



Mt. San Antonio College
STUDENT HEALTH SERVICES
909-274-4400 • Fax: 909-274-2997
1100 North Grand Avenue, Walnut, California 91789

Instructions for Scheduling Your 20-21 Physical Exam at Student Health Center - 67B

1. **REGISTER:** You must first register for your secure Patient Portal at <https://mtsac.medicatconnect.com>. Please click on [Portal Registration Instructions](#) if you need further help registering or call the Student Health Center.
2. **REQUIRED FORMS:** Complete the Medical History Form and Demographics in your Patient Portal.
3. **UPLOAD:** First make sure your name and date of birth are clearly printed on all sides and pages of your vaccination records and any other records, then upload to your portal. These forms may include any of the following:
 - previous TB test results
 - chest x-ray reports
 - immunization records
 - previous physical exams

Tip: If using a mobile device to scan your documents, please use [Genius Scan](#) or a similar app to combine your scanned documents into one file before uploading.

4. **SCHEDULE and PAY:** You must follow steps 1-3 above **before** calling the Health Center at (909) 274-4400 to schedule your appointments with (1) the nurse to review your records and with (2) the medical provider for the physical evaluation. The nurse will advise you what lab tests are needed and how to pay for the tests online. [Click here](#) for the Mt. SAC lab test sales and payment webpage. The cost of the entire physical is approximately \$155, depending on your needs. The RN will carefully select which labs are needed to fulfill your requirements. Once you have paid for the physical exam and/or lab tests, you will receive the confirmation for the lab tests via email.
5. **RN TELEHEALTH APPOINTMENT:** Be prepared to review your medical history and records with the nurse. Most individuals in this age group do not have underlying health issues.

However, if you do have a health condition, please disclose it to the RN so we can determine if it will be necessary that you see an outside provider.

6. **LABS:** Please note the following **before** going to Quest Laboratories:

- You will need a current (not expired) and valid Driver's License or Passport for the Urine Drug Screen
- It is preferred you make an appointment online prior to going to Quest Laboratories
- Urine Drug Screen and TB QuantiFERON Gold are collected only during certain hours and at specific locations
- For a location nearest you and to make an appointment, please visit: <https://appointment.questdiagnostics.com/patient/findlocation> after advised by the RN.

7. **IN-PERSON APPOINTMENT WITH NURSE PRACTITIONER:** Please note the following requirements for your scheduled physical exam on campus, taking place outdoors behind privacy screens, at the Student Health Center, Bldg. 67B:

- Must show Mt. SAC ID card or other valid ID
- Must complete COVID-19 screening online prior to arriving on campus <https://www.mtsac.edu/covidscreen/>
- Must wear a face covering that covers your nose and mouth and maintain 6-ft. social distance
- Must bring your physical exam form, unless already provided to the Health Center
- Note: Clothing will not be removed during exam

8. **IMPORTANT:** We may not be able to do a physical if you have certain chronic conditions or take certain medications. In that case, you may be referred to your primary provider to complete your physical. Please share this information with the Health Center staff when scheduling your appointments.

Also, we do not complete partial physical exams that have been started by another provider. We can, however, perform the following items individually if you are planning to have your physical exam with your own provider: titers, TB QuantiFERON Gold, and urine drug/alcohol test.

9. **ASSISTANCE:** Please contact us if you need further information: (909) 274-4400.