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Director of Public Works KRISHNA PATEL

Director of Development Services DAN COLEMAN

Director of Parks and Recreation THERESA BRUNS

City Clerk INA RIOS

September 17, 2009

To Whom It May Concern:

On behalf of the City of San Dimas, Senior Citizen/Community Center, I am pleased to support the Mt. San Antonio College Older Adult Program in their efforts to provide lifelong learning opportunities through PositScience, *Brain Fitness* and/or *InSight* computerized cognitive improvement courses, in which student participants will be part of a 12-week study on the benefits gained from cognitive training intervention classes. Improvements in processing speed, vision, hearing, working and long-term memory, reaction time, and executive functions are the expected measured outcomes of the course.

The San Dimas Senior Citizen/Community Center is dedicated to offering services, events and activities that help to enrich the lives of our community's older adults. We do this through a collaboration of different agencies that work together to provide a menu of services such as nutrition, health information, recreation classes, life-long-learning opportunities and special events all in a welcoming and fun environment. We work in partnership with Mt. San Antonio College's Older Adult Program to provide a variety of learning classes for the senior population we both strive to serve.

As a collaborator in the PositScience, *Brain Fitness* and/or *InSight* computerized cognitive improvement courses, the City of San Dimas will provide use of computer lab and Senior Citizen/Community Center facility, include the program in publicity materials, and assist in the recruitment of volunteers and participants.

Should you require further clarification or information please do not hesitate to contact me at (909) 394-6234.

Sincerely

Leon Ray'a Recreation Services Manager

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