and creativity. You will get to take your creation with you. All materials will be provided.

**REGISTER: https://bit.ly/carepainting** 

For more information or to request reasonable disability related accommodations, email mhernandezfigueroa@mtsac.edu



# STUDENT LED WORKSHOPS

# You are



## PARENT INSTITUTE

The Parent Institute, hosted by CalWORKs and CARE is an interactive and inclusive leadership experience designed to empower Mt. SAC student parents to embrace their identities, their ability to succeed, and to reach their educational goals. Participants will engage in a social learning environment, which fosters effective parenting skills, promotes effective use of resources, and leads to a journey of self-discovery.

74 Students Registered (49 Attended – 66% Show Rate).

**Over 75 attendees total (staff, alumni, students)** 

## PARENT INSTITUTE

- 89% of participants identified at least one staff person, faculty member or student who shared their experience as a parenting student.
- 100% of participants saw the value in their experience as a parenting student and how it enhanced their education.
- 100% of participants expressed to feel confident in their ability to continue working towards their education goal.

## Mt. San Antonio College PARENT INSTITUTE

The Parent Institute is a leadership experience designed to empower Mt. SAC student parents to embrace their identities, their ability to succeed, and to reach their educational goals.

### FRIDAY, APRIL 8, 2022 9:00 AM - 2:00 PM **BUILDING 13-1700**

### Register by March 25, 2022

RSVP: https://bit.ly/mtsacparentinstitute

### **Special Keynote Speaker** SADE BURRELI

de Burrell is an Associate Professor at San Diego Mesa College and an author of three books. Sade is a mother of two amazing children and works extremely hard to create generational wealth. Miss Burrell has traveled the country impacting lives through her story of resiliency and overcoming obstacles.

For more information or to request reasonable disability related accommodations, contact:

(909) 274 - 6298



parentinstitute@mtsac.edu



"Everything was so amazing I wouldn't miss it in **2023**. All the staff were so amazing and well organized. Let's talk about the breakfast and lunch, I couldn't asked for anything better. Thank you so much for putting this even together for us mountie parents. I am so proud to be a Mountie." – **Parenting Student Attendee** 

This event is sponsored by Associated Students, CalWORKs, & CARE

"I appreciate all the kind gifts and gestures it really made me feel **pampered** as a mom that doesn't get a break. This **allowed** it to be not only rewarding but I appreciate enjoying myself as I was learning and growing as a student and a parent. I shed a tear or two and felt comfortable being vulnerable *in a supportive environment." – Parenting Student* Attendee







*"It (Parent Institute) was very relatable and gave hope* to students who are *parents and are having a challenging time." –* Parenting Student Attendee



"The event was **extremely organized**, **motivating** and **needed**. Thank you to EVERYONE involved. Great job!!" – Parenting Student Attendee











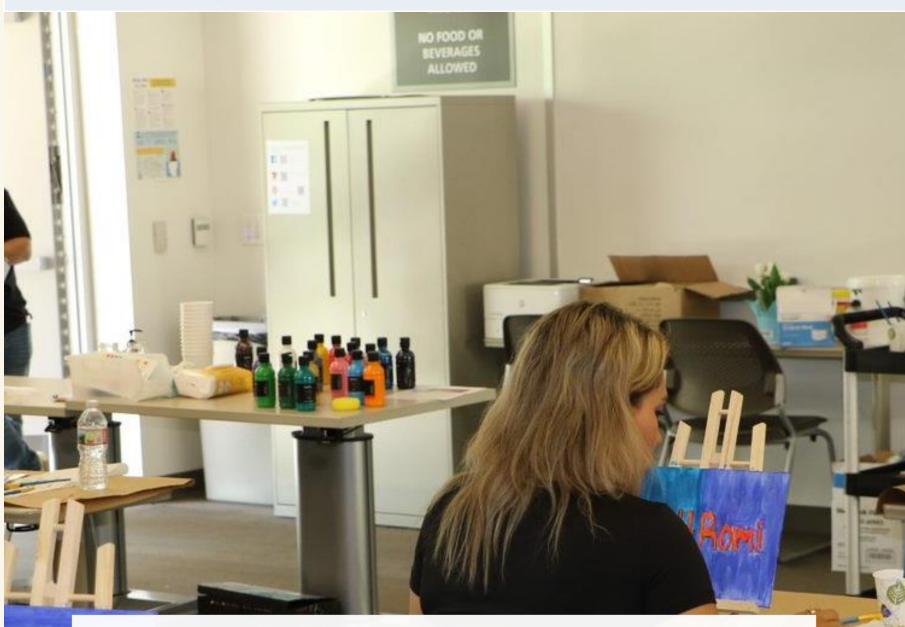








I especially like the workshops. Very enlightening and I learned from each one.



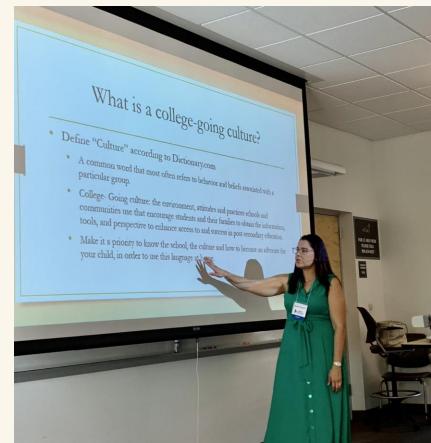
"I especially like the workshops. Very enlightening and I learned from each one." – Parenting Student Attendee "I liked how the event really made me feel **empowered as a student parent** and **capable** of many things. I also really enjoyed the "**painting your mantra workshop**" – Parenting Student Attendee















"...Knowing that we need to keep moving forward no matter how the situation is we just need to finish our goals because it will be all **worth it**... Thank you." – Parenting Student Attendee

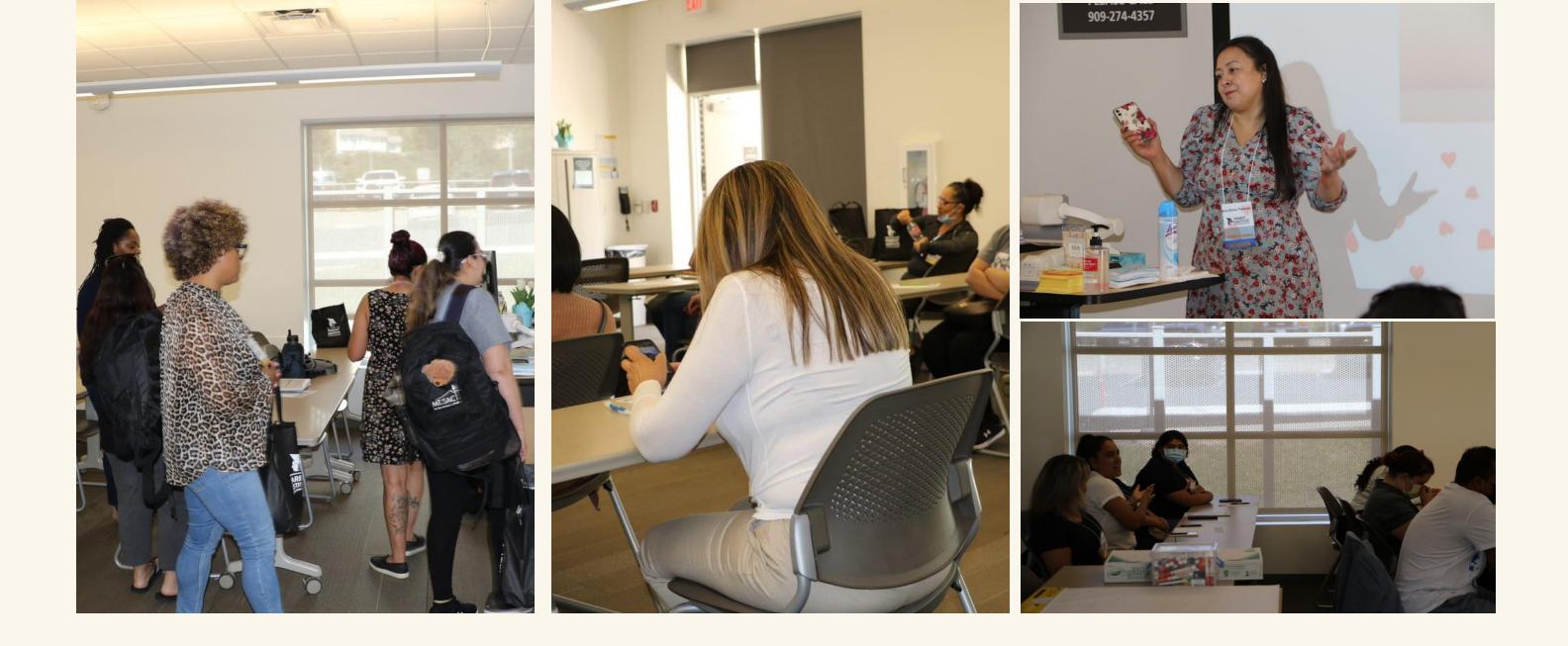


"Hearing the story of others single parents and what they have pursue... motivated me to **continue more** and **face** my obstacles !!" – Parenting Student Attendee









"Parent students are acknowledged, looked at in high regards, and supported in their educational experience." – Parenting Student Attendee

"Parenting with love was a **great experience** and the overall message" – Parenting Student Attendee



## **Parenting Students Alumni Panelist**







**Yvonne** Chamberlain-Marquez

**UC Riverside Women's Resource Center** 

Lucy De Leon

**Executive Assistant to** Mt. SAC VP of Student Services

**Jazmin Garcia** 

Ph.D. Student at

**UC Riverside** 



### **Bianca Ponciano**

**Graduate Student** 

**Azusa Pacific University** 







"The Alumni Panel was awesome and very friendly, welcoming, and *motivational.* " – Parenting Student Attendee



"I feel so empowered and supported by Mt SAC and the CalWORKs / CARE/ EOPS program. Big Shout Out to Maria for her *continue support."* – Parenting Student Attendee

### PARENT INSTITUTE ANTONIO COLLEGE

## **Opportunities for 2023 Parent Institute** Resource Fair (Academic Orgs, non-profit orgs, etc.)

- Longer Lunch Time for Building Connection
- Daycare Options
- Opportunity to attend all workshops
- Alumni facilitated workshops
- More faculty involvement (teaching/academic side)

## Soroptomist Live Your Dream Awards

## Awards for Mt. SAC Students

Chapter	Name
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**Student** 

1	Puente Hills Chapter	EOPS/CARE/CalWORKs	\$1,000
2	OC Collaborative	EOPS/CARE/CalWORKs	\$2,000
3	Puente Hills Chapter	EOPS	\$500
4	OC Collaborative (Pomona/Claremont)	EOPS/CARE	Pending
5	OC Collaborative (Laguna Beach)	EOPS	\$2,500
6	OC Collaborative	Mt. SAC student / Parent of EOPS student	Pending

Program
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### Amount

## PEER NAVIGATOR PROGRAM



# Top: Carlos Romero & Danny Arenas

## Bottom: An Ha, Audrey Jiang, & Jasmine Toms

# Peer Navigator Purpose & Mission

### Who are Peer Navigators?

Peer Navigators are student leaders who provide one-on-one support and direction about college life inside and outside of the classroom. Peer Navigators are assigned to first-year EOPS/CARE students and serve as role models, allies, and advocates.

### **A Peer Navigator is:**

- A guide, academic resource, coach, role model, and friend.
- Knowledgeable about campus resources, policies, and culture.
- Willing to share information, experiences, and accomplishments in a non-competitive way.
- Open, understanding, and approachable.
- Entrusted with facilitating the care, support, and learning of students.

## Peer Navigator Training

## Mt. SAC Title IX

















# Cohort Data: Spring 2021 Entire PN Program

Cohort	0 Counseling Contacts	1 Counseling Contact	2 Counseling Contacts
Spring 2021	2	11	34
	0 Contact =	1 Contact =	2 Contacts =
	Less than 1 %	04%	15%

### 3 Counseling Total Mentees Contacts

188

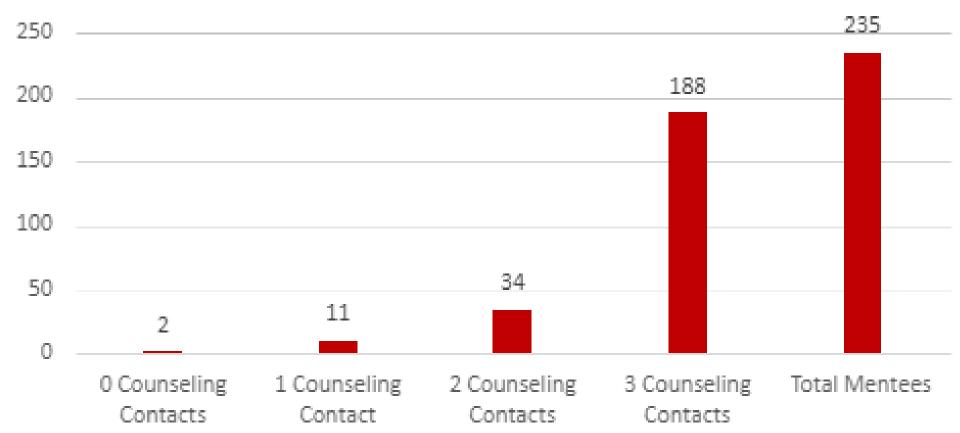
235

3 Contacts = 80%

2 or more Contacts = 95%

# **Cohort Data: Spring 2021 Entire PN Program**

### PEER NAVIGATOR - SPRING 2021 COHORT LIST



# Cohort Data: Fall 2021 Entire PN Program

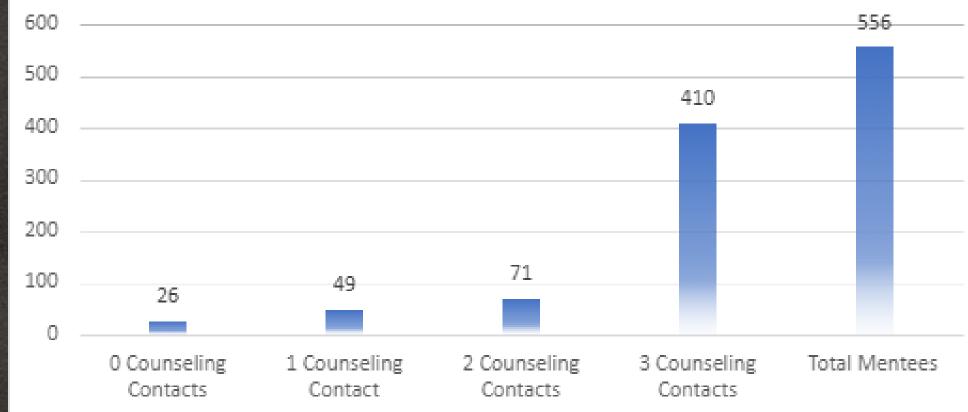
Cohort	0 Counseling Contacts	1 Counseling Contact	2 Counseling Contacts
Fall 2021	26	49	71
	0 Contact = Less than 4%	1 Contact = 9%	2 Contacts = 13%

3 Counseling<br/>ContactsTotal Mentees410556

3 Contacts = 2 or more 74% Contacts = 87%

# Cohort Data: Fall 2021 Entire PN Program

### PEER NAVIGATOR - FALL 2021 COHORT LIST



## Cohort Data: Spring 2021 & Fall 2021 Entire PN Program

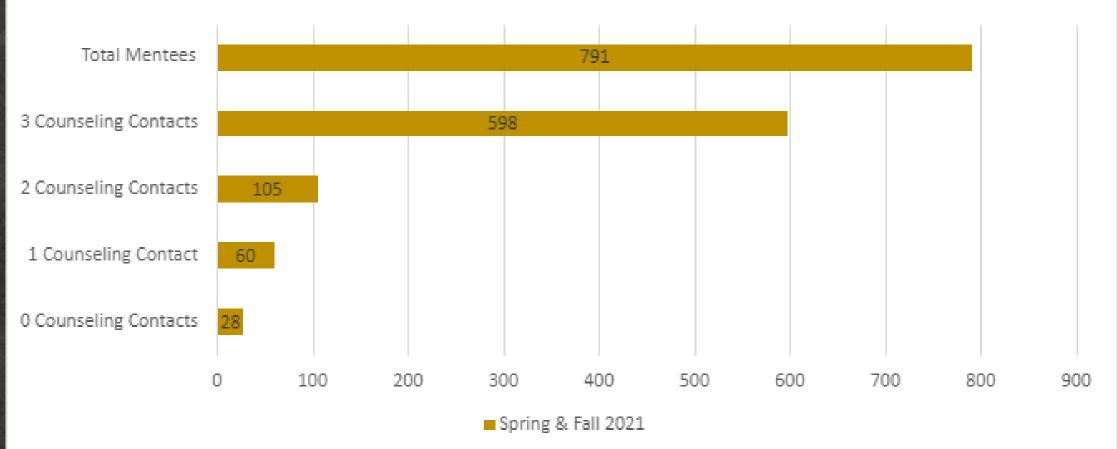
Cohort	0 Counseling Contacts	1 Counseling Contact	2 Counseling Contacts
Spring & Fall 2021	28	60	105
	0 Contact = Less than 3%	1 Contact = 8%	2 Contacts = 13%

### 3 Counseling Total Mentees Contacts 598 791

3 Contacts = 2 or more 76% Contacts = 89%

# Cohort Data: Spring 2021 & Fall 2021 Entire PN Program

### PEER NAVIGATOR - FALL & SPRING 2021 COHORT LIST



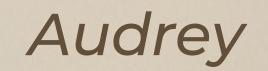
# Cohort Data: Spring 2022 Entire PN Program

### An

Spring '21 Cohort = 48

Fall '21 Cohort = 107

Spring '22 Cohort = 141



Spring '21 Cohort = 47 Fall '21 Cohort = 123 Spring '22 Cohort = 143

### Carlos

Spring '21 Cohort = 47 Fall '21 Cohort = 107 Spring '22 Cohort = 141



Spring '21 Cohort = 46 Fall '21 Cohort = 103 Spring '22 Cohort = 133

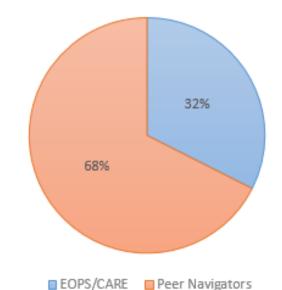
Danny

Spring '21 Cohort = 47 Fall '21 Cohort = 116 Spring '22 Cohort = 140

## Cohort Data: Spring 2022 Entire PN Program

Spring 2022	Student
EOPS/CARE – Non-Cohort	
Peer Navigators - Cohort	
Total	







## Cohort Outcomes: An Ha

### An's mini achievements:

- Cohort consistently reach out via text messages & emails
- Work with a few students in person to apply to HEERF funds and Cal FRESH applications
- Recruit a few CARE students to receive additional services
- Help a student get involved in Associated Students
  - ICC Co-Chair elect

### messages & emails apply to HEERF

e additional services ted Students

## **Cohort Outcomes: Carlos Romero**

## **Carlos' Achievements:**

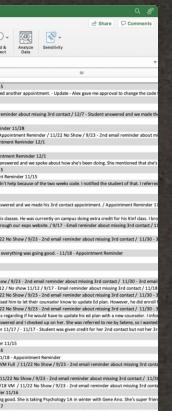
- Communicated via email, text, phone call, zoom, in-• person.
- Supported students with applying for other programs, resources, and services.
- Supported students with applying for a Laptop loan, HEERF Funds, Cal FRESH, and Scholarships.
- Met one-on-one with students. •
- **Encouraged students on how to get involved on campus.** •

# Cohort Outcomes: Carlos Romero

## **Notes Examples:**

- 3/8 PN introduction | 3.8 Student reached out wanting resources to help. I helped them request a laptop loan and emergency grant. Referred them to Basic Needs, Food Pantry, and scholarships. | 4/7 I called \_\_\_\_\_ and she said she was struggling with her English class. She's an ACCESS student so I told her if she needs more accommodations to request them through ACCESS. I also encouraged her to go to the writing center && attend her professor's office hours. She will also stop by our office to get a backpack.
- 3.8 Students reached out via email to express how they are 31 weeks pregnant yet are considered high-risk patients owing to pregnancy-related health complications and are unable to work due to limitations. The student stated that their family had financial difficulties, and they were forced to move in with relatives. Additionally, they have food/gas insecurities. The student is part of the DREAM Act but is not eligible for "EBT." Furthermore, they have a pending case involving carecen law and the DREAM program. After contacting Sam, we connected via Zoom, and I was able to assist her with submitting an emergency grant application and referral. Also, I helped her in submitting her scholarship application. Sam did mention, however, that she was made aware of an SWD flag through financial aid. Alex recommended that Sam contact the financial aid department to request an update. Moreover, I supported the submission of the Basic Needs intake form for assistance with shop cards (i.e., gas cards and Target) since the student indicated they would benefit from it during these difficult times. Also, we scheduled a meeting with Rigo. And I counseled Sam on the food pantry and ACCESS. I will send a follow-up email with all of the further information links.

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# PN-led 2nd Group Counseling Sessions

## What is the purpose?

Each session is led by a Peer Navigator to facilitate a 2nd group counseling contact for eligible students. They had the opportunity to join a safe space to discuss their mid-semester academic/personal progress with an EOPS/CARE counselor and students. These sessions also allowed students to receive credit for their 2nd contact requirement. Sessions were facilitated on Zoom with an exception of an in-person event done on Halloween. Students were encouraged to schedule a one-on-one appointment with an EOPS/CARE counselor for confidential questions.

## **Eligibility requirements:**

- Must met with an EOPS/CARE or CalWORKs counselor for 1st counseling contact
- Passing all classes with a C or better

What are the outcomes? (Next Slide)



## PN-led 2nd Group Counseling Sessions: Data for Spring 2022

One Peer Navigator One Counselor One Support Staff

Student Capacity: 25 students

Zoom Appointments: 11 sessions In-person Appointments: 6 sessions Total: 17 sessions

Total RSVPs: 21 students Total Attended: 9 students

#### Zoom

- 1. Mon, April 18 at 4:30 5:30 pm
- 2. Tues, April 19 at 1:30 2:30 pm
- 3. Wed, April 20 at 10:00 11:00 am or 3:30 4:30 pm
- 4. Thurs, April 21 at 10:00 11:00 am or 12:00 1:00 pm

#### Zoom

1. Mon, April 25 at 3:30 - 4:30 pm 2. Thurs, April 28 at 1:00 - 2:00 pm or 4:30 - 5:30 pm 3. Fri, April 29 at 9:00 - 10:00 am or 2:00 - 3:00 pm

#### EOPS/CARE Peer Navigator and counselor-led group counseling sessions

#### In-person

- 1. Mon, April 18 at 12:00 1:00 pm
- 2. **Tues, April 19 at 9:00 10:00 am**
- 3. Tues, April 26 at 9:00 10:00 am or 12:00 1:00 pm
- 4. Wed, April 27 at 10:00 11:00 am or 3:00 4:00 pm

# **PN Activities Highlights**

**FA** 21

**REUNITED & REIGNITED:** A WELCOME BACK BBQ

**FA 21** 

#### HALLOWEEN SOCIAL EVENT: PUMPKIN DECORATIONS

**SP** 22

FA

**FA** 21

### 2021 CCCEOPSA CONFERENCE PRESENTATION:

TRANSFORMATIVE EXPERIENCE THROUGH A STUDENT-AUTHORED WELCOME DAY EVENT

Carlos Romero, An Ha, & Audrey Jiang presented a blueprint and strategies we used to implement an interactive Welcome Back Day in Fall 2021. **SP** 22

## READY, SET, GAME NIGHT HOLIDAYS SEASON

### **READY, SET, GAME NIGHT** MIDTERM SEASON

Peer Navigators provided a space for students to de-stress and play games during midterms.

## **CAMPUS TOUR SERIES**

CSUF, CPP, & APU

We toured 3 local campuses throughout April to learn about their transfer options, support services and programs at a 4-year university.













## **PN Activities Gallery: Tours**

"Thank you very much for inviting me on a very informative and very enjoyable field trip! I had a beautiful day!!"

"I walked away with a great support system of students and staff"

"I really fell in love with this campus. This tour helped me want to get out of my comfort zone and apply to this school"

"It made me realize how much support we will have when we transfer"



## **PN Activities Gallery:** Ready, Set, Game!





# **Goals for PN Program Fall 2022**

- 3 Peer Navigators will be graduating this spring semester, so we will hire new student employees and expand the program.
  - Total New Hires for Fall 2022: 5-10
- Update and increase our cohorts with summer/fall applicants
- Continue to provide hands-on training  $\bullet$
- Work on balancing our weekly PN Team meetings and PN activities •
- Present at the 2022 Fall CCCEOPSA Conference
- Strengthen our relationships and collaboration (events & volunteer) with other Mt. SAC programs and services



# PEER NAVIGATOR Q&A Any questions or comments?



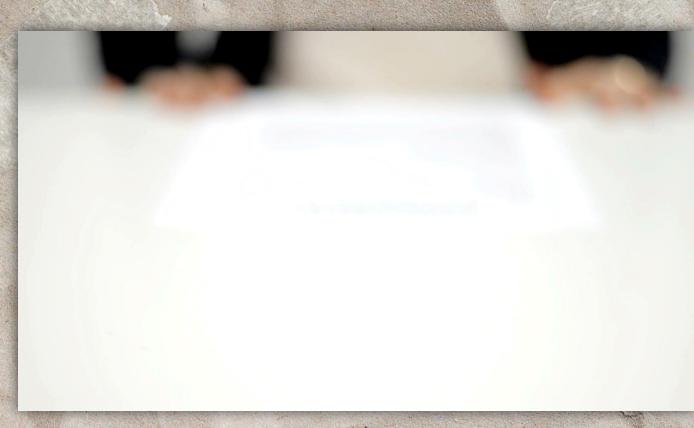
# EOPS/CARE Mutual Responsibility Agreement (MRA)

## **Smart Sheet - EOPS/CARE Mutual Responsibility Agreement**

- MRA "is a binding document in which both parties, the EOPS program and student, must agree to the terms and conditions of the contact." Intended level of involvement and commitment. o What services the student may receive, roles, responsibilities and expectations.
  - Contract must be signed. Indicating agreement and understanding of terms and conditions.

## **EOPS/CARE** Mutual Responsibility Agreement (MRA) MRA's are provided and reviewed during each EOPS/CARE Information

- Sessions.
  - Student's go over the MRA with an EOPS/CARE Counselor. • Students access the form via Smart Sheet. Once signed electronically EOPS/CARE director approves it and student
    - receives a copy via email.



# EOPS/CARE Mutual Responsibility Agreement (MRA)

**Smart Sheet - EOPS/CARE Mutual Responsibility Agreement** 

**Microsoft Word Draft – EOPS/CARE Mutual Responsibility Agreement** 

# Committee Announcements

# HANK OU: for listening!

evei

