

**M**ountie  
**A**cademic  
**P**lanning



**My First-Semester Plan  
Workshop**





# Introductions

**Introduce yourself to your neighbor and share the following:**

- 1) What do you hope to learn today?
- 2) What are you looking forward to at Mt. SAC?

# Before We Begin...

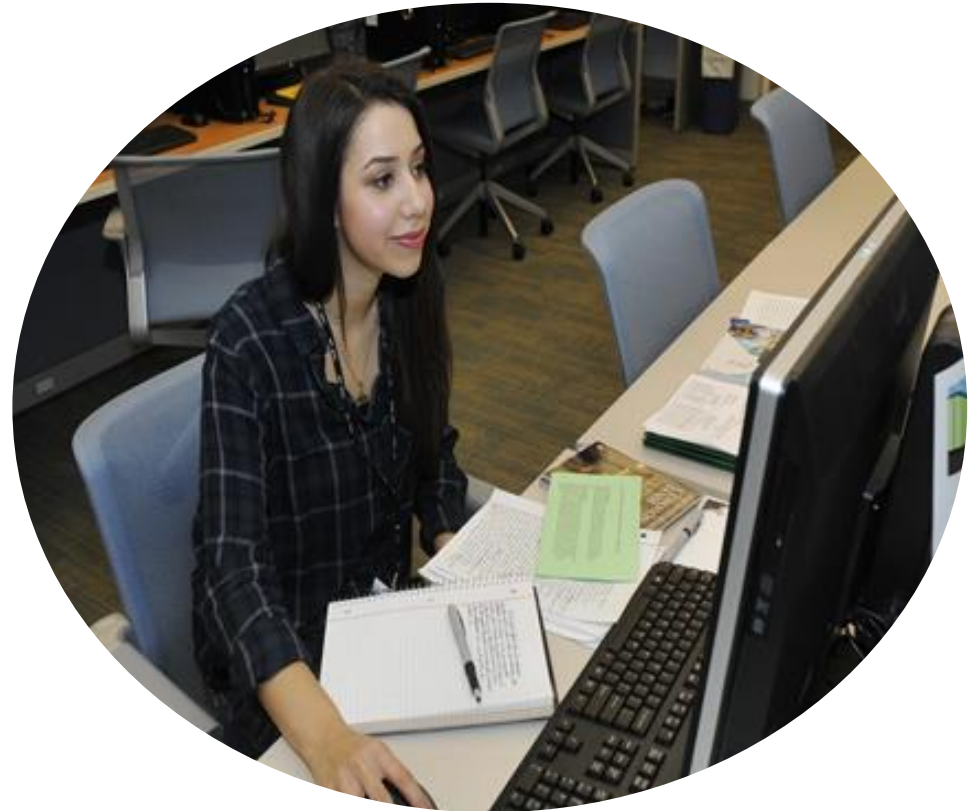
## 4 Steps to **ADD** courses and **IMPROVE** Registration Date:

**STEP 1:** Apply to Mt SAC for the semester or term you want to add courses

**STEP 2:** Complete online New Student Orientation (NSO)

**STEP 3:** Complete online English & Math assessment

**STEP 4:** Complete Mountie Academic Planning Workshop  
**(YOU are HERE) 😊**



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# Agenda

- Learn about the different educational options available at Mt SAC including Certificates, Associate degrees, and transfer preparation to a 4-year institution
- Learn about majors offered at Mt SAC
- Learn about the Associate, CSU and UC (IGETC) general education patterns
- Complete a first-semester course plan (MAP) based on your educational goal




Thank you for selecting  
**Mt SAC**

to start your educational journey!

Why your decision is  
the right one...

[MAJORS & CAREERS](#)



Turn & Talk

Tell your  
neighbor what  
you learned from  
the video



# **65% of jobs require more education after high school including:**

- \* Certificates**
- \* Associate's Degrees**
- \* Bachelor's Degrees**
- \* Graduate Degrees.**



Certificates

Associate  
Degrees

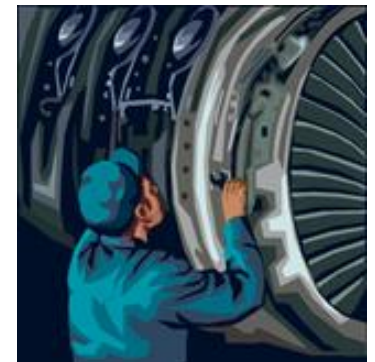
Transfer  
(Preparation)

**Educational Options**



# Certificates

- Mt SAC offers over 90+ certificates:
  - Child Development
  - Welding
  - Personal Trainer
  - Accountant
  - Aircraft Maintenance
  - Air-Conditioning and Refrigeration
  - Drafting
  - And many more...
- Provides entry-level job training and skill building.
- Are course specific-generally, general education courses are not required.



# Associate Degrees: 4 Types

## Associate of Science (AS)

- a two-year occupational degrees that prepare students for a variety of career and technical fields.

## Associate of Arts (AA)

- a two-year degree in Liberal Arts and Sciences that provide for broad exploration of a specific area of emphasis.

## Associate of Arts or Science- Transfer (AA-T/AS-T)


- designed to provide students with a seamless transition for transfer with junior standing somewhere in the CSU system (e.g. Cal Poly Pomona, CSU Fullerton, CSU Long Beach, etc.)

# Transfer

- If your goal is to obtain a 4 year Bachelor Degree, you can take courses at Mt. SAC to prepare for transfer to a 4 year university.
- You can potentially finish the first half of the Bachelor Degree requirements at Mt. SAC and finish the last half at the university.
- Classes for transfer include major preparation and general education.

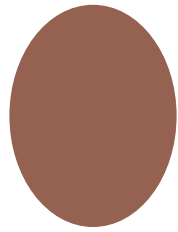
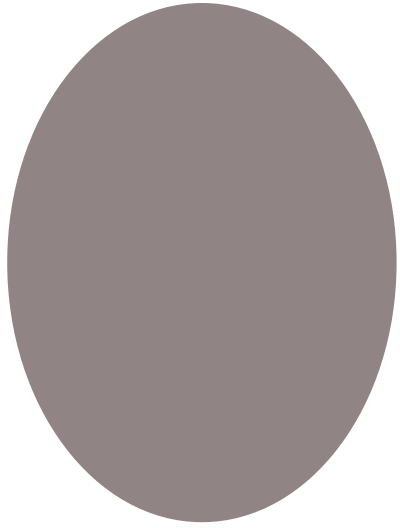




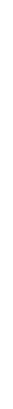


# Turn & Talk

Share with your  
neighbor what  
you learned from  
this video.



# Career and Major



# What is the difference?

## MAJOR

is made up of a set of **classes** you need to take to meet the major requirements of a certificate or degree.

For example, a Child Development major would need to take a specific set of classes related to Child Development.



## CAREER

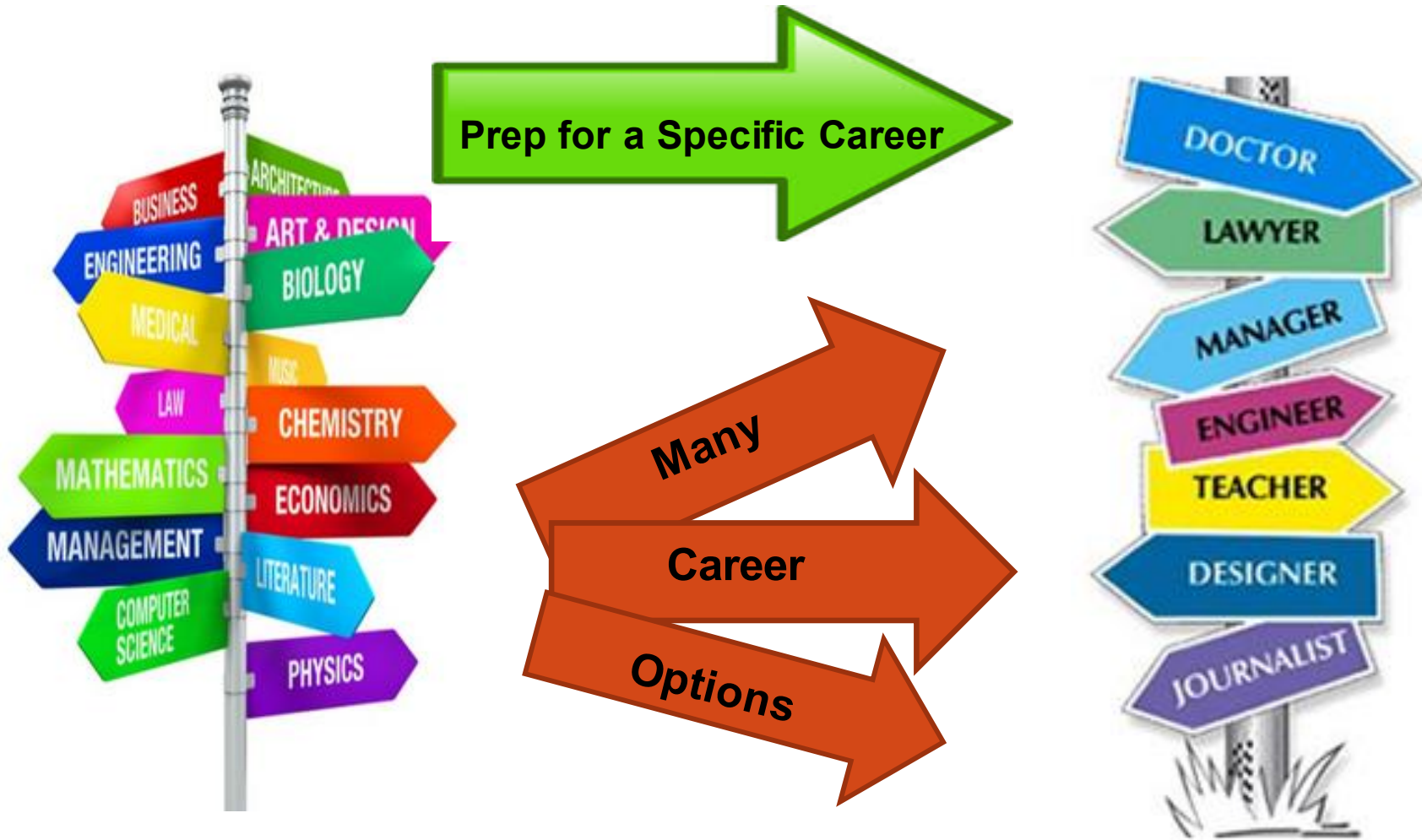
is the **job you work at**. It may be directly related to your major or not connected at all.

Some careers require a degree or certificate in a specific major... for example, nursing or engineering. Other careers for example, jobs in Education, Nonprofits, Government and Business, may be able to utilize a variety of majors.



# MAJOR

# CAREER





# What major will I need to study to become a ...

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**Nurse**



# What major should I study if want to be a...

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**DOCTOR**



# Time to Take a Career & Major Readiness Survey

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## Career and Major Survey



This short survey is designed to help us better serve your needs for major planning and career planning.

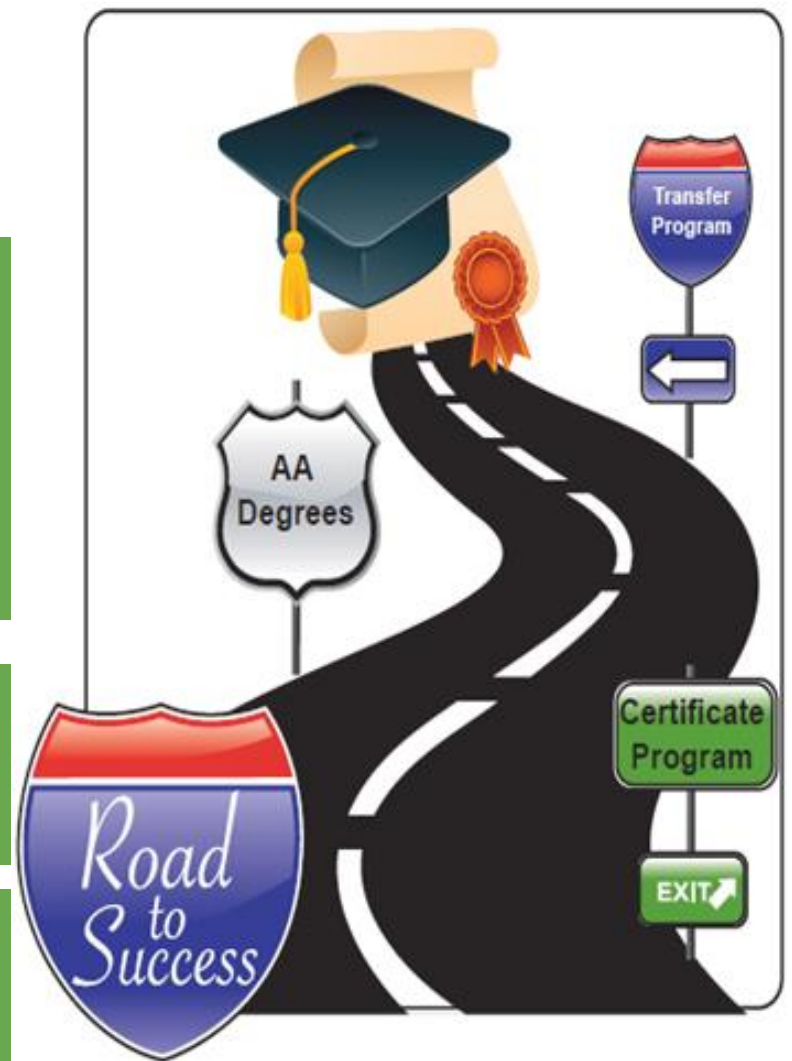
[Begin the Survey!](#)

# Keep in mind while taking this survey...

This survey is meant to serve as a starting point for your career exploration and helps us to identify services that may help you achieve your goals. It does not affect your classes.

There are no right or wrong answers. It is okay to be completely honest.

If you cannot find your major, then ask a Counselor for assistance

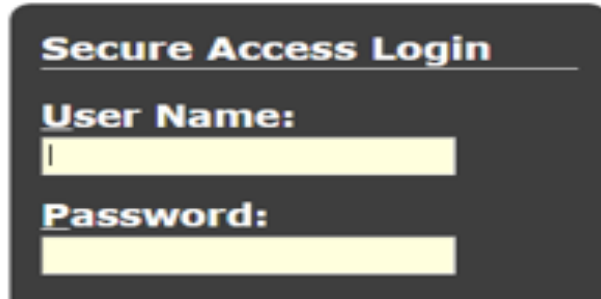


# Career Readiness Survey

## STEP 1:

Login to your Mt. SAC portal at:

[inside.mtsac.edu](http://inside.mtsac.edu)



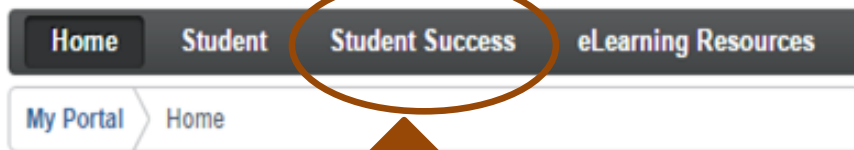
Secure Access Login

User Name:

Password:

## STEP 2:

Click on “Student Success” Tab



## STEP 3:

Locate the Career and Major Survey and click on “Begin the Survey”



# Write Results on your MAP Form

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

## MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)

### Student Status:

- New
- Returning
- Previously attended another college

This abbreviated student educational plan provides first semester course options that reflect your academic goal.

Note: By the 6<sup>th</sup> week of your first semester, you are encouraged to make an appointment with a counselor to create a comprehensive educational plan. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor), or by calling (909) 274-4380.

### Primary Academic Goal:

- Certificate
- Associate's Degree
- Transfer

### Have you chosen a major?

Yes, my major is \_\_\_\_\_

I have ideas, but I'm still exploring. My ideas are:

\_\_\_\_\_

\_\_\_\_\_

I have no idea what to major in

### Have you chosen a career goal?

Yes, my goal is to be a \_\_\_\_\_

I have ideas, but I'm still exploring. My ideas are:

\_\_\_\_\_

\_\_\_\_\_

I have no idea what my career goal is.

Name:	Joe Mountaineer
Student ID:	A00000000
2. Choose Your Education Goal:	Associate Degree
3.1. What best describes you in terms of the program you are interested in pursuing?	1. I know what associate degree I want to pursue.
3.1.1. Choose from the list of associate degree available at Mt.SAC:	AS - S0502 - Accounting AS Degree
4.1 What best describes you in terms of the career goal you are interested in pursuing?	1. I have chosen a career goal.
4.1.1 Please share your career goal:	Accountant
5.1 Would You Like Additional Help Making Decisions About Your Major Or Career?	N
6. Survey Completed:	Y
7. Date:	31-JAN-18

# Unsure? Uncertain? Undecided?

## Major Exploration Career Choices

Workshops available.

Sign up today!

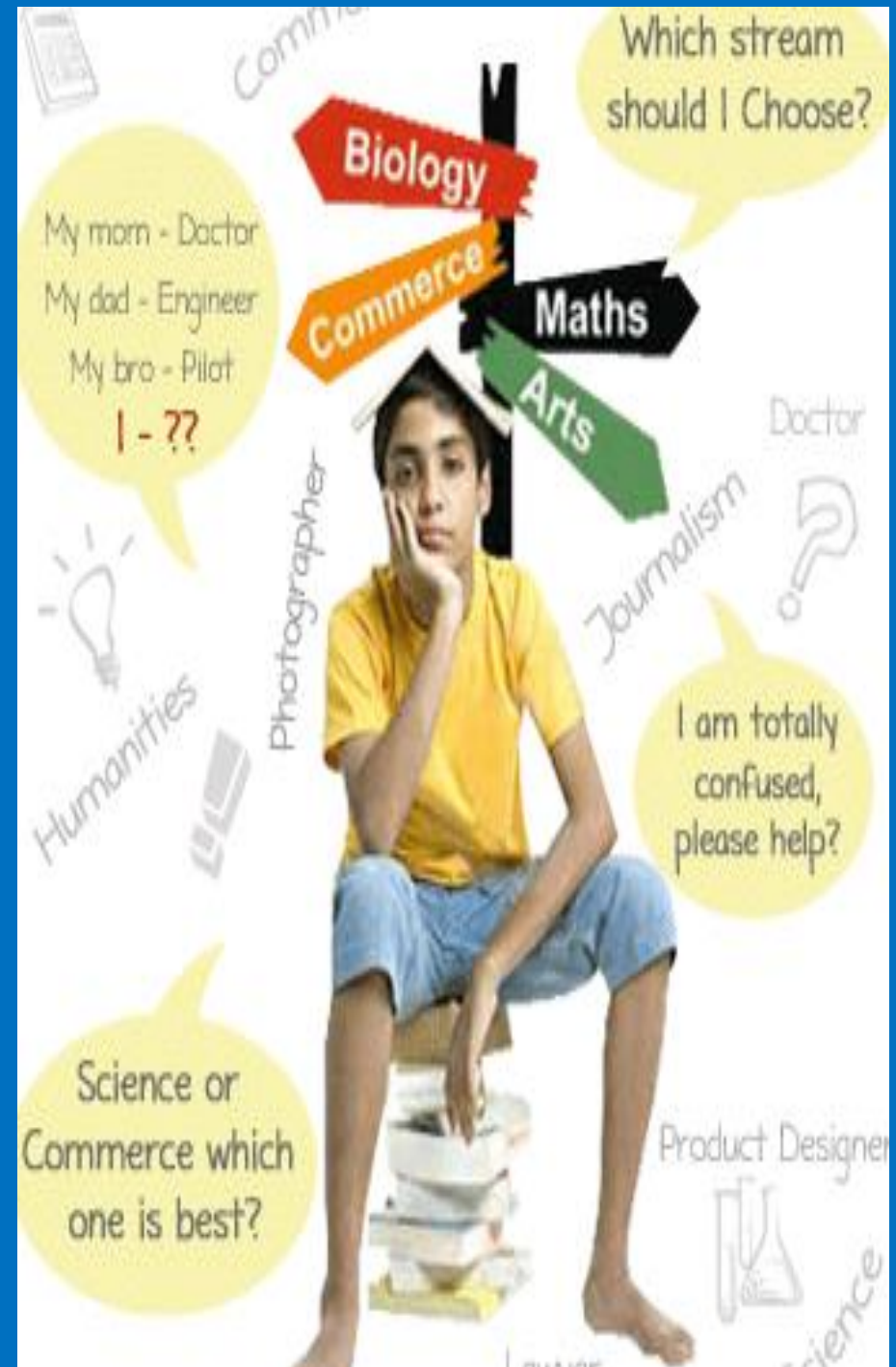
Contact the Counseling Dept.  
at (909) 274-4380



**Not sure** what to **major** in? Trying to figure out what you are going to do with your life? Undecided as to what would be the **best career** for you?

Attend this small group workshop where you can get the learning tips, tools and techniques to help you get from undecided to **career-focused**.

Reasonable accommodations such as sign language interpreters, print materials in alternate formats and/or mobility assistance can be provided upon request. Please request any necessary services at least 7 days in advance.



# Time To Take *Another* Assessment

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**Please have your high school  
transcript ready to reference  
for this assessment questionnaire**





# ONLINE ASSESSMENT QUESTIONNAIRE MESSAGE

- Uses high school cumulative G.P.A. and successfully completed math and English coursework
  - Use high school transcripts to enter information.
  - Can only be **completed one time**, so enter information carefully
  - If you believe that your assessment is not accurate, then speak with a counselor during the advisement breakout.

# ASSESSMENT RESULTS...



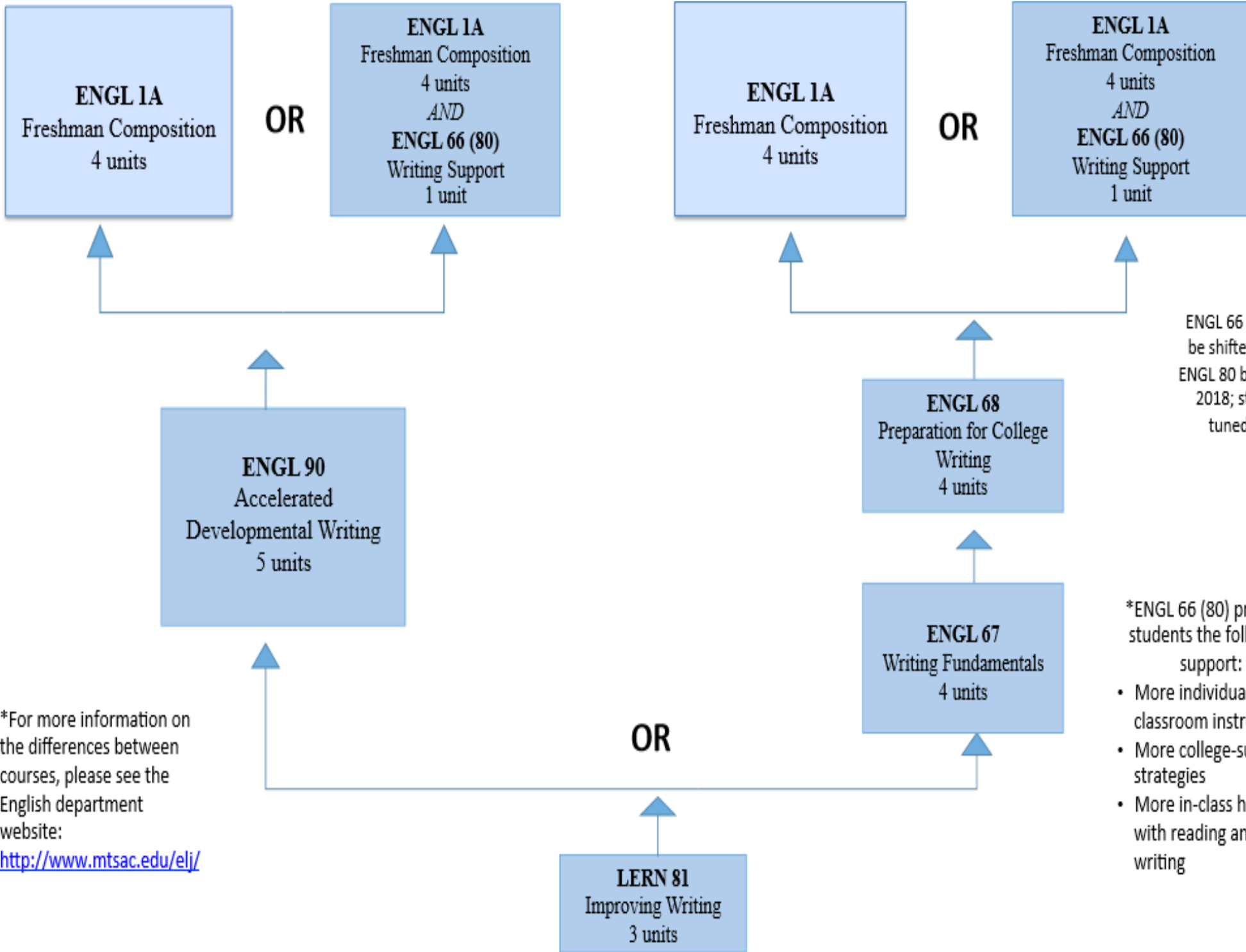
- Are **important** first-semester courses, and **recommended** that they be taken each semester
- Are clear **prerequisites\*** for many major and general education classes.
- Are common **prerequisites** for specific courses (e.g. PSYC 1A) that must be completed before another course may be taken.

# Understanding YOUR



## Placement Results

**Please have your  
1<sup>st</sup> Semester Plan ready to  
WRITE DOWN assessment results**



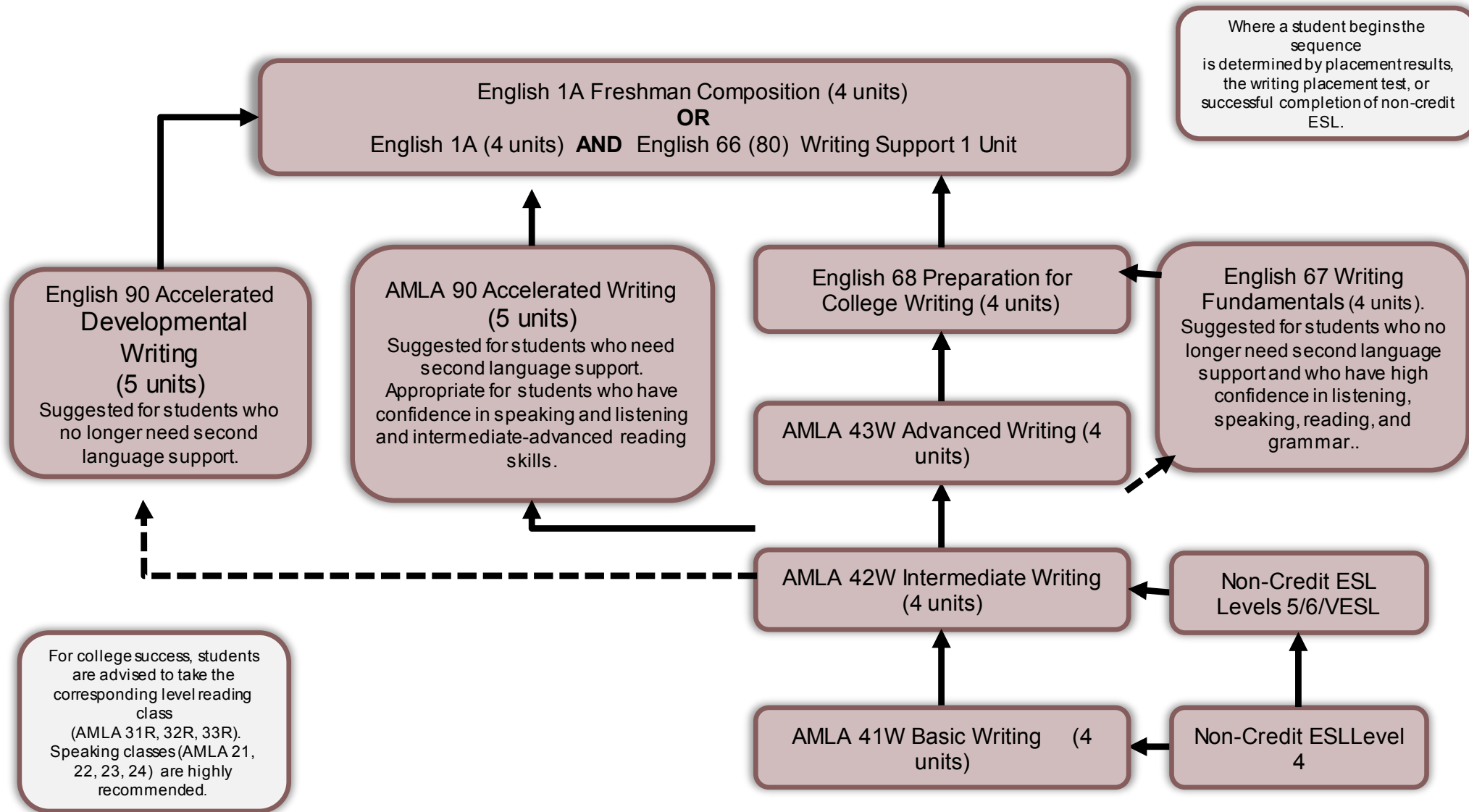
ENGL 66 may be shifted to ENGL 80 by Fall 2018; stay tuned.

- \*ENGL 66 (80) provides students the following support:
- More individual classroom instruction
  - More college-success strategies
  - More in-class help with reading and writing

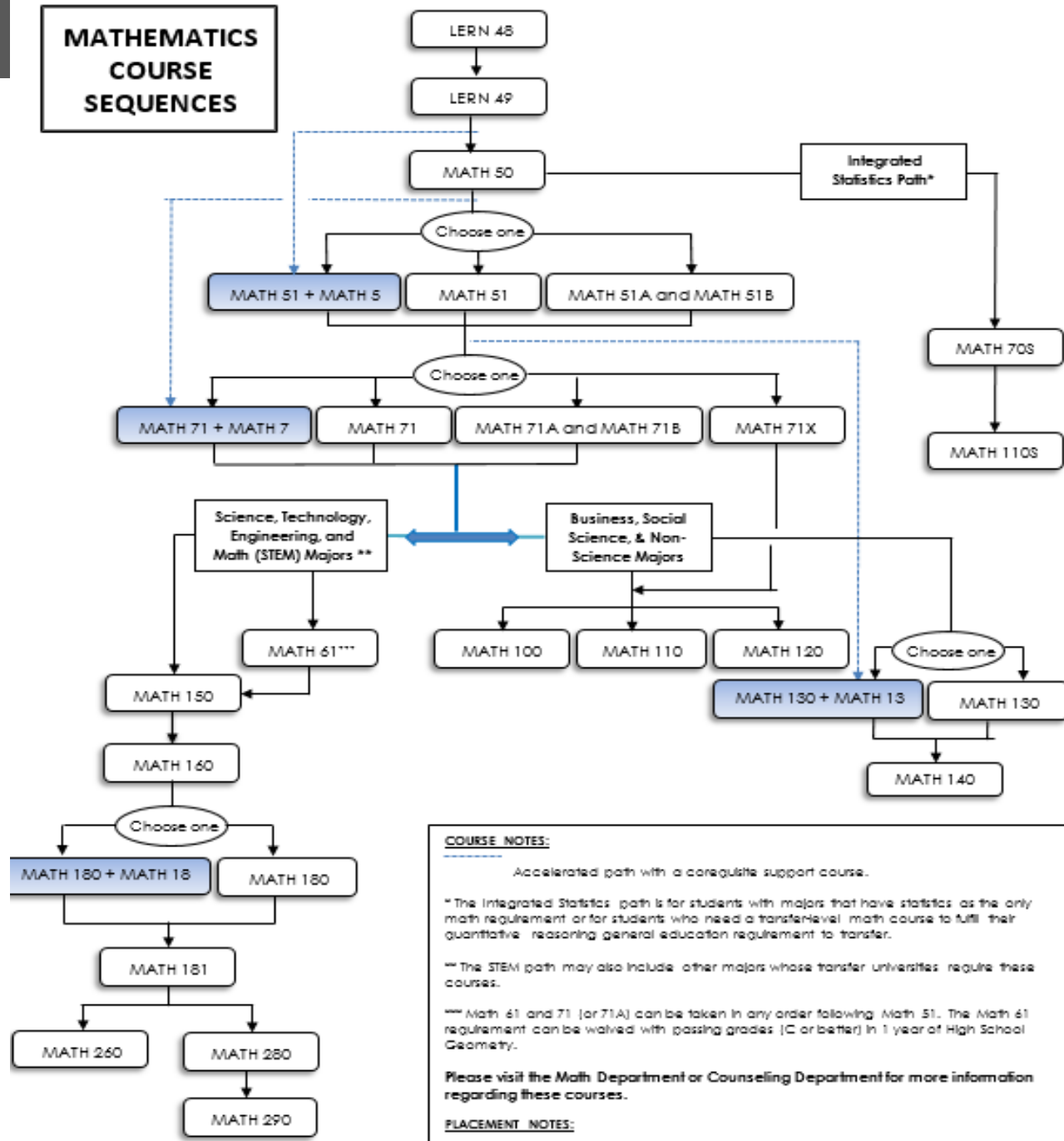
\*For more information on the differences between courses, please see the English department website:  
<http://www.mtsac.edu/elj/>

Where a student begins the sequence is determined by placement results from high school GPA or the writing placement test.

# College Writing Requirement for Students Whose First Language is not English



# MATHEMATICS COURSE SEQUENCES



**COURSE NOTES:**

Accelerated path with a corequisite support course.

\* The Integrated Statistics path is for students with majors that have statistics as the only math requirement or for students who need a transfer-level math course to fulfill their quantitative reasoning general education requirement to transfer.

\*\* The STEM path may also include other majors whose transfer universities require these courses.

\*\*\* Math 61 and 71 (or 71A) can be taken in any order following Math 51. The Math 61 requirement can be waived with passing grades (C or better) in 1 year of High School Geometry.

Please visit the Math Department or Counseling Department for more information regarding these courses.

**PLACEMENT NOTES:**

Students may place directly into Math 180, 181, or 280 with the proper Advanced Placement scores.

Please visit the Math Department or Assessment Center for information regarding placement exams for other Math courses.

The Math Department is located in Building 61 Room 1622. The Counseling Department and the Assessment Center are located in Building 98.

# Reading Competency for Associate Degree

## READING PLACEMENT TEST

### Why take a READING CLASS your first-semester?

- Improves comprehension
- Supports reading across disciplines (STEM & non- STEM)
- Enhances critical thinking
- Expands vocabulary
- Promotes interaction with text

**READ 70**  
Approaches to Reading  
(3 units)

**READ 80**  
Exploring Reading Strategies  
(3 units)

**READ 90**  
(3 units)  
Reading College Text  
Grade of "C" or better in READ 90  
meets AA/AS degree competency

**READ 100**  
Analysis and Critical Reading  
(3 units)

- Eligibility for READ 100 meets AA/AS degree competency
- CSU-GE Transferrable in Critical Thinking

# On Your 1st Semester MAP

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

## MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)

### Student Status:

- New
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- Previously attended another college

**This abbreviated student educational plan provides first semester course options that reflect your academic goal.**

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## Write Down

Math, English, and Reading Placement:

Math  
~~~~~

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English  
~~~~~

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Reading: (for AA or AS only)  
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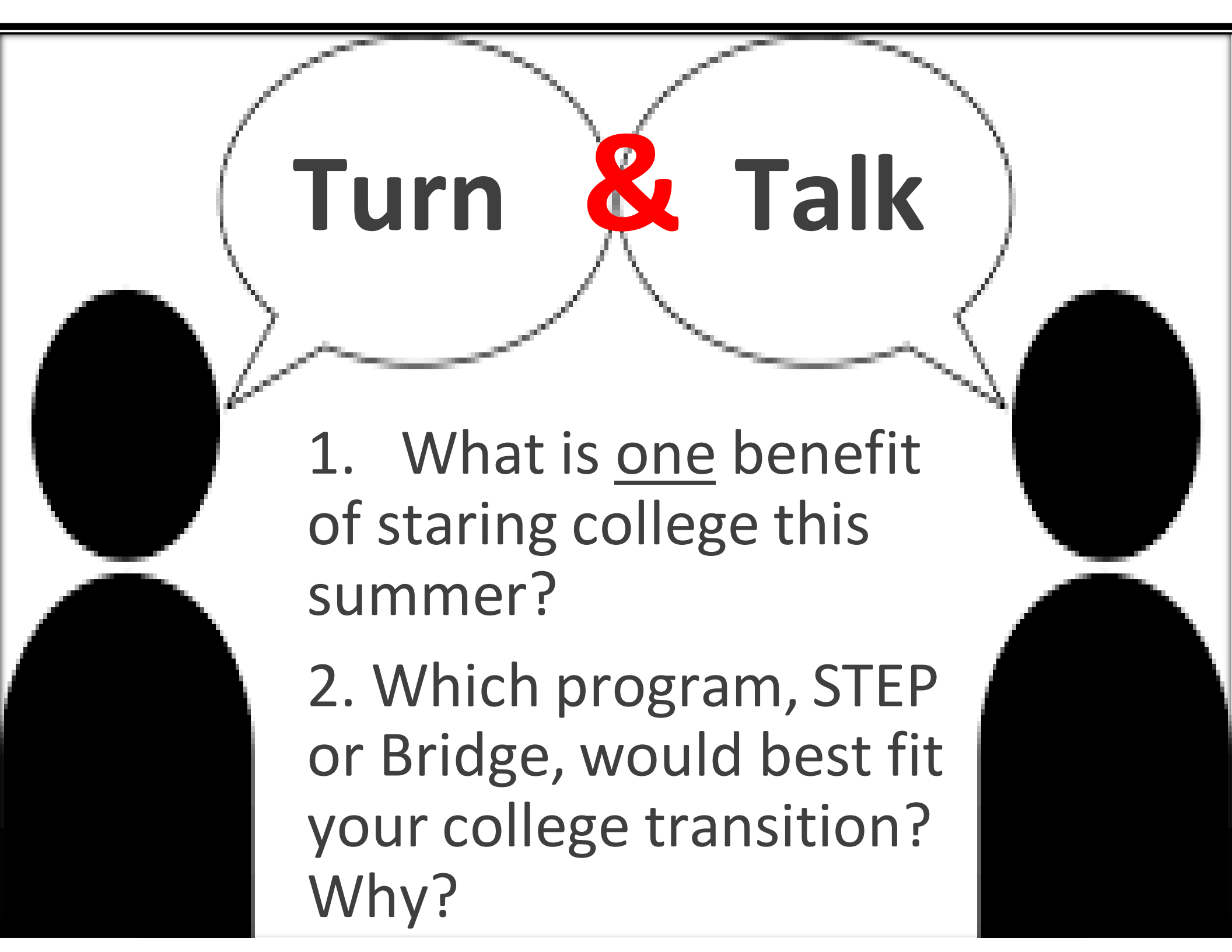
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# What will you doing this summer?

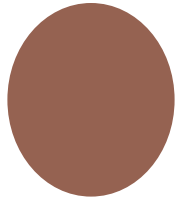
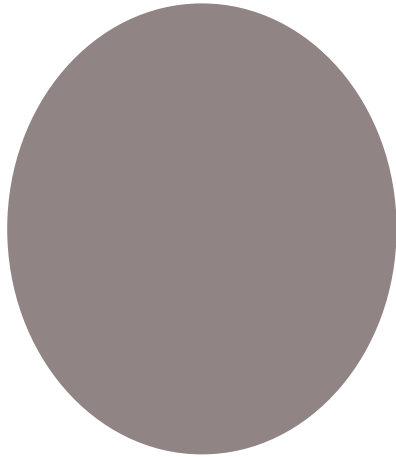
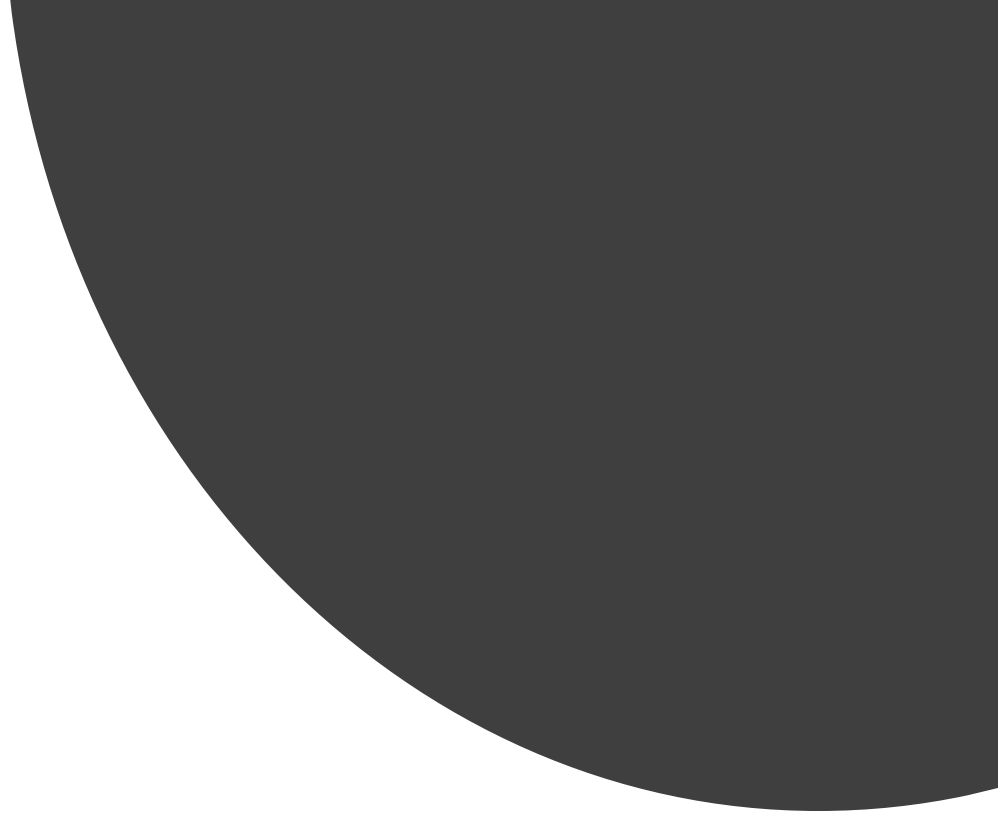


<https://www.youtube.com/watch?v=X8iDYMskMs0>



# Turn & Talk

1. What is one benefit of starting college this summer?
2. Which program, STEP or Bridge, would best fit your college transition? Why?



Time to Develop  
Your  
First Semester Plan

# College Terms to Know

**Prerequisite**—A course or test score required **BEFORE** enrolling in a course.

**Advisory**—A course which is highly recommended **BEFORE** enrolling in a course.

**Co-requisite**—A course that must be taken simultaneously in order to enroll in another course.

## Course Reference

**Number (CRN)**—A unique 5 digit number assigned to a specific course

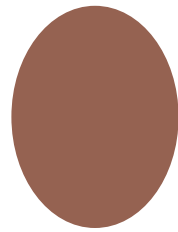
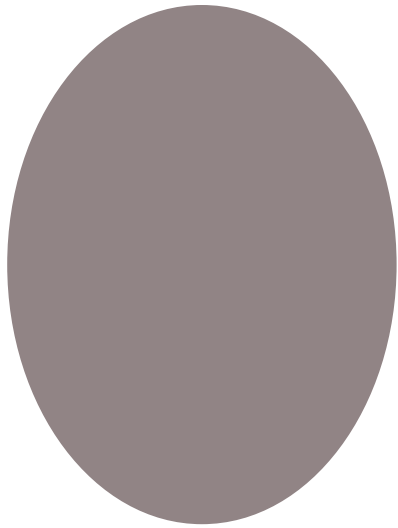
| PSYCHOLOGY                                                                                                                                                                                                                                                                                                                                  |            |                        |                  |               |                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------------------------|------------------|---------------|------------------------------------------------|
| ■ <b>PSYC 1A — Introduction to Psychology</b><br>(C-ID PSY 110)                                                                                                                                                                                                                                                                             |            |                        |                  |               | <b>3.0 Units</b><br>Degree Applicable, CSU, UC |
| <i>Prerequisite: Eligibility for ENGL 1A</i>                                                                                                                                                                                                                                                                                                |            |                        |                  |               |                                                |
| <i>Advisory: Eligibility for READ 100 or completion of AMLA 33R</i>                                                                                                                                                                                                                                                                         |            |                        |                  |               |                                                |
| Psychological approaches to the study of behavior and mental processes.                                                                                                                                                                                                                                                                     |            |                        |                  |               |                                                |
| 30286                                                                                                                                                                                                                                                                                                                                       | MTW        | 7:30am - 10:10am       | Couch, A         |               | 26A-2670                                       |
| 30287                                                                                                                                                                                                                                                                                                                                       | MTW        | 10:30am - 1:10pm       | Nolan Marion, M  |               | 26A-2891                                       |
| 30288                                                                                                                                                                                                                                                                                                                                       | MTW        | 10:30am - 1:10pm       | Sabet, S         |               | 26A-2831                                       |
| 31195                                                                                                                                                                                                                                                                                                                                       | TWTh       | 1:20pm - 4:00pm        | STAFF            |               | 26A-1831                                       |
| <b>30462</b>                                                                                                                                                                                                                                                                                                                                | <b>MTW</b> | <b>7:00pm - 9:40pm</b> | <b>Martin, G</b> |               | <b>26A-2670</b>                                |
| 30365                                                                                                                                                                                                                                                                                                                                       |            | arrange                | 9 hours          | Ano, G        | ONLINE                                         |
| <b>NOTE: CRN 30365</b> is a Distance Learning Online Class.                                                                                                                                                                                                                                                                                 |            |                        |                  |               |                                                |
| <b>How to Begin Course:</b> Log into Moodlerooms through <a href="http://myportal.mtsac.edu">http://myportal.mtsac.edu</a> and click on CRN for your DL course. <b>NOTE:</b> Some courses may not be activated until the start of the term. If you cannot locate your DL course in Moodlerooms when the term starts, contact the professor. |            |                        |                  |               |                                                |
| <b>Professor contact info:</b> Email Professor Ano at either: <a href="mailto:GAno@mtsac.edu">GAno@mtsac.edu</a> , through Student Detail Schedule or Moodlerooms at MyMtSAC Portal.                                                                                                                                                        |            |                        |                  |               |                                                |
| <b>Students must use their Mt. SAC e-mail account and be aware of course commitment and student expectations described at <a href="http://www.mtsac.edu/instruction/learning/distlearn/">http://www.mtsac.edu/instruction/learning/distlearn/</a></b>                                                                                       |            |                        |                  |               |                                                |
| 30366                                                                                                                                                                                                                                                                                                                                       |            | arrange                | 9 hours          | Kolchakian, M | ONLINE                                         |
| <b>NOTE: CRN 30366</b> is a Distance Learning Online Class.                                                                                                                                                                                                                                                                                 |            |                        |                  |               |                                                |

Certificate  
Associate Degree  
Exploring

Transfer  
Exploring

Select **ONE** option

Information Session



Certificates,  
Associate Degree,  
And Exploring  
Break-Out Session

## INFANT/TODDLER DEVELOPMENT

# CERTIFICATES

Major Courses Only

### Business Division

#### Certificate T1318

The Infant/Toddler Certificate provides specialized skills and knowledge for working with infants and toddlers. This certificate exceeds Title 22 requirements for a fully qualified teacher of infants/toddlers by including the specified 3 units related to infant care. With 350 days of experience, the completion of 16 specified G.E. units in Areas A, B, C, and D and 2 adult supervision units; this certificate meets Title 5 education requirements for the Master Teacher Level Permit. This permit authorizes the holder to provide service in the care, development and instruction of children and serve as a coordinator of curriculum and staff development.

#### Required Courses

|         |                                                                     |   |
|---------|---------------------------------------------------------------------|---|
| CHLD 1  | Child, Family, School and Community                                 | 3 |
| CHLD 5  | Principles and Practices in Child Development Programs <sup>1</sup> | 3 |
| CHLD 11 | Child and Adolescent Development                                    | 3 |
| CHLD 50 | Teaching in a Diverse Society                                       | 3 |
| CHLD 64 | Health, Safety and Nutrition of Children                            | 3 |
| CHLD 72 | Teacher, Parent, and Child Relationships                            | 3 |
| CHLD 73 | Infant and Toddler Development                                      | 3 |
| CHLD 79 | Infant and Toddler Care and Education                               | 3 |
| CHLD 85 | Infants At Risk                                                     | 3 |
| CHLD 86 | Infant Toddler Practicum Seminar                                    | 2 |
| CHLD 87 | Infant Toddler Practicum Field Work Experience                      | 1 |

Total Units

30

Share with a partner what are some benefits in earning a **Certificate**.







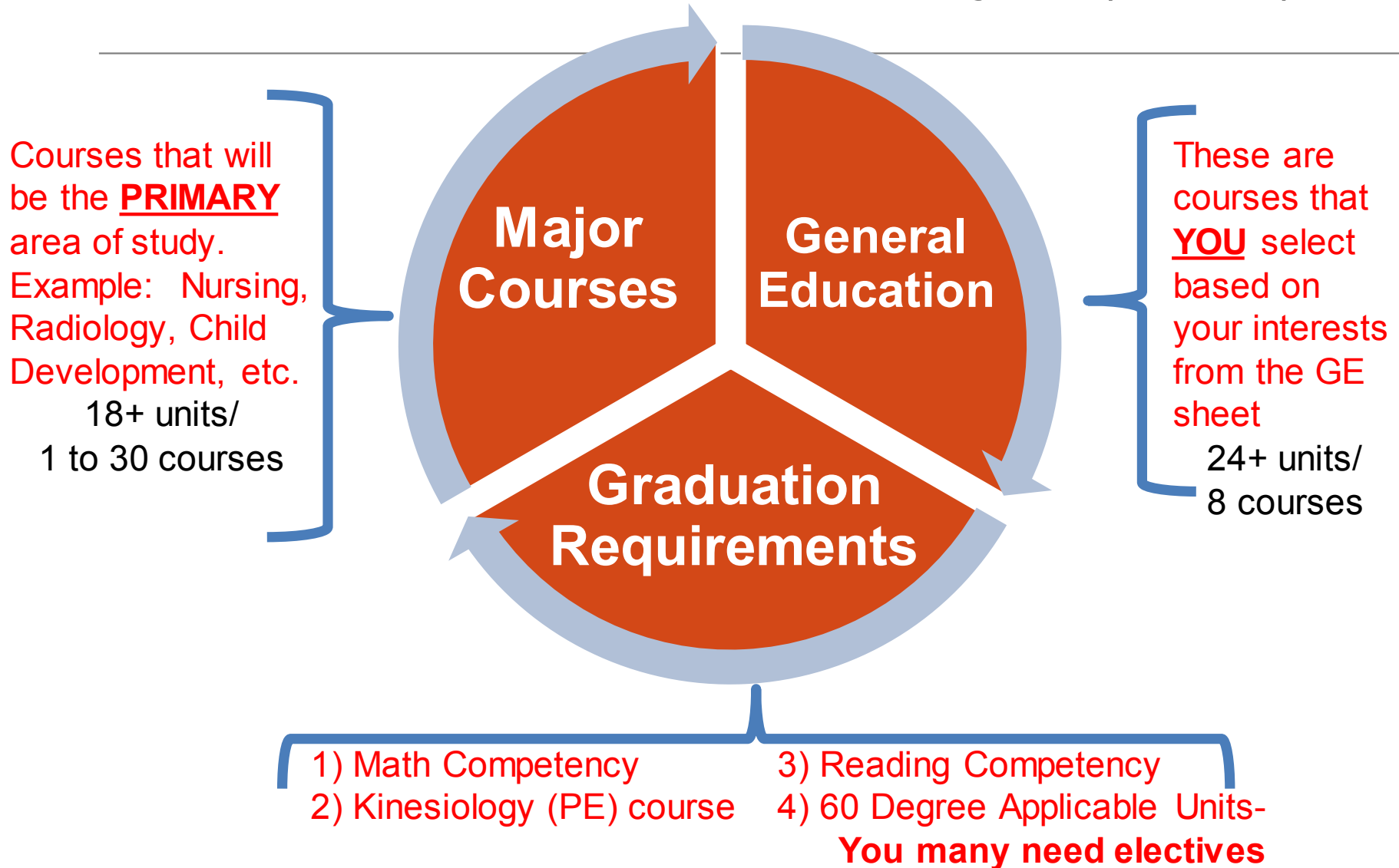
# The Associate Degree

What does Mt SAC offer in 2-year degrees?

# Associate Degree over 90 degrees offered



## The 3 parts of an Associate degree (AA/AS)



## AVIATION SCIENCE, AS

Technology and Health Division  
Degree S0910

This curriculum meets the requirements of the Federal Aviation Administration Air Traffic Collegiate Training Initiative (AT-CTI). Under an educational partnership agreement with the FAA, this CTI program prepares students for broad-based aviation careers. Students completing this CTI program may be recommended by the college for hiring by the FAA as air traffic controllers. There are no prerequisites or enrollment limitations.

This degree requires the completion of General Education coursework plus the following:

### Required Courses

#### Core Courses

|          |                                      |     |
|----------|--------------------------------------|-----|
| AERO 100 | Primary Pilot Ground School          | 4   |
| AERO 102 | Aviation Weather                     | 3   |
| AERO 104 | Federal Aviation Regulations         | 2   |
| AERO 152 | Air Transportation                   | 3   |
| AERO 200 | Aviation Safety and Human Factors    | 3   |
| AERO 250 | Navigation                           | 3   |
| AERO 252 | Instrument Ground School             | 3   |
| AIRT 151 | Aircraft Recognition and Performance | 3   |
| AIRT 201 | Terminal Air Traffic Control         | 3   |
| AIRT 203 | Enroute Air Traffic Control          | 3   |
| AIRT 251 | Air Traffic Control Team Skills      | 1.5 |

Total Units 31.5

### Recommended Electives

|          |                                |   |
|----------|--------------------------------|---|
| AERO 150 | Commercial Pilot Ground School | 3 |
| AERO 202 | Aircraft and Engines           | 3 |
| BUSM 60  | Human Relations in Business    | 3 |

# Associate



# Major Courses

<http://catalog.mtsac.edu/programs/programsaz/>

Activity

# Activity

Step 1

Look up your major sheet (Certificate/Associate degree) in the college  
(A counselor will print a copy for you)

Step 2

(Use the print out.) Highlight the courses that would be good to take in your first semester.

Step 3

Share with a partner:

- 1) Which classes did you choose?
- 2) What are you looking forward to learning in these classes?

# Use your MAP sheet

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

| MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Student Status:</b><br><input type="checkbox"/> New<br><input type="checkbox"/> Returning<br><input type="checkbox"/> Previously attended another college | <p><b>This abbreviated student educational plan provides first semester course options that reflect your academic goal.</b></p> <p>Note: By the 6<sup>th</sup> week of your first semester, you are encouraged to make an appointment with a counselor to create a <u>comprehensive educational plan</u>. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor), or by calling (909) 274-4380.</p> |

1. Choose two **major** classes and add them to your 1st semester MAP. Taking **major** classes in your first semester is a great idea!
2. If you are still **exploring majors** you can wait. Choose additional **general education** classes or you can pick a class for a major you are interested in to try it out.
3. Make sure you meet the prerequisites for those classes

| FIRST SEMESTER COURSE OPTIONS: (Choose from the list below when registering) |             |               |       |
|------------------------------------------------------------------------------|-------------|---------------|-------|
| Suggested type of class                                                      | Course Name | Prerequisites | Units |
| English                                                                      |             |               |       |
| Math                                                                         |             |               |       |
| Coun                                                                         |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |

# Associate Degree 3 Graduation Requirements

**PHYSICAL WELL-BEING REQUIREMENT** Complete at least one of the physical education activity courses with the following prefixes: DNCE, KINA, KINF, KINI, KINL, KINS, KINX with a grade of "C" or better or "P" (Pass).

**READING COMPETENCY REQUIREMENT:** This requirement is met by completing one of the following with a grade of "C" or better.

- 1) READ 90 Reading College Texts OR
- 2) AMLA 33R American Language Advanced Reading OR
- 3) Obtaining placement into READ 100 on the Reading placement exam.

**MATH COMPETENCY REQUIREMENT:** This requirement is met by completing one of the following with a grade of "C" or better:

- 1) MATH 71 Intermediate Algebra OR  
MATH 71B Intermediate Algebra - Second Half OR  
MATH 71X Practical Intermediate Algebra OR
- 2) Completing a more advanced college level mathematics course OR
- 3) Obtaining a satisfactory score on the Intermediate Algebra Competency Examination.



# Associate Degree: 8 General Education Courses

## Select One Course from each Area

### A-1: Select one course from the following:

ENGL 1A Freshman Composition (4)

ENGL 1AH Freshman Composition - H (4)

### A-2: Select one course from the following:

SPCH 1A Public Speaking (4)

SPCH 8 Professional and Organizational Speaking (4)

SPCH 1AH Public Speaking - H (4)

SPCH 8H Professional and Organizational Speaking - H (4)

SPCH 2 Fundamentals of Communication (4)

### B-1 - Physical Science:

ASTR 5 Introduction to Astronomy (3)

GEOG 1H Physical Geography - H (3)

OCEA 10H Introduction to Oceanography - H (3)

ASTR 5H Introduction to Astronomy - H (3)

GEOG 1L Physical Geography Laboratory (1)

OCEA 10L Introduction to Oceanography Lab.(1)

ASTR 5L Astronomical Observing Lab. (1)

GEOG 1LH Physical Geography Laboratory - H (1)

PHSC 3 Energy Science (4)

**ASTR 7 Geology of the Solar System (3)**

GEOL 1 Physical Geology (4)

PHSC 9 Physical Science (4)

**ASTR 8 Stars, Galaxies, & Universe (3)**

**GEOL 7 Geology of California (3)**

PHYS 1 Physics (4)

CHEM 10 Chemistry for Allied Health Majors (5)

**GEOL 8 Earth Science (3)**

PHYS 2AG General Physics (4)

CHEM 20 Intro. to Organic and Biochemistry (5)

**GEOL 8H Earth Science - H (3)**

PHYS 2BG General Physics (4)

CHEM 40 Introduction to General Chemistry (5)

**GEOL 8L Earth Science Laboratory (1)**

PHYS 4A Engineering Physics (5)

CHEM 50 General Chemistry I (5)

**GEOL 9 Environmental Geology (3)**

PHYS 4B Engineering Physics (5)

CHEM 50H General Chemistry I - H (5)

**GEOL 10 Natural Disasters (3)**

PHYS 4C Engineering Physics (5)

CHEM 51 General Chemistry II (5)

**METO 3 Weather/Atmosphere Environment (3)**

PHYS 6A General Physics with Calculus (5)

CHEM 51H General Chemistry II - H (5)

METO 3L Weather/Atmosphere Environment Lab (1)

PHYS 6B General Physics with Calculus (5)

GEOG 1 Physical Geography (3)

**OCEA 10 Introduction to Oceanography (3)**

## Select ONE from B1 or B2

### B-2 - Life Science:

**AGOR 1 Horticultural Science (3)**

BIOL 2 Plant and Animal Biology (4)

BIOL 21 Marine Biology Laboratory (1)

**ANAT 10A Introductory Human Anatomy (4)**

**BIOL 3 Ecology and Field Biology (4)**

BIOL 25 Conservation Biology (3)

ANAT 10B Introductory Human Physiology (4)

BIOL 4 Biology for Majors (4)

BIOL 34 Fundamentals of Genetics (3)

ANAT 35 Human Anatomy (5)

BIOL 4H Biology for Majors - H (4)

BIOL 34L Fundamentals of Genetics Lab (1)

ANAT 36 Human Physiology (5)

BIOL 6 Humans and the Environment (3)

MICR 1 Principles of Microbiology (5)

ANTH 1 Biological Anthropology (3)

BIOL 6L Humans and the Environment Lab (2)

MICR 22 Microbiology (4)

ANTH 1H Biological Anthropology - H (1)

BIOL 8 Cell and Molecular Biology (4)

PSYC 1B Biological Psychology (3)

ANTH 1L Biological Anthropology Laboratory (1)

**BIOL 17 Neurobiology and Behavior (3)**

BIOL 1 General Biology (4)

**BIOL 20 Marine Biology (3)**

# Associate Degree: 8 General Education Courses

## Select One Course from each Area

### C-1: Arts – Select one course (3 units):

|                |                                                 |
|----------------|-------------------------------------------------|
| AHIS 1         | Understanding the Visual Arts (3)               |
| AHIS 3         | History of Women and Gender in Art (3)          |
| AHIS 3H        | History of Women in Art - H (3)                 |
| AHIS 4         | Prehistoric-Gothic Art (3)                      |
| AHIS 4H        | Prehistoric-Gothic Art - H (3)                  |
| AHIS 5         | Renaissance to Modern (3)                       |
| AHIS 5H        | Renaissance to Modern - H (3)                   |
| AHIS 6         | History of Modern Art (3)                       |
| AHIS 6H        | History of Modern Art - H (3)                   |
| AHIS 8         | Medieval Art and Architecture (3)               |
| *AHIS 9        | Asian Art and Architecture (3)                  |
| <b>AHIS 10</b> | <b>Greek/Roman Art &amp; Architect (3)</b>      |
| AHIS 11        | African and Native American Art (3)             |
| *AHIS 12       | <b>Pre-Columbian Art &amp; Architecture (3)</b> |
| *AHIS 12H      | Pre-Columbian Art & Architecture - H (3)        |

|                 |                                          |
|-----------------|------------------------------------------|
| AHIS 14         | Rome: The Ancient City (3)               |
| *AHIS 15        | Culture and Art of Pompeii (3)           |
| <b>ARCH 250</b> | <b>World Architecture I (3)</b>          |
| <b>ARCH 251</b> | <b>World Architecture II (3)</b>         |
| ARTB 1          | Understanding the Visual Arts(3)         |
| ARTB 14         | Basic Studio Arts (3)                    |
| <b>ARTD 15A</b> | <b>Drawing: Beginning (3)</b>            |
| ARTD 20         | Design: Two-Dimensional (3)              |
| <b>ARTD 25A</b> | <b>Beginning Painting I (3)</b>          |
| <b>ARTG 20</b>  | <b>Art, Artists and Society (3)</b>      |
| ARTS 22         | Design: Three-Dimensional (3)            |
| <b>ARTS 30A</b> | <b>Ceramics: Beginning I (3)</b>         |
| <b>ARTS 40A</b> | <b>Sculpture: Beginning (3)</b>          |
| <b>DN-T 20</b>  | <b>Appreciation of Dance (3)</b>         |
| <b>ID 14</b>    | <b>Furniture and Decorative Arts (3)</b> |

|                |                                                  |
|----------------|--------------------------------------------------|
| <b>MUS 7</b>   | <b>Fundamentals of Music (3)</b>                 |
| <b>MUS 11A</b> | <b>Music Literature Survey (3)</b>               |
| <b>MUS 11B</b> | <b>Music Literature Survey (3)</b>               |
| <b>MUS 12</b>  | <b>History of Jazz (3)</b>                       |
| <b>MUS 13</b>  | <b>Introduction to Music Appreciation (3)</b>    |
| MUS 13H        | Introduction to Music Appreciation - H (3)       |
| <b>MUS 14A</b> | <b>World Music (3)</b>                           |
| <b>MUS 14B</b> | <b>American Folk Music (3)</b>                   |
| <b>MUS 15</b>  | <b>Rock Music History &amp; Appreciation (3)</b> |
| MUS 15H        | Rock Music History & Appreciation - H (3)        |
| PHOT 15        | History of Photography (3)                       |
| <b>SPCH 4</b>  | <b>Performance of Literature (3)</b>             |
| <b>THTR 9</b>  | <b>Introduction to Theater Arts (3)</b>          |
| THTR 10        | History of Theater Arts (3)                      |
| <b>THTR 11</b> | <b>Principles of Acting (3)</b>                  |

### C-2: Humanities – Select one course (3 units):

|                |                                            |
|----------------|--------------------------------------------|
| <b>ARAB 1</b>  | <b>Elementary Arabic (4)</b>               |
| ARAB 2         | Continuing Elementary Arabic (4)           |
| <b>CHIN 1</b>  | <b>Elementary Chinese (4)</b>              |
| CHIN 2         | Continuing Elementary Chinese (4)          |
| CHIN 3         | Intermediate Chinese (4)                   |
| CHIN 4         | Continuing Intermediate Chinese (4)        |
| ENGL 1B        | English – Intro. to Literary Types (3)     |
| ENGL 1BH       | English – Intro. to Literary Types - H (3) |
| <b>FRCH 1</b>  | <b>Elementary French (4)</b>               |
| FRCH 2         | Continuing Elementary French (4)           |
| FRCH 3         | Intermediate French (4)                    |
| FRCH 4         | Continuing Intermediate French (4)         |
| <b>FRCH 60</b> | <b>French Culture Through Cinema (3)</b>   |
| <b>GERM 1</b>  | <b>Elementary German (4)</b>               |
| GERM 2         | Continuing Elementary German (4)           |
| GERM 3         | Intermediate German (4)                    |
| * HIST 1       | History of the United States (3)           |
| HIST 3         | World History: to 1500 (3)                 |
| HIST 3H        | World History to 1500 - H (3)              |
| HIST 4         | World History Since 1500 (3)               |
| HIST 4H        | World History Since 1500 - H (3)           |
| * HIST 7       | History of the United States to 1877 (3)   |
| * HIST 7H      | History of the US to 1877 - H (3)          |
| * HIST 8       | History of the US from 1865 (3)            |
| * HIST 8H      | History of the US from 1865 - H (3)        |
| HIST 10        | History of Premodern Asia (3)              |
| HIST 11        | History of Modern Asia (3)                 |
| HIST 16        | The Wild West History, 1800-1890 (3)       |
| HIST 19        | History of Mexico (3)                      |
| * HIST 30      | Hist. of African Amer. 1619-1877 (3)       |

|                |                                           |
|----------------|-------------------------------------------|
| * HIST 31      | History of the African American (3)       |
| HIST 35        | History of Africa (3)                     |
| * HIST 36      | Women in American History (3)             |
| HIST 39        | California History (3)                    |
| * HIST 40      | History of the Mexican American (3)       |
| HUMA 1         | The Humanities (3)                        |
| <b>ITAL 1</b>  | <b>Elementary Italian (4)</b>             |
| ITAL 2         | Continuing Elementary Italian (4)         |
| ITAL 3         | Intermediate Italian (4)                  |
| ITAL 4         | Continuing Intermediate Italian (4)       |
| <b>ITAL 60</b> | <b>Italian Culture through Cinema (3)</b> |
| <b>JAPN 1</b>  | <b>Elementary Japanese (4)</b>            |
| JAPN 2         | Continuing Elementary Japanese (4)        |
| JAPN 3         | Intermediate Japanese (4)                 |
| JAPN 4         | Continuing Intermediate Japanese (4)      |
| JAPN 5         | Advanced Japanese (4)                     |
| <b>LATN 1</b>  | <b>Elementary Latin (4)</b>               |
| LATN 2         | Continuing Elementary Latin (4)           |
| LIT 1          | Early American Literature (3)             |
| LIT 2          | Modern American Literature (3)            |
| LIT 3          | Multicultural American Literature (3)     |
| LIT 6A         | Survey of English Literature (3)          |
| LIT 6B         | Survey of English Literature (3)          |
| LIT 10         | Survey of Shakespeare (3)                 |
| LIT 11A        | World Literature to 1650 (3)              |
| LIT 11B        | World Literature from 1650 (3)            |
| LIT 14         | Introduction to Modern Poetry (3)         |
| LIT 15         | Introduction to Cinema (3)                |
| LIT 20         | African American Literature (3)           |
| LIT 25         | Contemporary Mexican Amer. Lit. (3)       |

|                 |                                            |
|-----------------|--------------------------------------------|
| LIT 36          | Introduction to Mythology (3)              |
| LIT 40          | Children's Literature (3)                  |
| LIT 46          | The Bible as Literature: Old Testament (3) |
| LIT 47          | The Bible as Literature: New Testament (3) |
| PHIL 5          | Introduction to Philosophy (3)             |
| PHIL 5H         | Introduction to Philosophy - H (3)         |
| PHIL 12         | Introduction to Ethics (3)                 |
| PHIL 12H        | Introduction to Ethics - H (3)             |
| PHIL 15         | Major World Religions (3)                  |
| PHIL 15H        | Major World Religions - H (3)              |
| PHIL 20A        | History of Ancient Philosophy (3)          |
| PHIL 20AH       | History of Ancient Philosophy - H (3)      |
| PHIL 20B        | History of Modern Philosophy (3)           |
| PHIL 20BH       | History of Modern Philosophy - H (3)       |
| * POLI 5        | Political Theory I (3)                     |
| * POLI 7        | Political Theory II (3)                    |
| <b>SIGN 101</b> | <b>American Sign Language 1 (4)</b>        |
| SIGN 101H       | American Sign Language 1 - H (4)           |
| SIGN 102        | American Sign Language 2 (4)               |
| SIGN 103        | American Sign Language 3 (4)               |
| SIGN 104        | American Sign Language 4 (4)               |
| <b>SIGN 202</b> | <b>American Deaf Culture (3)</b>           |
| <b>SPAN 1</b>   | <b>Elementary Spanish (4)</b>              |
| SPAN 2          | Continuing Elementary Spanish (4)          |
| SPAN 3          | Intermediate Spanish (4)                   |
| SPAN 4          | Continuing Intermediate Spanish (4)        |
| SPAN 1S         | Spanish for the Spanish Speaking (4)       |
| SPAN 2S         | Cont. Span. for the Span. Speaking (4)     |

# Associate Degree: 8 General Education Courses

## Select One Course from each Area

### D-1: U.S. History & American Institutions (Select one course):

|           |                                          |           |                                        |         |                                             |
|-----------|------------------------------------------|-----------|----------------------------------------|---------|---------------------------------------------|
| * HIST 1  | History of the United States (3)         | * HIST 30 | History of African Amer. 1619-1877 (3) | POLI 1  | Intro. to American Gov't & Politics (3)     |
| * HIST 7  | History of the United States to 1877 (3) | * HIST 31 | History of the African American (3)    | POLI 1H | Intro. to American Gov't & Politics - H (3) |
| * HIST 7H | History of U.S. to 1877 - H (3)          | * HIST 36 | Women in American History (3)          | POLI 25 | Latino Politics in the United States (3)    |
| * HIST 8  | History of the US from 1865 (3)          | * HIST 40 | History of the Mexican American (3)    | POLI 35 | African American Politics (3)               |
| * HIST 8H | History of the US from 1865 - H (3)      |           |                                        |         |                                             |

### D-2: Elective course (Select one Course):

|                  |                                               |                  |                                       |                  |                                        |
|------------------|-----------------------------------------------|------------------|---------------------------------------|------------------|----------------------------------------|
| <b>AGAG 1</b>    | <b>Land Use &amp; Politics--GP (3)</b>        | GEOG 30          | Geography of California (3)           | PSYC 14H         | Developmental Psychology - H (3)       |
| * AHIS 9         | Asian Art & Architecture (3)                  | GEOG 30H         | Geography of California - H (3)       | * PSYC 15        | Introduction to Child Psychology (3)   |
| * <b>AHIS 12</b> | <b>Pre-Columbian Art (3)</b>                  | * HIST 3         | World History to 1500 (3)             | PSYC 19          | Abnormal Psychology (3)                |
| * AHIS 12H       | Pre-Columbian Art H (3)                       | * HIST 3H        | World History to 1500 - H (3)         | * <b>PSYC 25</b> | <b>The Psychology of Women (3)</b>     |
| * AHIS 15        | Culture and Art of Pompeii (3)                | * HIST 4         | World History since 1500 (3)          | R-TV 01          | Introduction to Electronic Media (3)   |
| ANTH 3           | Archaeology (3)                               | * HIST 4H        | World History since 1500 - H (3)      | SOC 1            | Sociology (3)                          |
| ANTH 4           | Archaeology (3)                               | * HIST 10        | History of Premodern Asia (3)         | SOC 1H           | Sociology - H (3)                      |
| <b>ANTH 5</b>    | <b>Cultural Anthropology (3)</b>              | * HIST 11        | History of Modern Asia (3)            | SOC 2            | Contemporary Social Problems (3)       |
| <b>ANTH 22</b>   | <b>General Cultural Anthropology (3)</b>      | * HIST 16        | The Wild West History, 1800-1890 (3)  | SOC 2H           | Contemporary Social Problems - H (3)   |
| ANTH 30          | The Native American (3)                       | * HIST 19        | History of Mexico (3)                 | SOC 4            | Introduction to Gerontology (3)        |
| BUSC 1A          | Principles of Economics/Macro. (3)            | * HIST 35        | History of Africa (3)                 | SOC 5            | Introduction to Criminology (3)        |
| BUSC 1AH         | Principles of Economics/Macro. - H (3)        | * HIST 39        | California History (3)                | SOC 5H           | Introduction to Criminology - H (3)    |
| BUSC 1B          | Principles of Economics/Micro. (3)            | HIST 44          | History of Native Americans (3)       | SOC 14           | Marriage and the Family (3)            |
| BUSC 1BH         | Principles of Economics/Micro. - H (3)        | JOUR 100         | Introduction to Mass Media (3)        | SOC 14H          | Marriage and the Family - H (3)        |
| CHLD 1           | Child, Family, and Community (3)              | JOUR 107         | Race, Culture, Sex, and Media (3)     | * SOC 15         | Child Development (3)                  |
| * <b>CHLD 10</b> | <b>Child Growth &amp; Development (3)</b>     | POLI 2           | Comparative Politics (3)              | SOC 20           | Sociology of Ethnic Relations (3)      |
| * CHLD 10H       | Child Growth & Development - H (3)            | * POLI 5         | Political Theory I (3)                | SOC 20H          | Sociology of Ethnic Relations - H (3)  |
| * <b>CHLD 11</b> | <b>Child &amp; Adolescent Development (3)</b> | * POLI 7         | Political Theory II (3)               | <b>SPCH 7</b>    | <b>Intercultural Communication (3)</b> |
| * <b>FASH 14</b> | <b>Dress, Culture, and Identity (3)</b>       | POLI 9           | Intro. to International Relations (3) | SPCH 7H          | Intercultural Communication - H (3)    |
| GEOG 2           | Human Geography (3)                           | <b>POLI 10</b>   | <b>Environmental Politics (3)</b>     | * SPCH 26        | Interpersonal Communication (3)        |
| GEOG 2H          | Human Geography - H (3)                       | PSYC 1A          | Introduction to Psychology (3)        | * SPCH 26H       | Interpersonal Communication - H (3)    |
| GEOG 5           | World Regional Geography (3)                  | PSYC 1AH         | Introduction to Psychology - H (3)    | SPCH 30          | Gateway to Communication Studies (3)   |
| <b>GEOG 8</b>    | <b>The Urban World (3)</b>                    | * <b>PSYC 14</b> | <b>Developmental Psychology (3)</b>   |                  |                                        |

### E. Lifelong Understanding and Self-Development (3 units): Select one course from the following.

|                  |                                               |                  |                                     |                  |                                            |
|------------------|-----------------------------------------------|------------------|-------------------------------------|------------------|--------------------------------------------|
| <b>AD 3</b>      | <b>Chemical Dependency: I (3)</b>             | <b>FCS 41</b>    | <b>Life Management (3)</b>          | PSYC 14H         | Developmental Psychology - H (3)           |
| <b>BIOL 5</b>    | <b>Contemporary Health Issues (3)</b>         | <b>KIN 34</b>    | <b>Fitness for Living (3)</b>       | * PSYC 15        | Introduction to Child Psychology (3)       |
| BIOL 13          | Human Repro., Develop & Aging (3)             | <b>LEAD 55</b>   | <b>Exploring Leadership (3)</b>     | * <b>PSYC 25</b> | <b>The Psychology of Women (3)</b>         |
| BIOL 15          | Human Sexuality (3)                           | NF 10            | Nutrition for Health & Wellness (3) | PSYC 26          | Psychology of Sexuality (3)                |
| BIOL 15H         | Human Sexuality - H (3)                       | NF 12            | Sports Nutrition (3)                | <b>PSYC 33</b>   | <b>Psychology for Effective Living (3)</b> |
| * <b>CHLD 10</b> | <b>Child Growth &amp; Development (3)</b>     | NF 25            | Essentials of Nutrition (3)         | PUBH 24          | Introduction to Public Health (3)          |
| * CHLD 10H       | Child Growth & Development - H (3)            | NF 25H           | Essentials of Nutrition - H (3)     | * SOC 15         | Child Development (3)                      |
| * <b>CHLD 11</b> | <b>Child &amp; Adolescent Development (3)</b> | NF 28            | Cultural and Ethnic Foods (3)       | * SPCH 26        | Interpersonal Communication (3)            |
| COUN 5           | Career/Life Planning (3)                      | * <b>PSYC 14</b> | <b>Developmental Psychology (3)</b> | * SPCH 26H       | Interpersonal Communication - H (3)        |

Activity

# Activity

Step 1

Select Associate Degree general education courses

Step 2

Highlight the courses that would be good to take in your first semester.

Step 3

Share: Which classes did you choose?  
What are you looking forward to learning in these classes?

# Use Your MAP sheet

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

| <b>MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)</b>                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Student Status:</b><br><input type="checkbox"/> New<br><input type="checkbox"/> Returning<br><input type="checkbox"/> Previously attended another college | <p><b>This abbreviated student educational plan provides first semester course options that reflect your academic goal.</b></p> <p>Note: By the 6<sup>th</sup> week of your first semester, you are encouraged to make an appointment with a counselor to create a <u>comprehensive educational plan</u>. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor), or by calling (909) 274-4380.</p> |

1. Choose two **general education** classes and add them to your 1st semester MAP
2. Are your major classes also general education requirements?
3. Are you a science major? If not, wait to take a science course.
4. Are you eligible for the course? Check for prerequisite before writing down classes

| FIRST SEMESTER COURSE OPTIONS: (Choose from the list below when registering) |             |               |       |
|------------------------------------------------------------------------------|-------------|---------------|-------|
| Suggested type of class                                                      | Course Name | Prerequisites | Units |
| English                                                                      |             |               |       |
| Math                                                                         |             |               |       |
| Coun                                                                         |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |

# Consider adding a Counseling Class to your MAP Sheet

---

COUN 1-Introduction to College, or  
COUN 2-College Success Strategies, or  
COUN 5-Career & Life Planning



# The First Semester Plan

**Course 1:** English/LERN/AMLA

**Course 2:** Math/LERN

**Course 3:** General Education (GE) and/or  
Major (what you plan to study)

**Course 4:** COUN 1-Introduction to College, or  
COUN 2-College Success Strategies, or  
COUN 5-Career & Life Planning, or  
Reading, Study Skills, Electives



## Know your college deadlines

- Drop for non-payment of college fees
- Refunds: tuition and books
- Drop without and with a “W” (withdrawal)

## First day of class

- ✓ Attend all classes in which you are enrolled
- ✓ Be on time or you may be dropped from the class
- ✓ Attend all classes in which you are waitlisted

### Mt. San Antonio College Student Schedule/Receipt Fall 2014

Schedule for Joe Mountaineer A01768659  
24-SEP-2014

Your Registration Begins: 23 JUL 2014 at 10:00 am

#### Enrolled Courses

| Crn   | Subj | Crse | Title                         | Crd | Start Date | End Date  | Times         | Days | Bld | Rm   |
|-------|------|------|-------------------------------|-----|------------|-----------|---------------|------|-----|------|
| 20195 | ENGL | 67   | Writing Fundamentals          | 4.0 | 25-AUG-14  | 14-DEC-14 | 12:00- 2:05pm | T R  | 40  | 123  |
| 20980 | READ | 90   | Preparing for College Reading | 3.0 | 25-AUG-14  | 14-DEC-14 | 3:00- 4:25pm  | M W  | 6   | 131  |
| 21741 | MATH | 51   | Elementary Algebra            | 4.0 | 25-AUG-14  | 14-DEC-14 | 2:15- 4:20pm  | M W  | 61  | 3410 |
| 23019 | COUN | 2    | College Success               | 3.0 | 25-AUG-14  | 14-DEC-14 | 9:45-11:10am  | T R  | 21A | 2    |

#### Additional Information

| Crn   | Subj | Crse | Instructor          | Email              | Refund Deadline | Last Day to Drop Without a W | Last Day to Drop With a W |
|-------|------|------|---------------------|--------------------|-----------------|------------------------------|---------------------------|
| 20195 | ENGL | 67   | Gomez, Francisco J. | fgomez32@mtsac.edu | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 20980 | READ | 90   | Lyons, Kelley L.    | klyons3@mtsac.edu  | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 21741 | MATH | 51   | Parra, Heidi R.     | hparra@mtsac.edu   | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 23019 | COUN | 2    | Trejo, Lysette C.   | ltrejo@mtsac.edu   | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |

#### Account Information

Any unpaid fees that result after the semester begins will be placed on a financial hold. Financial holds will prevent students from enrollment, transcripts, withdrawals and prohibit access to certain campus services.

It is the student's responsibility to drop classes by the appropriate deadline as shown above. Students who remain enrolled after the refund deadline are not eligible for a refund and remain financially responsible for payment of fees even if they drop the class or are dropped by their instructor.

Refunds are processed when classes are dropped by the course refund deadline date (see above). You will receive a refund through your preference on your MTSAC Card. See <http://myportal.mtsac.edu> for further information. For parking permit refund deadlines see the current [Schedule of Classes](#).

| Account Summary for Joe Mountaineer -- A01768659 |                            |                        |                 |
|--------------------------------------------------|----------------------------|------------------------|-----------------|
| Account Balance: \$674.50                        |                            |                        |                 |
| Fall 2014                                        |                            |                        |                 |
| Detail Code                                      | Description                | Charge                 | Payment Balance |
| ENRL                                             | Enrollment                 | \$644.00               | \$644.00        |
| HTHF                                             | Health Fee                 | \$19.00                | \$19.00         |
| SREP                                             | Student Representation Fee | \$0.50                 | \$0.50          |
| STAF                                             | Student Activity Fee       | \$11.00                | \$11.00         |
|                                                  |                            | Term Charges: \$674.50 |                 |
|                                                  |                            | Term Credits :         | \$0.00          |
|                                                  |                            | Term Balance:          | \$674.50        |
|                                                  |                            | Previous Balance:      | \$0.00          |
|                                                  |                            | Account Balance:       | \$674.50        |

# Your 1st semester MAP has many class options



If the classes you chose are not available, look at your **major sheet** and **GE sheet** to find more options.

# Managing Time

## Recommendation

### Simple Rule:

- For every one hour of classroom time, allow two hours for H/W, study time, & other assignments

#### 3-unit class:

3 hours of classroom time

+ 6 hours of H/W & Assignments

9 hours total time

**Full-time load = 12 units or 36 total hours**

| If you work: | Take no more than: |
|--------------|--------------------|
| 40 hrs/wk    | 6 units            |
| 30 hrs/wk    | 9 units            |
| 20 hrs/wk    | 12 units           |
| 5-15 hrs/wk  | 14-16 units        |

# Samples of First Semester Load

## PART-TIME STUDENT

Up to 6 units per semester

|              |                |
|--------------|----------------|
| Engl 68      | 4 UNITS        |
| Coun 2       | 3 UNITS        |
| <b>TOTAL</b> | <b>7 UNITS</b> |

|              |                |
|--------------|----------------|
| Math 50      | 3 UNITS        |
| Coun 5       | 3 UNITS        |
| <b>TOTAL</b> | <b>6 UNITS</b> |

## FULL-TIME STUDENT

12+ units per semester

|              |                 |
|--------------|-----------------|
| ENGL 68      | 4 UNITS         |
| MATH 71      | 5 UNITS         |
| Coun 2       | 3 UNITS         |
| <b>TOTAL</b> | <b>12 UNITS</b> |

|              |                 |
|--------------|-----------------|
| ENGL 1A      | 4 UNITS         |
| MATH 110     | 3 UNITS         |
| COUN 5       | 3 UNITS         |
| Mus 15       | 3 UNITS         |
| <b>TOTAL</b> | <b>13 UNITS</b> |



Final  
Friendly  
Reminders

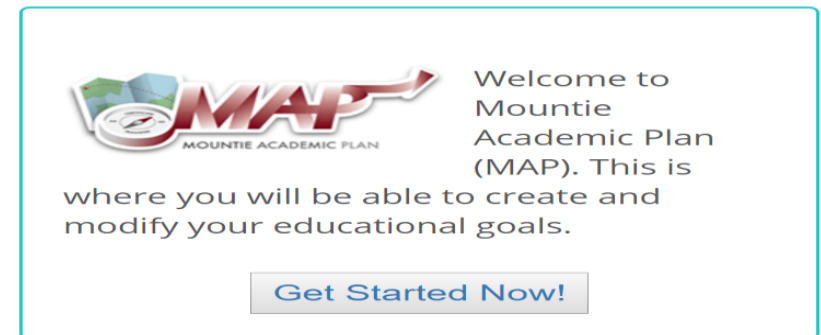
...

Explore the **MAP** tool on the home tab at [inside.mtsac.edu](https://inside.mtsac.edu).

This tool helps you:

- Identify courses needed for a certificate, degree or transfer general education courses for CSU/UC
- Create a sample MAP that you can then share with a counselor to review and confirm courses to meet your educational goal
- Learn about major pathway templates based on certificate and/or degree offered at Mt SAC

## Degree Works



MT.SAC Mt. San Antonio College Mountie Academic Plan

Portal Name Ed Goal Major Level Last Audit Last Refresh Print

Maestro, Patricia TRANSF Nutrition, Transfer CR 12/21/2017 Today at 5:59 am

Format: Notes GPA Calc

Student View View Save as PDF Process New Include in progress classes Class History

MAP

If you are a new student, you should check to make sure your program requirements are the same in the current catalog.

| Student View                         | AGS00X as of 12/21/2017 at 16:47 |                       |                                                |
|--------------------------------------|----------------------------------|-----------------------|------------------------------------------------|
| Student                              | Maestro, Patricia                | Level                 | Credit                                         |
| ID                                   | A01432354                        | Ed Goal               | Transfer Only                                  |
| Status                               | General                          | Test Scores           | Click here to view test scores and eligibility |
| Academic Standing/Overall Mt.SAC GPA | Good Standing / 2.87             |                       |                                                |
| Mt.SAC Degree Applicable GPA         | 2.87 ( 8.00 Earned Units)        | Major                 | Nutrition, Transfer                            |
| Other College Coursework             | 0.00 ( 0.00 Earned Units)        | CSU GPA (Mt.SAC Only) | 2.80 ( 7.50 Earned Units)                      |
| Overall Degree Applicable GPA        | 2.87 ( 8.00 Earned Units)        | UC GPA (Mt.SAC Only)  | 2.66 ( 4.50 Earned Units)                      |

Legend

Complete  Complete except for classes in-progress  Transfer Class  
 Not Complete  Nearly complete - see advisor  Any course num

Courses taken at other colleges may not appear in MAP. Please see a counselor for guidance if this is the case.

**THIS IS NOT AN AA-T / AS-T DEGREE**

THIS IS NOT AN AA-T / AS-T DEGREE AND CANNOT BE AWARDED BY MT. SAN ANTONIO COLLEGE

Transfer General Education Patterns

If you would like to see how your academic history applies to certificates and degrees offered at Mt. SAC, click on the What If link on the left side of this page. Please see a counselor for additional guidance.

See CSU GE Requirements Below **Still Needed** See **CSU GE Pattern** section  
 See IGETC Transfer CSU Requirements Below **Still Needed** See **IGETC-CSU GE Pattern** section  
 See IGETC Transfer UC Requirements Below **Still Needed** See **IGETC-UC GE Pattern** section

**CSU GE Pattern**

Unmet conditions for this set of requirements: Minimum Units unsatisfied  
Minimum classes unsatisfied

ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING (9 UNITS)

Select one course from each group.

A-1: Oral Communication **Still Needed** 3 Units in **SPCH** IA or 1AH or 2 or 8 or 8H  
 A-2: Written Communication **Still Needed** 3 Units in **ENGL** IA or 1AH  
 A-3: Critical Thinking **PSYC 5** Reasoning/Problem Solve B

SCIENTIFIC INQUIRY & QUANTITATIVE REASONING (9 UNITS)

Select one course from each group. One (1) Lab course must be included in one of the Sciences. Lab must be a corresponding section to the lecture taken.

B-1: Physical Science - Select at Least One (1) Course **Still Needed** 3 Units in **ASTR** 5 or 5H or 7 or 8 or **CHEM** 10 or 20 or 40 or 50 or 50H or 51 or 51H or **GEOG** 1 or 1H or **OCEA** 10 or 10H or **PHSC** 3 or 9 or **PHYS** 1 or 24G or 28G or 4A or 4B or 4C or 6A or 6B  
 B-2: Life Science - Select at Least One (1) Course **AGOR 1** Horticultural Science B  
 B-3: Lab Science - Select One (1) Lecture & Lab Option **Still Needed** Choose from 1 of the following:  
 ( 1 Class in **ANAT** 10A or 10B or 35 or 36 or **BIOL** 1 or 2 or 3 or 4 or 4H or 8 or **CHEM** 10 or 20 or 9 or **PHYS** 1 or 24G or 28G or 4A or 4B or 4C or 6A or 6B or **MICR** 1 or 22 ) or

Option 1: Lecture Courses, Including Labs

# Complete a Comprehensive Educational Plan by week 10 of your first-semester

---

- Complete the counseling appointment postcard before you leave. This card will be sent to you in September to remind you to schedule your counseling appointment.
- A comprehensive plan will improve future registration date/time.



# MAP Survey

---

## SURVEY





Thank you for selecting  
Mt. SAC -  
A College of Champions!

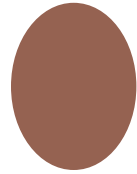
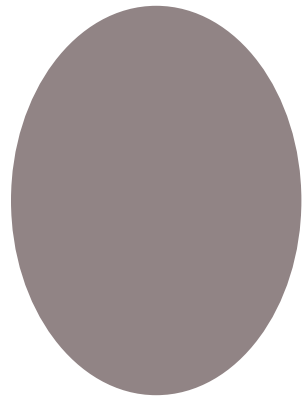
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# **Transfer & Exploring Breakout-Session**

How to transfer  
to 4-year  
University to  
earn a Bachelor  
Degree?



# Transfer

How to transfer to  
4-year University  
to earn a Bachelor  
Degree?

# Share with a partner the following:

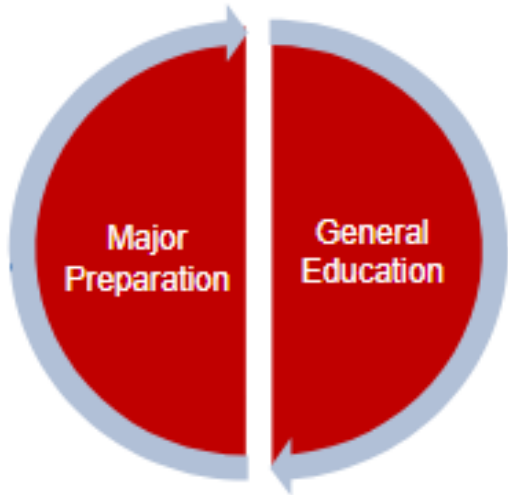
- Where are you planning to transfer?
- Why are you interested in this institution?



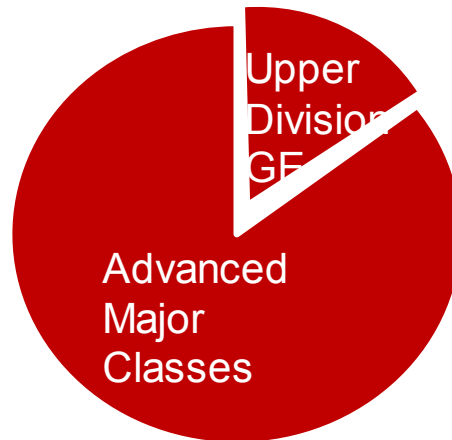
# What does it mean to transfer?



LOWER DIVISION COURSES



UPPER DIVISION COURSES



# University of California



**Berkeley**  
UNIVERSITY OF CALIFORNIA



# CSU Campus Map



# Transfer Requirements

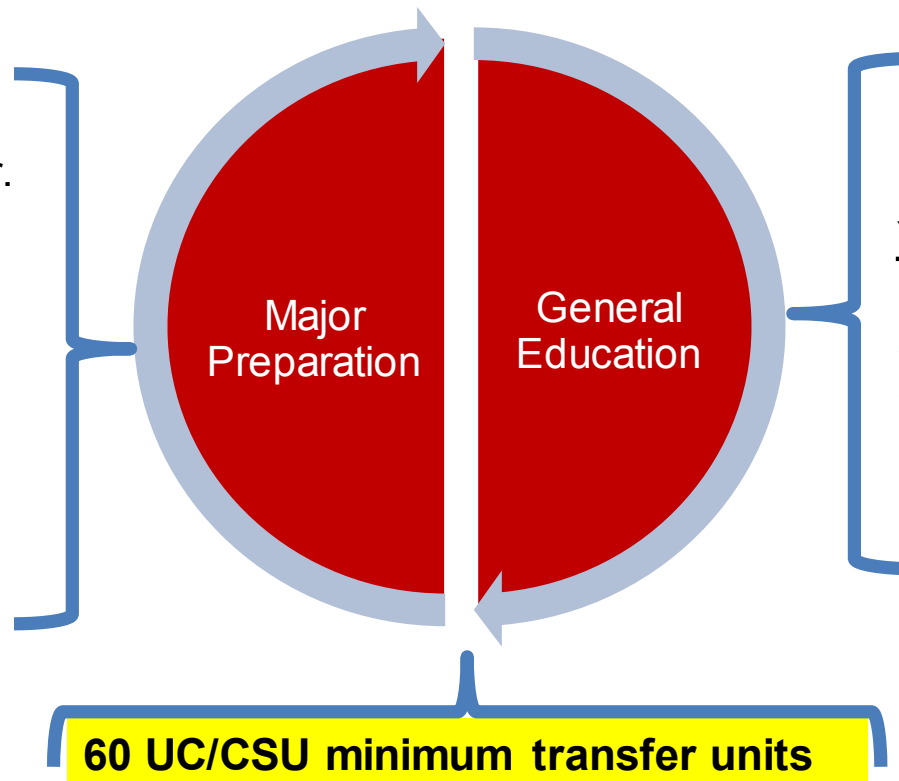
- **REQUIRED COURSES:**
  - English 1A
  - Critical Thinking
  - College Math
  - Oral Communication (CSU only)
- **MAJOR PREPARATION:**
  - ASSIST.org for major preparation or
  - AS-T/AA-T major courses (catalog)
- **GENERAL EDUCATION:**
  - CSU General Education pattern
  - UC General Education pattern (IGETC)
- **MINIMUM CSU/UC TRANSFERABLE UNITS:**
  - 60 units
- **MINIMUM ADMISSIONS GPA:**
  - 2.0/CSU and 2.8/UC\*

*\*GPA is very competitive for **both** CSU and UC systems. Although these are minimum, it is extremely important to average 3.0 GPA or better*



# Transfer *Preparation* Requirements

Courses needed to **PREPARE** for a major.  
For example, Psychology major will take Psyc 1A.  
# units range depending on major and transfer school



Courses that **YOU** selected based on interest.  
30-40  
CSU/UC units

# T R A N S F E R

**assist**

Home

About ASSIST

FAQs

Using ASSIST

What is ASSIST?

Help Topics

Articulation Agreements

C-ID

CSU American Ideals

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Exploring Majors

IGETC

Transferable Courses

UC Transfer Admis Eligibility

Related Information

ASSIST Information Center

CSU Admissions

Financial Aid

General Advising

International Transfer

Interstate Transfer

Private Institutions

Related Sites

Schedules and Catalogs

Transcripts

UC Admissions

## Welcome to ASSIST

ASSIST is an online student-transfer information system that shows how course credits earned at one public California college or university can be applied when transferred to another. ASSIST is the official repository of articulation for California's public colleges and universities and provides the most accurate and up-to-date information about student transfer in California.

There are two ways to look up information in ASSIST.

### Explore Transfer Information

If you have already chosen a major or know what kind of information you want to see, select the transfer information you want to display by choosing an institution below. You can select the institution you are transferring from or to.

Click here to select an institution ▼

### Explore Majors

If you want to find out about a specific major, search for majors that interest you, or explore majors available at university campuses in California, click Explore Majors below.

Explore Majors

## Major Preparation - [www.ASSIST.org](http://www.ASSIST.org)

Many majors *require* completion of specific courses prior to transfer to be eligible or competitive for admission. Even if major courses are not required, it is highly recommended that you take major courses prior to transfer to prepare for future classes.

Major Preparation



Articulation Agreement by Major  
 Effective During the 16-17 Academic Year  
 To: Cal Poly Pomona | From: Mount San Antonio College  
 16-18 General Catalog | Quarter|16-17 General Catalog Semester

TEST 1

Articulation Agreement by Major  
 Effective during the 16-17 Academic Year  
 =====Philosophy B.A.=====

Student Transfer Achievement Reform (STAR) Act

A California Community College student who has earned the Associate Degree for Transfer (AA-T or AS-T) is granted priority admission to the CSU into a similar baccalaureate degree program with a guarantee of junior standing, as long as the student meets all prescribed admission requirements. Once admitted, the student will only be required to complete 90 additional quarter units to qualify for the similar baccalaureate degree.

Roadmaps outlining the recommended plan for completing the 90 additional quarter units for this major:

[www.cpp.edu/~academic-programs/academic-advising/tools/tmc/index.shtml](http://www.cpp.edu/~academic-programs/academic-advising/tools/tmc/index.shtml)

Additional Associate Degree for Transfer information:

[www.adegreewithaguarantee.com](http://www.adegreewithaguarantee.com)

GENERAL EDUCATION COURSES:

Transfer students may satisfy General Education requirements by completing the CSU Breadth General Education Certification pattern, the Intersegmental General Education Transfer Curriculum (IGETC), or by completing an [Associate Degree for Transfer \(AA-T/AS-T\)](http://www.adegreewithaguarantee.com) ([www.adegreewithaguarantee.com](http://www.adegreewithaguarantee.com)). See your California community college counselor for more details.

REQUIRED CORE COURSES:

|         |                                       |     |  |                      |                                     |     |
|---------|---------------------------------------|-----|--|----------------------|-------------------------------------|-----|
| PHL 201 | Introduction to Philosophy            | (4) |  | PHIL 5               | Introduction to Philosophy          | (3) |
|         |                                       |     |  | OR                   |                                     |     |
|         |                                       |     |  | PHIL 5H              | Introduction to Philosophy - Honors | (3) |
|         | OR                                    |     |  | OR                   |                                     |     |
| PHL 204 | Ethical Problems of Contemporary Life | (4) |  | PHIL 12              | Introduction to Ethics              | (3) |
|         |                                       |     |  | OR                   |                                     |     |
|         |                                       |     |  | PHIL 12H             | Introduction to Ethics - Honors     | (3) |
|         |                                       |     |  | OR                   |                                     |     |
| PHL 206 | Philosophy Through                    | (4) |  | No Comparable Course |                                     |     |



Cal Poly Pomona's major prep course



Mt. SAC Course equivalent

## Associate in Arts for Transfer (AA-T)

- Art History
- Communication
- English
- Geography
- History
- Journalism
- Music
- Political Science
- Psychology
- Sociology
- Studio Arts
- Theater Arts

## Associate in Science for Transfer (AS-T)

- Administrative Justice
- Business Administration
- Early Childhood Education
- Mathematics
- Nutrition
- Plant Sciences

# ADMINISTRATION OF JUSTICE, AS-T

**EXAMPLE**

## Required Courses

### Core Courses

|        |                                      |   |
|--------|--------------------------------------|---|
| ADJU 1 | The Administration of Justice System | 3 |
|--------|--------------------------------------|---|

|        |                          |   |
|--------|--------------------------|---|
| ADJU 3 | Concepts of Criminal Law | 3 |
|--------|--------------------------|---|

### List A

|                                |   |
|--------------------------------|---|
| Choose two from the following: | 6 |
|--------------------------------|---|

|        |                                                 |
|--------|-------------------------------------------------|
| ADJU 2 | Principles and Procedures of the Justice System |
|--------|-------------------------------------------------|

|        |                           |
|--------|---------------------------|
| ADJU 4 | Legal Aspects of Evidence |
|--------|---------------------------|

|        |                     |
|--------|---------------------|
| ADJU 5 | Community Relations |
|--------|---------------------|

|         |                             |
|---------|-----------------------------|
| ADJU 20 | Principles of Investigation |
|---------|-----------------------------|

|         |                                                |
|---------|------------------------------------------------|
| ADJU 50 | Introduction to Forensics for Criminal Justice |
|---------|------------------------------------------------|

### List B

|                                |   |
|--------------------------------|---|
| Choose two from the following: | 6 |
|--------------------------------|---|

|          |                                             |
|----------|---------------------------------------------|
| MATH 110 | Elementary Statistics                       |
|          | or MATH 110H Elementary Statistics - Honors |

|         |                                                 |
|---------|-------------------------------------------------|
| PSYC 1A | Introduction to Psychology                      |
|         | or PSYC 1AH Introduction to Psychology - Honors |

|       |                              |
|-------|------------------------------|
| SOC 1 | Sociology                    |
|       | or SOC 1H Sociology - Honors |

|                              |           |
|------------------------------|-----------|
| <b>Total Units for Major</b> | <b>18</b> |
|------------------------------|-----------|

|                                                            |              |
|------------------------------------------------------------|--------------|
| <b>CSU General Education or IGETC Pattern <sup>1</sup></b> | <b>39-42</b> |
|------------------------------------------------------------|--------------|

|                    |           |
|--------------------|-----------|
| <b>Total Units</b> | <b>60</b> |
|--------------------|-----------|

<sup>1</sup> Courses may be double-counted with either CSU-GE or IGETC.

### Additional Notations

# Where to find information on AA-T/ AS-T

1. Go to [www.mtsac.edu/catalog](http://www.mtsac.edu/catalog)
2. Click on **Explore Degree and Certificate Programs**
3. Select Transfer Degrees
4. Select specific AA-T/ AS-T for more information

## Programs at Mt. San Antonio College

Search Filters

Reset

### Explore Your Future

Select the search filter categories on the left to help navigate your career options at Mt. SAC.

Degrees & Programs

- Certificates
- Degrees
- Transfer Degrees
- Transfer Options - Other

Academic Focus



Administration of Justice, A...



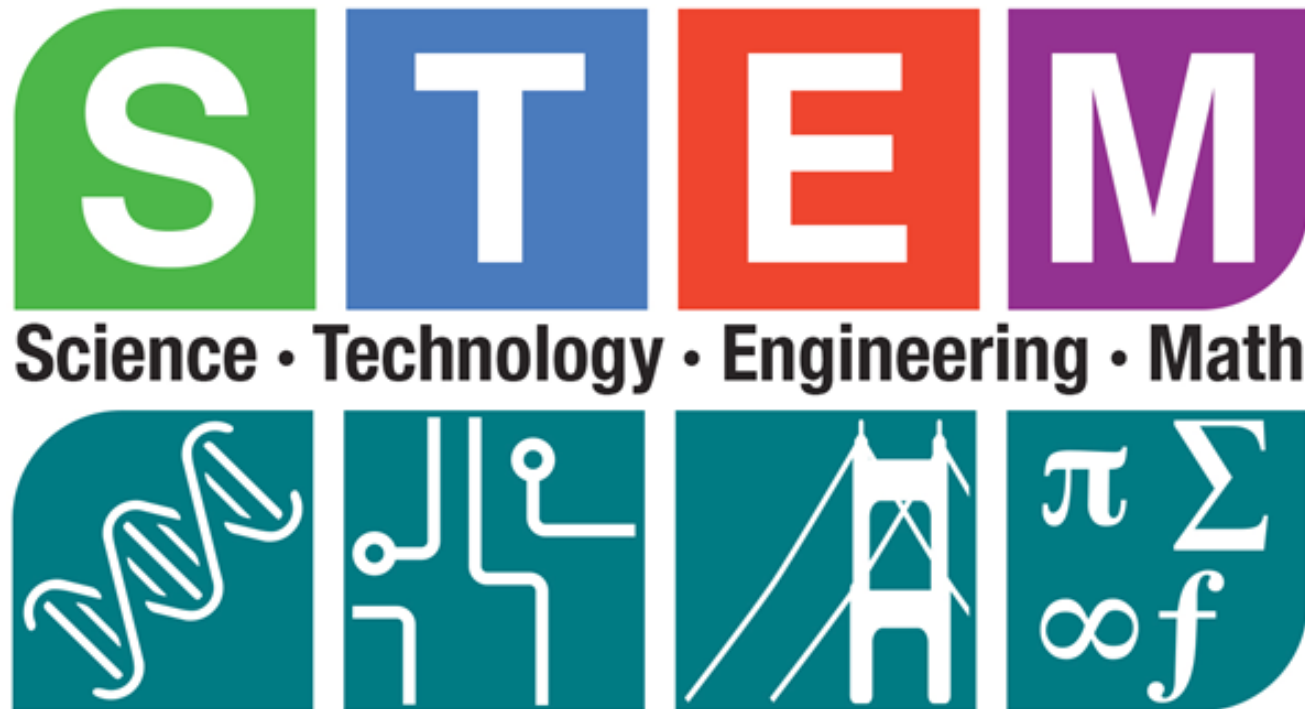
Art History, AA-T



Business

# Activity

**Considering a STEM major?  
Please inform your counselor for  
STEM advising.**



# Considering a Private or Out-of-State University/ College? Let your counselor know.





# Activity

Step 1

[www.ASSIST.ORG](http://www.ASSIST.ORG) or [www.mtsac.edu/catalog](http://www.mtsac.edu/catalog)

Step 2

Print ONE major preparation sheet from a CSU/UC or print out an AA-T/ AS-T degree

Step 3

Share: Why did you select this major?  
Why did you select the school?  
What questions do you have about this activity?

# Use your MAP sheet

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

| MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Student Status:</b><br><input type="checkbox"/> New<br><input type="checkbox"/> Returning<br><input type="checkbox"/> Previously attended another college | <p><b>This abbreviated student educational plan provides first semester course options that reflect your academic goal.</b></p> <p>Note: By the 6<sup>th</sup> week of your first semester, you are encouraged to make an appointment with a counselor to create a <u>comprehensive educational plan</u>. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor), or by calling (909) 274-4380.</p> |

1. Choose two **major** classes and add them to your 1st semester MAP. Taking **major** classes in your first semester is a great idea!
2. If you are still **exploring majors** you can wait. Choose additional **general education** classes or you can pick a class for a major you are interested in to try it out.
3. Make sure you meet the prerequisites for those classes

| FIRST SEMESTER COURSE OPTIONS: (Choose from the list below when registering) |             |               |       |
|------------------------------------------------------------------------------|-------------|---------------|-------|
| Suggested type of class                                                      | Course Name | Prerequisites | Units |
| English                                                                      |             |               |       |
| Math                                                                         |             |               |       |
| Coun                                                                         |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |

# California State University General Education Overview

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## Area A: English Language, Communication & Critical Thinking

- 1. Oral Communication
- 2. Freshman Composition
- 3. Critical Thinking

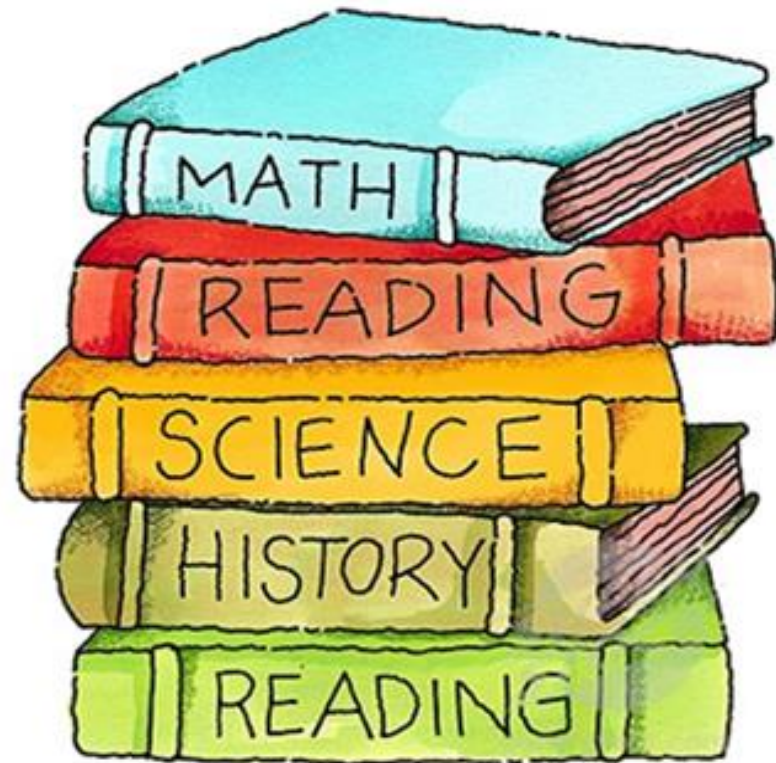
## Area B: Scientific Inquiry & Quantitative Reasoning

- 1. Physical Science
- 2. Life Science
- 3. Lab Activity
- 4. Mathematics/ Quantitative Reasoning

## Area C 1 & 2: Arts & Humanities

## Area D1 & 2: Social, Political and Economics and Elective

## Area E: Lifelong Learning and Understanding



**A. English Language Communication and Critical Thinking (9 units minimum): Select at least one course from each group (A-1, A-2, A-3).**

**A-1: Oral Communication**

**B. Scientific Inquiry and Quantitative Reasoning (9 units minimum): Select one course from each group (B-1, B-2, B-4).**

**B-1: Physical Science - Select at least one course from the following list:**

|               |                                      |               |                                  |                |                                      |                |                           |                        |
|---------------|--------------------------------------|---------------|----------------------------------|----------------|--------------------------------------|----------------|---------------------------|------------------------|
| ASTR 5        | Intro. to Astronomy (3)              | +CHEM 51      | General Chemistry II (5)         | +GEOL 8L       | Earth Science Lab. (1)               | +PHYS 1        | Physics (4)               | <b>Select 1 course</b> |
| ASTR 5H       | Intro. to Astronomy - H (3)          | +CHEM 51H     | General Chemistry II - H (5)     | <b>GEOL 9</b>  | <b>Environmental Geology (3)</b>     | +PHYS 2AG      | General Physics (4)       |                        |
| +ASTR 5L      | Astro. Observing Lab. (1)            | GEOG 1        | Physical Geography (3)           | <b>GEOL 10</b> | <b>Natural Disasters (3)</b>         | +PHYS 2BG      | General Physics (4)       |                        |
| <b>ASTR 7</b> | <b>Geol. of Solar System (3)</b>     | GEOG 1H       | Physical Geography.- H (3)       | <b>METO 3</b>  | <b>Weather &amp; Atmospheric (3)</b> | +PHYS 4A       | Engineering Physics (5)   |                        |
| <b>ASTR 8</b> | <b>Stars, Galaxies, Universe (3)</b> | +GEOG 1L      | Physical Geography Lab. (1)      | +METO 3L       | Weather & Atmos. Lab. (1)            | +PHYS 4B       | Engineering Physics (5)   |                        |
| +CHEM 10      | Chem. for Health Majors (5)          | +GEOG 1LH     | Geography Lab.- H (1)            | <b>OCEA 10</b> | <b>Oceanography (3)</b>              | +PHYS 4C       | Engineering Physics (5)   |                        |
| +CHEM 20      | Organic & Biochemistry (5)           | +GEOL 1       | Physical Geology (4)             | OCEA 10H       | Oceanography - H (3)                 | +PHYS 6A       | Physics with Calculus (5) |                        |
| +CHEM 40      | Intro. General Chemistry (5)         | <b>GEOL 7</b> | <b>Geology of California (3)</b> | +OCEA 10L      | Oceanography Lab. (1)                | +PHYS 6B       | Physics with Calculus (5) |                        |
| +CHEM 50      | General Chemistry I (5)              | <b>GEOL 8</b> | <b>Earth Science (3)</b>         | +PHSC 3        | Energy Science (4)                   | AP Exam: _____ |                           |                        |
| +CHEM 50H     | General Chemistry I - H (5)          | GEOL 8H       | Earth Science - H (3)            | +PHSC 9        | Physical Science (4)                 |                |                           |                        |

**B-2: Life Science - Select at least one course from the following list:**

|           |                             |                 |                                        |                |                                      |                |                                |                        |
|-----------|-----------------------------|-----------------|----------------------------------------|----------------|--------------------------------------|----------------|--------------------------------|------------------------|
| AGOR 1    | Horticultural Science (3)   | +ANTH 1L        | Biol. Anthropology Lab. (1)            | +BIOL 6L       | Humans & Environ. Lab. (2)           | +BIOL 34L      | Genetics Lab (1)               | <b>Select 1 course</b> |
| +ANAT 10A | Intro. Human Anatomy (4)    | +BIOL 1         | General Biology (4)                    | +BIOL 8        | Cell and Molecular Biol. (4)         | +MICR 1        | Principles of Microbiology (5) |                        |
| +ANAT 10B | Intro. Human Physiology (4) | +BIOL 2         | Plant and Animal Biology (4)           | <b>BIOL 17</b> | <b>Neurobiol. &amp; Behavior (3)</b> | +MICR 22       | Microbiology ( )               |                        |
| +ANAT 35  | Human Anatomy (5)           | + <b>BIOL 3</b> | <b>Ecology &amp; Field Biology (4)</b> | <b>BIOL 20</b> | <b>Marine Biology (3)</b>            | PSYC 1B        | Biological Psy                 |                        |
| +ANAT 36  | Human Physiology (5)        | +BIOL 4         | Biology for Majors (4)                 | +BIOL 21       | Marine Biology Lab. (1)              | AP Exam: _____ |                                |                        |
| ANTH 1    | Biological Anthropology (3) | +BIOL 4H        | Biology for Majors - H (4)             | BIOL 25        | Conservation Biology (3)             |                |                                |                        |
| ANTH 1H   | Biol. Anthropology - H (3)  | BIOL 6          | Humans & Environment (3)               | BIOL 34        | Genetics (3)                         |                |                                |                        |

**B-3: Lab Activity:** This requirement is met by taking ONE of the courses above indicated by a "+" sign in either B1 or B2. Lab must be a corresponding section to the lecture course taken.

**B-4: Mathematics/Quantitative Reasoning - Select at least one course from the following list:**

|           |                             |          |                           |          |                                  |                |              |                        |
|-----------|-----------------------------|----------|---------------------------|----------|----------------------------------|----------------|--------------|------------------------|
| BUSC 17   | Applied Business Stats. (3) | MATH 120 | Finite Mathematics (3)    | MATH 180 | Calc. & Analytic Geom. (4)       | MATH 290       | Differential | <b>Select 1 course</b> |
| MATH 100  | Survey of College Math (3)  | MATH 130 | College Algebra (4)       | MATH 181 | Calc. & Analytic Geom. (4)       | PSYC 10        | Stats for Bk |                        |
| MATH 110  | Elementary Statistics (3)   | MATH 140 | Calculus for Business (4) | MATH 260 | Linear Algebra (3)               | AP Exam: _____ |              |                        |
| MATH 110H | Elem. Statistics - H (3)    | MATH 150 | Trigonometry (3)          | MATH 280 | Calc. & Analytic Geom. (5)       |                |              |                        |
| MATH 110S | Integrated Statistics (5)   | MATH 160 | Pre-Calculus (4)          | MATH 285 | Linear Alg. & Diff. Equation (5) |                |              |                        |

|            |                                    |           |                                 |            |                                     |                        |
|------------|------------------------------------|-----------|---------------------------------|------------|-------------------------------------|------------------------|
| * CHLD 10  | Child Growth & Development (3)     | NF 25     | Essentials of Nutrition (3)     | PUBH 24    | Introduction to Public Health (3)   | <b>Select 1 course</b> |
| * CHLD 10H | Child Growth & Development - H(3)  | NF 25H    | Essentials of Nutrition - H (3) | * SOC 15   | Child Development (3)               |                        |
| * CHLD 11  | Child & Adolescent Development (3) | NF 28     | Cultural and Ethnic Foods (3)   | * SPCH 26  | Interpersonal Communication (3)     |                        |
| COUN 5     | Career/Life Planning (3)           | * PSYC 14 | Developmental Psychology (3)    | * SPCH 26H | Interpersonal Communication - H (3) |                        |

|           |                                          |            |                                        |                |  |
|-----------|------------------------------------------|------------|----------------------------------------|----------------|--|
| GEOL 30   | Geography of California (3)              | POLI 25    | Latin America in the United States (3) | AP Exam: _____ |  |
| GEOL 30H  | Geography of California - H (3)          | * POLI 35  | African American Politics (3)          |                |  |
| * HIST 1  | History of the United States (3)         | PSYC 1A    | Introduction to Psychology (3)         | AP Exam: _____ |  |
| * HIST 3  | World History to 1500 (3)                | PSYC 1AH   | Introduction to Psychology - H (3)     |                |  |
| * HIST 3H | World History to 1500- H (3)             | * PSYC 14  | Developmental Psychology (3)           | AP Exam: _____ |  |
| * HIST 4  | World History Early to Present (3)       | * PSYC 14H | Developmental Psychology - H (3)       |                |  |
| * HIST 4H | World History Early to Present - H (3)   | * PSYC 15  | Introduction to Child Psychology (3)   |                |  |
| * HIST 7  | History of the United States to 1877 (3) | PSYC 19    | Abnormal Psychology (3)                |                |  |

**Attention: It is recommended that you use one of the options below as part of the 9 units required in Area D.**

**CSU American Institutions & U.S. History Graduation Requirement:**

**Option 1:** HIST 7 (or 7H) + HIST 8 (or 8H)

*Warning: If Option #1 is selected, DO NOT select another D6 course as your third Area D course.*

**OR**

**Option 2:** Completion of one course from U.S. History plus one course from American Institutions:

**United States History:**

|             |             |             |
|-------------|-------------|-------------|
| HIST 1 (3)  | HIST 8 (3)  | HIST 31 (3) |
| HIST 7 (3)  | HIST 8H (3) | HIST 36 (3) |
| HIST 7H (3) | HIST 30 (3) | HIST 40 (3) |

**American Institutions:**

|             |             |
|-------------|-------------|
| POLI 1 (3)  | POLI 25 (3) |
| POLI 1H (3) | POLI 35 (3) |

The two courses from Option 1 or Option 2 may be used as part of the 9 units for AREA D.

# University California General Education Overview

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## Area 1: English Communication & Critical Thinking

- 1. Freshman Composition
- 2. Critical Thinking

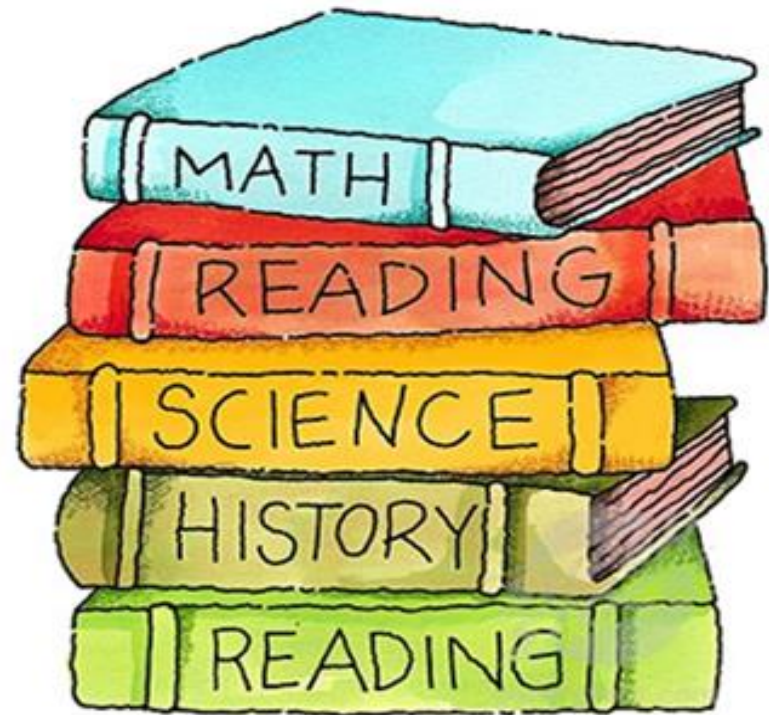
## Area 2: Mathematical Concepts & Quantitative Reasoning

## Area 3: Arts & Humanities

## Area 4: Social and Behavioral Sciences

## Area 5: Physical and Biological Sciences

- 1. Physical Science
- 2. Life Science
- 3. Lab Activity



**AREA 5. PHYSICAL AND BIOLOGICAL SCIENCES:** Choose two courses, one physical science and one biological science, at least one must include a laboratory. Laboratory must be a corresponding section to the lecture taken. Laboratory courses are defined with a "+" sign.

**Physical Science:**

|           |                               |           |                              |           |                         |
|-----------|-------------------------------|-----------|------------------------------|-----------|-------------------------|
| ASTR 5    | Introduction to Astronomy (3) | +GEOG 1L  | Physical Geography Lab. (1)  | +PHSC 3   | Energy Science (4)      |
| ASTR 5H   | Intro. to Astronomy - H (3)   | +GEOG 1LH | Physical Geog. Lab. - H (1)  | +PHSC 9   | Physical Science (4)    |
| +ASTR 5L  | Astro. Observing Lab. (1)     | +GEOG 1   | Physical Geography (4)       | +PHYS 1   | Physics (4)             |
| ASTR 7    | Geol. of Solar System (3)     | GEOL 7    | Geology of California (3)    | +PHYS 2AG | General Physics (4)     |
| ASTR 8    | Stars, Galaxies, Universe (3) | GEOL 8    | Earth Science (3)            | +PHYS 2BG | General Physics (4)     |
| +CHEM 10  | Chem. for Health Majors (5)   | GEOL 8H   | Earth Science - H (3)        | +PHYS 4A  | Engineering Physics (5) |
| +CHEM 20  | Organic & Biochemistry (5)    | +GEOG 8L  | Earth Science Lab. (1)       | +PHYS 4B  | Engineering Physics (5) |
| +CHEM 40  | Intro. to General Chem. (5)   | GEOL 9    | Environmental Geology (3)    | +PHYS 4C  | Engineering Physics (5) |
| +CHEM 50  | General Chemistry I (5)       | GEOL 10   | Natural Disasters (3)        | +PHYS 6A  | Physics w/ Calculus (5) |
| +CHEM 50H | General Chemistry I - H (5)   | METO 3    | Weather & Atmospheric (3)    | +PHYS 6B  | Physics w/ Calculus (5) |
| +CHEM 51  | General Chemistry II (5)      | +METO 3L  | Weather & Atmos. Lab. (1)    |           |                         |
| +CHEM 51H | General Chemistry II - H (5)  | OCEA 10   | Intro. to Oceanography (3)   | AP Exam:  | _____                   |
| GEOG 1    | Elem. of Physical Geog. (3)   | OCEA 10H  | Intro. Oceanography- H (3)   |           |                         |
| GEOG 1H   | Physical Geography - H (3)    | +OCEA 10L | Intro. Oceanography Lab. (1) |           |                         |

**SELECT 1 COURSE** ← **Choose 1**  
**SELECT 1 COURSE** ← **corresponding lab**

**Biological Science:**

|           |                             |          |                               |           |                                |
|-----------|-----------------------------|----------|-------------------------------|-----------|--------------------------------|
| +ANAT 10A | Intro. Human Anatomy (4)    | +BIOL 2  | Plant and Animal Biology (4)  | +BIOL 21  | Marine Biology Laboratory (1)  |
| +ANAT 10B | Intro. Human Physiology (4) | +BIOL 3  | Ecology & Field Biol. (4)     | BIOL 25   | Conservation Biology (3)       |
| +ANAT 35  | Human Anatomy (5)           | +BIOL 4  | Biology for Majors (4)        | BIOL 34   | Genetics (3)                   |
| +ANAT 36  | Human Physiology (5)        | +BIOL 4H | Biology for Majors - H (4)    | +BIOL 34L | Genetics Lab (1)               |
| ANTH 1    | Biological Anthropology (3) | BIOL 6   | Humans & the Environ. (3)     | +MICR 1   | Principles of Microbiology (5) |
| ANTH 1H   | Biol. Anthropology - H (3)  | +BIOL 6L | Humans & the Environ. Lab (2) | +MICR 22  | Microbiology (4)               |
| +ANTH 1L  | Biol. Anthropology Lab (1)  | +BIOL 8  | Cell & Molecular Biology (4)  | PSYC 1B   | Biological Psychology (3)      |
| +BIOL 1   | General Biology (4)         | BIOL 20  | Marine Biology (3)            | AP Exam:  | _____                          |

|                                                                                                                                                                                                                                                                             |                        |             |                               |             |                                  |   |    |   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------|-------------------------------|-------------|----------------------------------|---|----|---|
| <b>UC Requirements Only</b>                                                                                                                                                                                                                                                 |                        |             |                               |             |                                  | C | IP | N |
| <b>LANGUAGE OTHER THAN ENGLISH</b> – The minimum proficiency requirement is met by completing one of the courses listed below or by completion of two years of high school study in the same language with a grade of “C-” or better.                                       |                        |             |                               |             |                                  |   |    |   |
| ARAB 1                                                                                                                                                                                                                                                                      | Elementary Arabic (4)  | ITAL 1      | Elementary Italian (4)        | SIGN 101H   | American Sign Lang. 1 - H (4)    |   |    |   |
| CHIN 1                                                                                                                                                                                                                                                                      | Elementary Chinese (4) | JAPN 1      | Elementary Japanese (4)       | SPAN 1      | Elementary Spanish (4)           |   |    |   |
| FRCH 1                                                                                                                                                                                                                                                                      | Elementary French (4)  | LATN 1      | Elementary Latin (4)          | SPAN 1S     | Span. for the Span. Speaking (4) |   |    |   |
| GERM 1                                                                                                                                                                                                                                                                      | Elementary German (4)  | SIGN 101    | American Sign Lang. 1 (4)     | AP Exam:    | _____                            |   |    |   |
| Students from non-English speaking countries should see a counselor or an educational advisor for language proficiency equivalencies.                                                                                                                                       |                        |             |                               |             |                                  |   |    |   |
| <b>CSU Requirements Only</b>                                                                                                                                                                                                                                                |                        |             |                               |             |                                  | C | IP | N |
| <b>CSU GRADUATION REQUIREMENT IN U.S. HISTORY, CONSTITUTION, AND AMERICAN IDEALS</b>                                                                                                                                                                                        |                        |             |                               |             |                                  |   |    |   |
| Note: UCSB requires a college-level U.S. history or government course.                                                                                                                                                                                                      |                        |             |                               |             |                                  |   |    |   |
| <b>Option 1:</b> HIST 7 (or 7H) + HIST 8 (or 8H)                                                                                                                                                                                                                            |                        |             |                               |             |                                  |   |    |   |
| <b>OR</b>                                                                                                                                                                                                                                                                   |                        |             |                               |             |                                  |   |    |   |
| <b>Option 2:</b> Completion of one course from U.S. History plus one course from American Institutions:                                                                                                                                                                     |                        |             |                               |             |                                  |   |    |   |
| <b>United States History:</b>                                                                                                                                                                                                                                               |                        |             | <b>American Institutions:</b> |             |                                  |   |    |   |
| HIST 1 (3)                                                                                                                                                                                                                                                                  | HIST 8 (3)             | HIST 31 (3) | POLI 1 (3)                    | POLI 25 (3) |                                  |   |    |   |
| HIST 7 (3)                                                                                                                                                                                                                                                                  | HIST 8H (3)            | HIST 36 (3) | POLI 1H (3)                   | POLI 35 (3) |                                  |   |    |   |
| HIST 7H (3)                                                                                                                                                                                                                                                                 | HIST 30 (3)            | HIST 40 (3) |                               |             |                                  |   |    |   |
| The two courses from Option 1 or Option 2 may be used as part of the 9 units for AREA 3 and/or AREA 4.                                                                                                                                                                      |                        |             |                               |             |                                  |   |    |   |
| <b>NOTE:</b> UC limits transfer credit for some courses. Students may review the UC Transfer Course Agreement (TCA) with an educational advisor or counselor in the Student Services Center. Students must see an educational advisor or counselor for IGETC certification. |                        |             |                               |             |                                  |   |    |   |



# Activity

# Activity

Step 1

Select CSU or UC (IGETC) general education

Step 2

Highlight the courses that would be good to take in your first semester.

Step 3

Share: Which classes did you choose?  
What are you looking forward to learning in these classes?

# Use Your MAP sheet

Name: \_\_\_\_\_ ID: A \_\_\_\_\_ Date: \_\_\_\_\_

| <b>MT. SAC FIRST SEMESTER MOUNTIE ACADEMIC PLAN (MAP)</b>                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Student Status:</b><br><input type="checkbox"/> New<br><input type="checkbox"/> Returning<br><input type="checkbox"/> Previously attended another college | <p><b>This abbreviated student educational plan provides first semester course options that reflect your academic goal.</b></p> <p>Note: By the 6<sup>th</sup> week of your first semester, you are encouraged to make an appointment with a counselor to create a <u>comprehensive educational plan</u>. Counseling appointments can be made in-person at the front counter (Bldg. 9B, second floor), or by calling (909) 274-4380.</p> |

1. Choose two **general education** classes and add them to your 1st semester MAP
2. Are your major classes also general education requirements?
3. Are you a science major? If not, wait to take a science course.
4. Are you eligible for the course? Check for prerequisite before writing down classes

| FIRST SEMESTER COURSE OPTIONS: (Choose from the list below when registering) |             |               |       |
|------------------------------------------------------------------------------|-------------|---------------|-------|
| Suggested type of class                                                      | Course Name | Prerequisites | Units |
| English                                                                      |             |               |       |
| Math                                                                         |             |               |       |
| Coun                                                                         |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |
| GE or Major                                                                  |             |               |       |

# Consider adding a Counseling Class to your MAP Sheet

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COUN 1-Introduction to College, or  
COUN 2-College Success Strategies, or  
COUN 5-Career & Life Planning

# Sample: First Semester Plan

**Course 1:** English/LERN/AMLA

**Course 2:** Math/LERN

**Course 3:** COUN 1-Introduction to College, or  
COUN 2-College Success Strategies, or  
COUN 5-Career & Life Planning, or  
Reading, Study Skills, Electives

**Course 4:** General Education (GE) and/or  
Major (what you plan to study)

## Know your college deadlines

- Drop for non-payment of college fees
- Refunds: tuition and books
- Drop without and with a “W” (withdrawal)

## First day of class

- ✓ Attend all classes in which you are enrolled
- ✓ Be on time or you may be dropped from the class
- ✓ Attend all classes in which you are waitlisted

### Mt. San Antonio College Student Schedule/Receipt Fall 2014

Schedule for Joe Mountaineer A01768659  
24-SEP-2014

Your Registration Begins: 23 JUL 2014 at 10:00 am

#### Enrolled Courses

| Crn   | Subj | Crse | Title                         | Crd | Start Date | End Date  | Times         | Days | Bld | Rm   |
|-------|------|------|-------------------------------|-----|------------|-----------|---------------|------|-----|------|
| 20195 | ENGL | 67   | Writing Fundamentals          | 4.0 | 25-AUG-14  | 14-DEC-14 | 12:00- 2:05pm | T R  | 40  | 123  |
| 20980 | READ | 90   | Preparing for College Reading | 3.0 | 25-AUG-14  | 14-DEC-14 | 3:00- 4:25pm  | M W  | 6   | 131  |
| 21741 | MATH | 51   | Elementary Algebra            | 4.0 | 25-AUG-14  | 14-DEC-14 | 2:15- 4:20pm  | M W  | 61  | 3410 |
| 23019 | COUN | 2    | College Success               | 3.0 | 25-AUG-14  | 14-DEC-14 | 9:45-11:10am  | T R  | 21A | 2    |

#### Additional Information

| Crn   | Subj | Crse | Instructor          | Email              | Refund Deadline | Last Day to Drop Without a W | Last Day to Drop With a W |
|-------|------|------|---------------------|--------------------|-----------------|------------------------------|---------------------------|
| 20195 | ENGL | 67   | Gomez, Francisco J. | fgomez32@mtsac.edu | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 20980 | READ | 90   | Lyons, Kelley L.    | klyons3@mtsac.edu  | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 21741 | MATH | 51   | Parra, Heidi R.     | hparra@mtsac.edu   | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |
| 23019 | COUN | 2    | Trejo, Lyssette C.  | ltrejo@mtsac.edu   | 05-SEP-14       | 07-SEP-14                    | 31-OCT-14                 |

#### Account Information

Any unpaid fees that result after the semester begins will be placed on a financial hold. Financial holds will prevent students from enrollment, transcripts, withdrawals and prohibit access to certain campus services.

It is the student's responsibility to drop classes by the appropriate deadline as shown above. Students who remain enrolled after the refund deadline are not eligible for a refund and remain financially responsible for payment of fees even if they drop the class or are dropped by their instructor.

Refunds are processed when classes are dropped by the course refund deadline date (see above). You will receive a refund through your preference on your MTSAC Card. See <http://myportal.mtsac.edu> for further information. For parking permit refund deadlines see the current [Schedule of Classes](#).

#### Account Summary for Joe Mountaineer -- A01768659

Account Balance: \$674.50

#### Fall 2014

| Detail Code | Description                | Charge   | Payment | Balance  |
|-------------|----------------------------|----------|---------|----------|
| ENRL        | Enrollment                 | \$644.00 |         | \$644.00 |
| HTHF        | Health Fee                 | \$19.00  |         | \$19.00  |
| SREP        | Student Representation Fee | \$0.50   |         | \$0.50   |
| STAF        | Student Activity Fee       | \$11.00  |         | \$11.00  |
|             | Term Charges:              | \$674.50 |         |          |
|             | Term Credits:              |          | \$0.00  |          |
|             | Term Balance:              |          |         | \$674.50 |
|             | Previous Balance:          |          | \$0.00  |          |
|             | Account Balance:           |          |         | \$674.50 |

# Your 1st semester MAP has many class options



If the classes you chose are not available, look at your **major sheet** and **GE sheet** to find more options.

# Managing Time

## Recommendation

### Simple Rule:

- For every one hour of classroom time, allow two hours for H/W, study time, & other assignments

### 3-unit class:

3 hours of classroom time

+ 6 hours of H/W & Assignments

9 hours total time

**Full-time load = 12 units or 36 total hours**

| If you work: | Take no more than: |
|--------------|--------------------|
| 40 hrs/wk    | 6 units            |
| 30 hrs/wk    | 9 units            |
| 20 hrs/wk    | 12 units           |
| 5-15 hrs/wk  | 14-16 units        |





# Samples of First Semester Plans

## PART-TIME STUDENT Up to 6 units per semester

|              |                |
|--------------|----------------|
| Engl 68      | 4 UNITS        |
| Coun 2       | 3 UNITS        |
| <b>TOTAL</b> | <b>7 UNITS</b> |

|              |                |
|--------------|----------------|
| Math 50      | 3 UNITS        |
| Coun 5       | 3 UNITS        |
| <b>TOTAL</b> | <b>6 UNITS</b> |

## FULL-TIME STUDENT 12+ units per semester

|              |                 |
|--------------|-----------------|
| ENGL 68      | 4 UNITS         |
| MATH 71      | 5 UNITS         |
| Coun 2       | 3 UNITS         |
| <b>TOTAL</b> | <b>12 UNITS</b> |

|              |                 |
|--------------|-----------------|
| ENGL 1A      | 4 UNITS         |
| MATH 51      | 4 UNITS         |
| COUN 5       | 3 UNITS         |
| Mus 15       | 3 UNITS         |
| <b>TOTAL</b> | <b>14 UNITS</b> |



Final  
Friendly  
Reminders

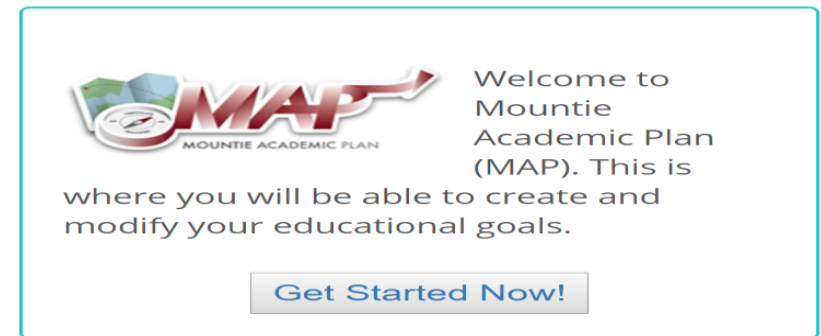
...

Explore the **MAP** tool on the home tab at [inside.mtsac.edu](http://inside.mtsac.edu).

This tool helps you:

- Identify courses needed for a certificate, degree or transfer general education courses for CSU/UC
- Create a sample MAP that you can then share with a counselor to review and confirm courses to meet your educational goal
- Learn about major pathway templates based on certificate and/or degree offered at Mt SAC

## Degree Works



MT.SAC Mt. San Antonio College Mountie Academic Plan

Portal Name Ed Goal Major Level Last Audit Last Refresh Print

Maestro, Patricia TRANSF Nutrition, Transfer CR 12/21/2017 Today at 5:59 am

Format: Notes GPA Calc

Student View View Save as PDF Process New Include in progress classes Class History

MAP

If you are a new student, you should check to make sure your program requirements are the same in the current catalog.

| Student View                         | AGS00X as of 12/21/2017 at 16:47 |                       |                                                |
|--------------------------------------|----------------------------------|-----------------------|------------------------------------------------|
| Student                              | Maestro, Patricia                | Level                 | Credit                                         |
| ID                                   | A01432354                        | Ed Goal               | Transfer Only                                  |
| Status                               | General                          | Test Scores           | Click here to view test scores and eligibility |
| Academic Standing/Overall Mt.SAC GPA | Good Standing / 2.87             |                       |                                                |
| Mt.SAC Degree Applicable GPA         | 2.87 ( 8.00 Earned Units)        | Major                 | Nutrition, Transfer                            |
| Other College Coursework             | 0.00 ( 0.00 Earned Units)        | CSU GPA (Mt.SAC Only) | 2.80 ( 7.50 Earned Units)                      |
| Overall Degree Applicable GPA        | 2.87 ( 8.00 Earned Units)        | UC GPA (Mt.SAC Only)  | 2.66 ( 4.50 Earned Units)                      |

Legend

Complete  Complete except for classes in-progress  Transfer Class  
 Not Complete  Nearly complete - see advisor  Any course num

Courses taken at other colleges may not appear in MAP. Please see a counselor for guidance if this is the case.

**THIS IS NOT AN AA-T / AS-T DEGREE**

THIS IS NOT AN AA-T / AS-T DEGREE AND CANNOT BE AWARDED BY MT. SAN ANTONIO COLLEGE

Transfer General Education Patterns

If you would like to see how your academic history applies to certificates and degrees offered at Mt. SAC, click on the What If link on the left side of this page. Please see a counselor for additional guidance.

See CSU GE Requirements Below **Still Needed** See **CSU GE Pattern** section  
 See IGETC Transfer CSU Requirements Below **Still Needed** See **IGETC-CSU GE Pattern** section  
 See IGETC Transfer UC Requirements Below **Still Needed** See **IGETC-UC GE Pattern** section

**CSU GE Pattern**

Unmet conditions for this set of requirements: Minimum Units unsatisfied  
Minimum classes unsatisfied

ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING (9 UNITS)

Select one course from each group.

A-1: Oral Communication **Still Needed** **3** Units in **SPCH** 1A or 1AH or 2 or 8 or 8H  
 A-2: Written Communication **Still Needed** **3** Units in **ENGL** 1A or 1AH  
 A-3: Critical Thinking **PSYC 5** Reasoning/Problem Solve **B**

SCIENTIFIC INQUIRY & QUANTITATIVE REASONING (9 UNITS)

Select one course from each group. One (1) Lab course must be included in one of the Sciences. Lab must be a corresponding section to the lecture taken.

B-1: Physical Science - Select at Least One (1) Course **Still Needed** **3** Units in **ASTR** 5 or 5H or 7 or 8 or **CHEM** 10 or 20 or 40 or 50 or 50H or 51 or 51H or **GEOG** 1 or 1H or **OCEA** 10 or 10H or **PHSC** 3 or 9 or **PHYS** 1 or 24G or 28G or 4A or 4B or 4C or 6A or 6B  
 B-2: Life Science - Select at Least One (1) Course **AGOR 1** Horticultural Science **B**  
 B-3: Lab Science - Select One (1) Lecture & Lab Option **Still Needed** Choose from 1 of the following:  
 Option 1: Lecture Courses, Including Labs **Still Needed** Choose from 1 of the following:  
 ( 1 Class in **ANAT** 10A or 10B or 35 or 36 or **BIOL** 1 or 2 or 3 or 4 or 4H or 8 or **CHEM** 10 or 20 or 9 or **PHYS** 1 or 24G or 28G or 4A or 4B or 4C or 6A or 6B or **MICR** 1 or 22 ) or

# Complete a Comprehensive Educational Plan by week 10 of your first-semester

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- Complete the counseling appointment postcard before you leave. This card will be sent to you in September to remind you to schedule your counseling appointment.
- A comprehensive plan will improve future registration date/time.



# MAP Survey

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## SURVEY



Thank you for selecting  
Mt. SAC -  
A College of Champions!

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