

# Mt. San Antonio College Child Development Center

## Meal Menu for April 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	4/1	4/2	4/3	4/4	4/5
Breakfast	In observation of Cesar Chavez Day, the CDC will be closed.	Egg & Cheese (1oz) WG Wheat Tortillas (1/2 serv) Oranges / Mandarins (1/2c) 1% Milk (3/4c)	WG Blueberry Muffins (A-03) (1/2 serv) Applesauce (1/2c) 1% Milk (3/4c)	WG French Toast (1/2 serv) Strawberries (1/2c) 1% Milk (3/4c)	WG Wheat Bagels (1/2 serv) Cream Cheese (1oz) Tropical Mix (1/2c) 1% Milk (3/4c)
Lunch		BBQ Chicken Sandwich (1.5oz) WG Wheat Buns (1/2 serv) Corn (1/4c) Peaches (1/4c) 1% Milk (3/4c)	Beef & Bean Burrito (D-21a) WG Tortillas (1/2 serv) Cali Veggie Mix (1/4c) Tropical Fruit (1/4c) 1% Milk (3/4c)	Turkey & Cheese Sandwich (1/2 serv) Carrots (1/4c) Honeydew Melon (1/4c) 1% Milk (3/4c)	WG Chicken Nuggets (1.5oz) Potato Tots (1/4c) Apples (1/4c) 1% Milk (3/4c)
<b>WEEK 2</b>	4/8	4/9	4/10	4/11	4/12
Breakfast	WG Corn Flakes (1/2c) Apples / Applesauce (1/2c) 1% Milk (3/4c)	WG Wheat Bagels (1/2 slice) Cream Cheese (1oz) Tropical Fruit (1/2c) 1% Milk (3/4c)	WG Rice Chex Cereal (1/2c) Peaches (1/2c) 1% Milk (3/4c)	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Pears (1/2c) 1% Milk (3/4c)	WG Blueberry Muffins (A-03) (1/2 serv) Applesauce (1/2c) 1% Milk (3/4c)
Lunch	WG Chicken Patties (1.5oz) on Wheat Bun (1/2 serv) Carrots (1/4c) Mandarins (1/4c) 1% Milk (3/4c)	WG Pollock Fish Sticks (1.5oz) Cucumbers (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Chicken Quesadilla on WG Wheat Tortilla (1/2 serv) Carrots (1/4c) Apples (1/4c) 1% Milk (3/4c)	WG Macaroni & Cheese (D-260) (1.5oz) California Veggie Mix (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Cheeseburgers (1.5oz) WG Wheat Bun (1/2 serv) Broccoli (1/4c) Oranges (1/4c) 1% Milk (3/4c)
<b>WEEK 3</b>	4/15	4/16	4/17	4/18	4/19
Breakfast	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Pears (1/2c) 1% Milk (3/4c)	WG Rice Chex Cereal (1/2c) Peaches (1/2c) 1% Milk (3/4c)	WG Wheat Bagel (1/2 slice) Cream Cheese (1oz) Bananas (1/2c) 1% Milk (3/4c)	WG Cinnamon Toast (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)	CDC Spring Staff Development Day, the Center will be closed.
Lunch	WG Cheese Pizza Bagels (1/2 serv) Carrots (1/4c) Tropical Mixed Fruit (1/4c) 1% Milk (3/4c)	Beef and Rice Casserole (D-07) (1.5oz) Green Beans (1/4c) Oranges / Mandarins (1/4c) 1% Milk (3/4c)	Teriyaki Chicken (1.5oz) (D-12) WG Brown Rice (1/4c) Broccoli (1/4c) Tropical Mixed Fruit (1/4c) 1% Milk (3/4c)	BBQ Chicken Sandwiches (1.5oz) WG Buns (1/2 serv) Mixed Veggies (1/4c) Pears (1/4c) 1% Milk (3/4c)	
<b>WEEK 4</b>	4/22	4/23	4/24	4/25	4/26
Breakfast	WG Cinnamon Toast (1/2 slice) Bananas (1/2c) 1% Milk (3/4c)	WG Eggo Waffles (1/2 slice) Applesauce (1/2c) 1% Milk (3/4c)	WG Biscuits (1/2 serv) Turkey Sausage (1oz) Applesauce (1/2c) 1% Milk (3/4c)	WG Corn Muffins (1/2 serv) Pears (1/2c) 1% Milk (3/4c)	WG Rice Chex Cereal (1/2c) Applesauce (1/2c) 1% Milk (3/4c)
Lunch	Spaghetti & Meat Sauce (D-350) (1.5oz) WG Wheat Noodles (1/4c) Zucchini (1/4c) Pears (1/4c) 1% Milk (3/4c)	Whole Wheat Chicken (1.5oz) Caesar (1/4oz) / Wrap (1/2 serv) Oranges (1/4c) 1% Milk (3/4c)	WG Macaroni & Cheese (D-260) (1.5oz) Cali Veggie Mix (1/4c) Melon Cubes (1/4c) 1% Milk (3/4c)	WG Popcorn Chicken (1.5oz) Soba/ GF Noodles (1/4c) Broccoli (1/4c) Oranges (1/4c) 1% Milk (3/4c)	WG Cheese Pizza Bagels (1/2 serv) Cucumbers (1/4c) Bananas (1/4c) 1% Milk (3/4c)
<b>WEEK 5</b>	4/29	4/30	 		
Breakfast	WG Eggo Waffles (1/2 slice) Peaches (1/2c) 1% Milk (3/4c)	WG Cheerios (1/2c) Applesauce (1/2c) 1% Milk (3/4c)			
Lunch	Turkey & Cheese Sandwich (1/2 serv) Potato Tots (1/4c) Bananas (1/4c) 1% Milk (3/4c)	Meat Loaf (D-28) (1.5oz) Mashed Potatoes (1/2 serv) Peas & Carrots (1/4c) Mandarins (1/4c) 1% Milk (3/4c)			

\*\*Menu subject to change\*\*

\*\*Modifications will be made for children requiring food allergy substitutions.

This facility is operated in accordance with US Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, handicap, religion, or national origin.

Children Age 1 - 2 years are offered Whole Milk, Age 2 and up are offered 1% milk. \*Rice and Soy milk available upon Doctor's request.

WG=Whole Grain

